

British Society for
Paediatric Endocrinology
and Diabetes

BSPED April 2024



Submit your abstract and register for BSPED 2024!

Why not submit an abstract and gain vital feedback from expert colleagues, as well as showcase your work to our community on a national level? Accepted abstracts will be presented as oral communications or posters at BSPED 2024, across a variety of categories within paediatric endocrinology and diabetes.

Why should you submit an abstract?

- Share your research to an audience of your peers
- Gain feedback from experts in the field
- Present your findings as an oral communication or poster
- Raise your profile with potential collaborators
- Publish your work in [Endocrine Abstracts](#), a fully citable, open access record of the meeting.

Abstract submission deadline: Friday 14 June 2024 (11:59pm BST)

> [Submit your abstract today.](#)

Register with the early bird rates to save over £50, and secure your place at the 51st Annual BSPED Meeting!

Early bird registration deadline: Monday 12 August 2024 (11:59pm BST)

> [Register for BSPED 2024](#)

News from the BSPED Office

Nurse and Allied Health Professionals Award 2024 – applications now open

Application for the 2024 [BSPED Paediatric Endocrine and Diabetes Nurse and Allied Health Professionals Award](#) are now open.

The purpose of the award is to reward and support an innovative development or initiative within the paediatric endocrine or diabetes settings. Applicants can be nurses or allied health professionals working in either of these fields and **there are once again two awards available this year.**

You could win **£1500** towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine or diabetes diagnoses.

For more information, please [see the BSPED website](#) and submit your applications to the BSPED Office by **Monday 8th July 2024** (5pm BST).



Research and Innovation Award 2024

Applications for the [BSPED | Research & Innovation Award](#) are now open

This year there will be **two BSPED Research and Innovation Awards granted up to a maximum of £15,000 each.** The total amount for each grant can be allocated to one recipient or split between 2 or more projects.

These grants are intended to:

1. Promote and support academic research by its members by providing funding to:
 - Obtain preliminary data which will support an external funding application
 - Conduct a small project
 - Purchase equipment
2. Promote and support surveys of rare diseases
3. Promote and support surveys of clinical innovations
4. Promote and support educational projects

The BSPED strongly encourages any BSPED member to submit a proposal including nurses, research fellows, and specialist trainees, DGH consultants, allied health professionals and clinical Networks. Please submit your application to bsped@endocrinology.org by **Monday 8th July 2024** (5pm BST)



Committee opportunity: Clinical Standards Officer

We are currently recruiting for our next BSPED Clinical Standards Officer to take office in the autumn. Could it be you?

The BSPED's Clinical Committee is at the forefront of standard-raising and clinical guidance in British paediatric endocrinology and diabetes. As Clinical Standards Officer on the Committee, you would undertake the [responsibilities of the BSPED Clinical Committee identified in the Terms of Reference](#) and specifically:



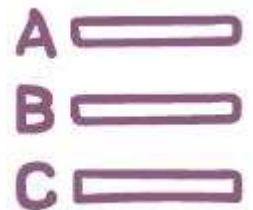
- Respond to any clinical standards queries received by the BSPED
- Consider and prioritise requests for new clinical standards from the BSPED membership
- Oversee the development of new clinical standards in paediatric endocrinology and diabetes
- Facilitate the internal and external peer review of developed standards according to the BSPED's policy
- Ensure the review of the BSPED clinical standards every 3-5 years (just completed).

The current Clinical Standards Officer, Dr Pooja Sachdev, will complete her term of office in November 2024 and the successful candidate will be invited to join the Clinical Committee meeting in September, with a view to handing over in November for a 3-year term of office.

For more details and to apply, [please visit the vacancy page on our website](#).

Partner and sponsor resource library

You'll find the [latest information and resources from our partners and sponsors in the dedicated section of our members' area](#). You will currently find resources from Kyowa Kirin (Select 'Partner & Sponsor Resources' at the top of the members' area).



Virtual peer review – ensure your centre has an up to date review and get involved as a reviewer

BSPED are now running a [virtual peer review process](#) with a number of reviews taking place in early 2024.

The following UK centres have an up to date peer review or a planned review in 2024

- Birmingham, June 2022

- Leeds, 2024
- Leicester, January 2024
- London Evelina Children’s Hospital, June 2020
- London Gt Ormond Street, Nov 2021
- London: St George's Hospital, June 2021
- Manchester, June 2021
- Nottingham, July 2019
- Oxford, Feb 2021
- Southampton, Nov 2022
- Cardiff, December 2023
- Edinburgh: Royal Hospital for Sick Children, Apr 2024
- Belfast: Musgrave Park Hospital, March 2021



There are now at least 10 UK centres overdue for a peer review! Please get in touch to let us know who would be the best person to contact in your centre.

We are also looking for individuals who would help with the review process, which includes DGH paediatricians and nurses. If you would also like to observe the review process, in preparation of your own centre’s review, please let us know.

Further details of the review process and what it entails can be provided.

Please do get in touch with Peer Review Officer **Dr Guftar Shaikh** on Guftar.Shaikh@ggc.scot.nhs.uk

Medical colleagues – if the nurses working with you do not receive this newsletter, please encourage them to join the BSPED, and contact the BSPED nurse representatives for further information: Peter Laing peter.laing@alderhey.nhs.uk and Karen Thompson karen.thompson@belfasttrust@hscni.net

Updated BSPED Byelaws

The BSPED byelaws have recently been updated by the Executive Committee to ensure they accurately represent current membership systems and processes. Small changes have been made to clauses 3 (regarding membership fees), 4.5 (regarding new membership approval) and 5.3 (regarding membership renewals and lapsing). The [updated byelaws can be found on the BSPED website](#).

Make the most of your membership benefits

The BSPED is an official endorsing society of the journal [Endocrinology, Diabetes & Metabolism Case Reports](#) (EDMCR). EDMCR is a unique, open access resource that publishes and links together case reports, enabling practitioners to communicate findings, share knowledge and convey medical experiences efficiently and effectively; furthering both medical education and clinical practice.



Members of BSPED receive a 25% discount on the Article Publication Charge (APC) when their paper is accepted for publication in *EDM Case Reports*.

Help us keep in touch

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes at bsped@endocrinology.org.



Trainee Update

ANNOUNCEMENTS:

BSPED would welcome trainee involvement in regional diabetes networks. An advert for regional diabetes network trainee representatives will be circulated soon.

TRAINEE MAILING LISTS:

VPET (Virtual Paediatric Endocrine Teaching)

VPET now runs on the second Tuesday of every even month and second Friday of every odd month. If you would like to be added to the VPET mailing list or would like further information, please email vpet.trainees@gmail.com.

BSPED Trainee Mailing List

We send regular email updates on courses, job opportunities and information on training to trainees who are on our mailing list. Please email bspedtrainerep@gmail.com for further details of how to join or if you have feedback on any training issues.

CSAC Diabetes and Endocrine Trainee Representatives:

Katherine Hawton

Salma Ali

News from the Clinical Committee

Patient information resources

A reminder that the BSPED has produced a suite of patient information leaflets covering a number of conditions and designed to give general information about a patient's condition and treatment. To access these leaflets for your patients, as well as the BSPED Adrenal Insufficiency Card, please visit the [Patient Information section of our website](#).



There are also links to relevant [patient resources](#), such as patient support groups.

Updated: UK Paediatric Endocrine Standards

The [UK standards for Paediatric Endocrinology](#), which were initially published in 2019, have recently been reviewed and updated by the BSPED. They are endorsed by the Royal College of Paediatrics and Child Health. The standards apply to all children and young people aged 0-18 years with an endocrine condition. The aims of the standards are to reduce variability in care and to ensure that equitable services providing high quality, safe and effective care are available to all children and families across the UK. The standards are intended for healthcare professionals and for service commissioners to plan, deliver and quality assure paediatric endocrine services.



Wanted: Translators of Adrenal Insufficiency Steroid Card

The BSPED [adrenal insufficiency steroid card](#) for sick days and emergencies has been extremely well received by health care professionals nationally. We have had several requests for translated versions of the card and are therefore looking for BSPED members who are willing and able to translate the card into a different language.

If you are fluent in another language (or already have a translation within your trust), please get in touch with [Christine Desmond](#) who is coordinating this project. We would like to find two members for each language so that one can translate the card and the other check/review the translation.

So far, we have translators for the following languages so are just seeking a reviewer for these:

- Slovakian
- Romanian
- Turkish
- Urdu

We already have Arabic and Polish translators and reviewers.

For other languages we seek two fluent speakers.

The translated cards will be available on the BSPED website in due course, once reviewed and approved. Please contact [Christine Desmond](#), Southampton to offer your services.

BSPED and RCPCH statement on puberty blockers for central precocious puberty

The Cass Review on gender identity services for children and young people (CYP) published on 10th April 2024 has recommended that puberty blockers should only be used as part of a clinical trial in CYP with gender identity concerns. The British Society of Paediatric Endocrinology and Diabetes and the Royal College of Paediatrics and Child Health wish to make it clear that this is completely different from using puberty blockers in children who have an earlier puberty than normal. This is known as precocious puberty and defined as signs of puberty in girls before the age of eight and before the age of nine in boys. Puberty blockers in children with early puberty have been used for many decades. There is good evidence on their long term safety and efficacy, with no evidence of adverse impact on fertility, bone strength or psychological wellbeing in children who are treated for precocious puberty and thus we continue to recommend and support their use in children with precocious puberty under the supervision of a paediatric endocrinologist.

Parents can be referred by clinicians to the statement on our website should they raise concerns: <https://www.bsped.org.uk/clinical-resources/position-statements/#CPP>

The BSPED Growth Disorders Special Interest group (SIG) is delighted to share two related new documents:

- **Position statement: ‘BSPED recommendations for the use of once-weekly long-acting growth hormone therapy in children with growth hormone deficiency’**

<https://www.bsped.org.uk/media/2xdjdr0q/lagh-guideline-24-04-2024.pdf>

Long-acting growth hormone (LAGH) is now available in the UK and is recommended by NICE (2023) as an option for the treatment of growth hormone deficiency for children and young people aged three years and over.

A clinical practice guideline for the use of LAGH was identified as an unmet need by BSPED and Growth Disorders SIG members. This new position statement aims to summarise the latest data and provide recommendations on dosage and surveillance for clinicians prescribing LAGH. Currently only one LAGH preparation is licenced, but other preparations are likely to become available. We will update this guidance when new LAGH preparations are accessible to patients in the UK.

- **‘Shared care guidelines for paediatric use of daily and long-acting recombinant human growth hormone’.**

<https://www.bsped.org.uk/media/alxow2wv/gh-shared-care-guidelines-20240206.pdf>

This document replaces **‘Shared Care Guidelines: Paediatric use of Recombinant human Growth Hormone (r-hGH, Somatropin)’** produced by a BSPED Clinical Committee working group in 2017. The latest document incorporates updated shared care guidance for somatropin and its current licenced indications. The latest iteration also includes long-acting growth hormone preparations (LAGH).

NICE draft guideline consultation Adrenal insufficiency: identification and management

The BSPED has submitted a response to the [draft NICE guideline](#) and it is expected the guideline will be published at the end of August 2024.

Use of and comments regarding guidelines

BSPED guidelines have been commissioned and endorsed by the BSPED and reflect the Society's views on best practice for the majority of patients with that condition. However, each patient should be considered as an individual in the context of their condition and other medication and therefore the readers' discretion is required in the application of their use. Every effort has been made to ensure the factual accuracy of the contents but no liability can be accepted for any litigation, claims or complaints arising from the use of the guidelines.

If you have a query or comment, or would like to raise a concern regarding a BSPED guideline or any guideline on our website, please contact the [BSPED Office](#) who will ensure your message is passed to the BSPED Clinical Guidelines Officer and Clinical Committee.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we request any items that members would like to be reviewed by the Clinical Committee should be submitted through the BSPED Office in good time. Please see below the deadline for submission for the upcoming Clinical Committee meeting: **1 August 2024** for Clinical Committee meeting in **September 2024**

Approved surveys

Survey on Service Provision for Patients with Turner Syndrome

A group of us would like to look at the way services are managed for patients with Turner Syndrome in Paediatric Endocrine Centres.

The information gathered from this survey will hopefully help us to better understand the national landscape for the care of patients with Turner Syndrome, which might enable us to identify needs for service improvement as well as formulate research questions relevant to our patients.

The service was developed with the support of the Turner Syndrome Support Society (TSSS), UK.

We would be grateful for your time in taking this survey; it takes about 15 minutes to complete.

<https://form.jotform.com/223294422603046>

We would only require one response per centre, kindly agree with your colleagues who will answer for your centre to avoid multiple responses.

Many thanks for your help!

James Law, Elspeth Ferguson, Nadia Amin, Sasha Howard, Harshini Katugampola, Jan Idkowiak and Nils Krone

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to [the BSPED Office](#). The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc.) resulting from the survey and the BSPED Office informed of the output.



Announcements

Vacancy: Consultant in Paediatric Endocrinology and Diabetes, Sheffield

Deadline for applications: 8 May 2024

An exciting opportunity has arisen to join the Endocrinology and Diabetes teams for a permanent consultant post at Sheffield Children's.

Applicants should possess, or be within 6 months of receiving, a CCT in paediatrics at the time of commencing the appointment and have had appropriate experience within a paediatric unit in Paediatric Endocrinology & Diabetes.

Any Consultant who is unable for personal reasons to work the proposed number of PAs will be eligible to be considered for the post; if such a person is appointed, modification of the job content will be discussed on a personal basis with the Trust in consultation with Consultant colleagues.

View the full job advert on NHS Jobs:

<https://www.jobs.nhs.uk/candidate/jobadvert/C9425-24-0209?>

Vacancy: Substantive consultant post paediatric endocrinology, Southampton Children's Hospital

We will shortly be advertising for online applications for a 0.8 WTE Consultant Paediatric Endocrinologist at Southampton Children's Hospital. We are seeking a colleague who can add value to a supportive and dynamic team to further advance Southampton tertiary paediatric endocrine services. The service provides comprehensive tertiary paediatric endocrine care for the local population of Southampton, the Wessex region and further afield, covering a population of around 4 million. All major tertiary paediatric specialities are co-located at Southampton Children's Hospital. The trust is a major teaching centre for the University of Southampton. There is a well-developed multi-disciplinary team. Specialty clinics are provided for DSD, genetics, young adult service, complex obesity and rare bone disorders. As part of our commitment to provide specialist support at a regional level, the roles of this post will include providing specialist endocrine care to support other consultants and healthcare professionals at hospital sites across the Wessex Paediatric Endocrine Network.

Please contact me for any informal preliminary discussions or queries about the post

Dr Nikki Davis, Consultant Paediatric Endocrinology Southampton Children's Hospital

nikki.davis@uhs.nhs.uk

Sec 02381205821

Vacancy: Professor/Director of Paediatric Endocrinology Monash, Melbourne, Victoria, Australia.

The Professor Director of Paediatric Endocrinology and Diabetes will lead the clinical paediatric endocrinology and diabetes service in the Monash Children's Hospital, and research and education at Monash University. They will harness opportunities to innovate and support excellence in health care, research and education. The job plan is flexible and they are keen to welcome a range of candidates from across paediatric diabetes and endocrinology – their primary focus is the clinical leadership of the department. They welcome someone keen to take on the honorary professorial position at Monash University. If you are interested, follow this link. <https://alumniglobal.com/job/professor-director-pead-diabetes-endocrinology-monash-health>

UK Experience in Management of Growth Hormone Secreting Pituitary Adenoma in Children

We are conducting a piece of work to gather valuable insights on **UK Experience in Management of Growth Hormone Secreting Pituitary Adenoma in Children**, from medical professionals who have encountered this condition.

Your expertise and feedback are highly appreciated. If you are interested in participating, please contact us at m.altowati@nhs.net for more information.

Thank you for your consideration

**Mabrouka Atowati, -Endocrine Grid, Leicester Royal Infirmary
Dr Subbarayan (Supervisor)**

MedEA Live Webinar Series

Embracing technology to help diagnose, treat and monitor Growth Disorders



1st webinar - 21 June 2024 from 14.00 to 15.00 CEST
2nd webinar - 20 September 2024 from 14.00 to 15.00 CEST

For Pediatricians, endocrinologists and general practitioners involved in growth management.
[More information and registration click here](#)

Meetings and courses



BSPED 2024 

Tuesday 8 - Thursday 10 October 2024
The Hilton Hotel, Glasgow

51st ANNUAL MEETING 

ECE 2024
11-14 May 2024, Stockholm, Sweden



Be a part of the largest endocrine event in Europe.

We are pleased to announce that ECE 2024 will be held in Stockholm, Sweden from 11-14 May 2024. We will, once again, be offering the hybrid format so you can join us in person in Sweden or remotely with ECE@Home.

[For registration and programme details click here](#)

18th ACDC Annual Conference, Friday 17 May 2024
Conference Aston, Aston University Campus B74BL

The 2024 18th ACDC Annual Conference will be held on the 17th May 2024, Friday at Conference Aston, Aston University Campus B74BL Birmingham in May 2024. Register to book your place via the Eventbrite link as tickets will be limited and on a first come first available basis. Tickets are limited and delegate fee of only £105 for the day includes a hot lunch buffet. Registration and the Programme is available via our ACDC website [here](#).



**NEYD 2024 (North European Young Diabetologists Meeting)
22-24th May, Stratford Upon Avon**

The annual North European Young Diabetologists (NEYD) meeting sees its' 30th year of supporting early career researchers in diabetes (clinicians, scientists and medical students) from the United Kingdom, Netherlands and Denmark. The nature of the meeting allows for discussion of research in an intimate and stimulating setting for young researchers. Participants present their own research (selected from submitted abstracts) and discuss it with peers and senior established scientists. The meeting facilitates networking and collaboration opportunities with peer young scientists and senior experts.

NEYD covers the spectrum of diabetes research from bench to bedside. This year the UK are hosting the meeting in Stratford-upon-Avon, the birthplace of Shakespeare.

[For further information click here.](#)

**11th I-DSD Symposium 2024
26-28 June 2024, Stockholm, Sweden**



[11th I-DSD Symposium 2024 Programme \(sdmregistries.org\)](https://sdmregistries.org)

Further information is available at <https://sdmregistries.org/11th-i-dsd-symposium-2024/>

**Pituitary Masterclass
16 September 2024, London or via Zoom**

<https://www.imperialendo.co.uk/pit2024.htm>

**Endocrine Genetic Testing
26 September 2024, Birmingham**



This one-day training event will equip you with essential skills in using the new national Genomic Laboratory Hubs, and you'll also have the opportunity to form collaborative networks with fellow specialist clinicians to help improve patient diagnosis and care. You can bring these skills back to your clinic to prepare you for the future of endocrine genetic testing! This will appeal to consultants, clinical geneticists and trainees working in paediatric and adult endocrinology.

<https://www.endocrinology.org/events/endocrine-genetic-testing/endocrine-genetic-testing-2024/>

Joint Irish-UK Endocrine Meeting 2024
14 October 2024, Belfast

With SfE BES reverting back to the Spring from 2025, next year sees the Society working with the IES to run a special joint meeting in Belfast in October. More details will be available in early 2024.

<https://www.endocrinology.org/events/joint-irish-uk-endocrine-meeting/joint-irish-uk-endocrine-meeting-2024/>



ESPE 2024
16-18 November 2024, Liverpool

ESPE European Society for
Paediatric Endocrinology

Join us for the 62nd ESPE Meeting 2024!

The theme chosen for the ESPE 2024 Meeting is “Lifelong endocrine care through collaboration, discovery and innovation”.

<https://www.eurospe.org/event/62nd-espe-meeting/>

See more meetings and courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you would like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office
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The BSPED would like to thank the following benefactors for their generous support this year:

Partner	Gold	Silver	Bronze
 	 		  