



BSPED Research Narrative – Nottingham Children’s Hospital

Nottingham's paediatric diabetes and endocrine team are very active in research and currently have 5 multicentre studies open, although some are paused for recruitment due to staff being diverted to cover COVID research. We were the top recruiting centre for SCIPi and CLOuD, both projects looking at different diabetes regimens in children and young people newly diagnosed with diabetes. SCIPi compared insulin pump therapy with multiple daily injections (MDI) and CLOuD compares closed-loop insulin pump therapy with MDI. Dr Sachdev is running a BPSU survey along with the team from Newcastle on adrenal crises secondary to steroid therapy (eg for inflammatory conditions, leukaemia etc) and is also trying to set up a multi-centre study on the use of very low calorie diets in children and young people with type 2 diabetes.

This is all despite the fact that research is not routinely included in consultant job plans at NUH. However, I'm hoping to be able to change that over the next year or so, having just started as the R&I lead for the Family Health division. I am keen to see research embedded in medical, nursing and allied health professionals' job plans if they are interested in being proactively involved and hope to build Nottingham Children's Hospital's academic credentials substantially as a result.

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