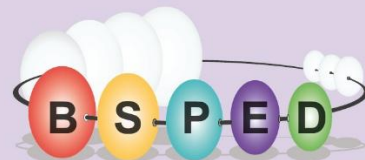




British Society for  
Paediatric Endocrinology  
and Diabetes

BSPED June 2025

# BSPED 2025



Wednesday 12 - Friday 14 November 2025

Cutler's Hall, Sheffield

52nd ANNUAL MEETING



## BSPED ANNUAL MEETING REGISTRATION IS NOW OPEN!

Join us for our 52nd Annual Meeting in Sheffield from Wednesday 12 - Friday 14 November, this year's theme is: **Innovation in Paediatric Endocrinology**.

### What you can expect:

- **Comprehensive programme:** Covering a range of topics including the management of early diabetes, types 1 and 2 as well as current topics such as the use of new MC4R agonists, artificial intelligence, PCOS and CHI
- **Opportunity to showcase your research:** present your work and gain feedback from other professionals
- **Networking opportunities:** connect with leading experts and colleagues from across the globe
- **Innovative learning:** discover the latest advancements and research
- **Social programme:** Network and catch up with fellow colleagues at the Welcome Reception, reserve your complimentary spot whilst completing your registration. The annual conference dinner will take place on Thursday the 13th, tickets must be purchased in advance either during your registration or by contacting the BSPED meeting team: [bspedmeeting@endocrinology.org](mailto:bspedmeeting@endocrinology.org)

Registration is also open for the CME Training Day, held on the first day of the BSPED Annual Meeting. These highly regarded educational sessions include expert speakers covering a wide range of both diabetes and endocrinology topics.

**Early Bird registration deadline for discounted fees: Tuesday 16 September (11:59 BST)**

**Submit your abstract**

- Share your research with peers and form valuable new connections
- Receive constructive feedback and insights from leading experts to enrich your research
- Have your work published in Endocrine Abstracts, a fully citable, open access record of the meeting
- Expand your network to enhance your visibility to potential collaborators

**Abstract submission deadline: Friday 18 July 2025 (23:59 BST)**

[Register and submit your abstract now.](#)

## News from the BSPED Office

### **LAST CALL FOR APPLICATIONS – DEADLINE MONDAY 30<sup>TH</sup> JUNE**

#### **CME Officer**

We have an important role available to replace Dinesh Giri as CME Officer. The main role of this position is to organise and facilitate (supported by Professional Conference Organiser) the BSPED's annual Continuing Medical Education (CME) Day, which is held on the first day of the BSPED Annual Meeting. You would also be a member of the Programme Organising Committee for the BSPED Annual Meeting, and organise the endocrine component of the RCPCH meeting each year. This role is aimed at someone passionate about education and developing the careers of trainees.



#### **Paediatric Diabetes Nurse Rep**

We are currently recruiting for a Paediatric Endocrine Nurse Rep as Peter Laing and Karen Thompson's terms of office will come to an end. If you are motivated by providing exciting and relevant content for Nurses at the BSPED Annual Meeting then this is the role for you. You will be a central point of contact for the PENS community keeping nurses up to date on news from the BSPED and relevant bodies. This role can be held by two people to share the workload!

#### **Digital and Information Officer - Maternity Cover**

Whilst our existing Digital and Information Officer, Sarah McCarrison, is on maternity leave we are seeking someone to support the social media for the BSPED in the run up to the Annual Meeting in

November. The role would involve identifying relevant content from the monthly BSPED newsletter and adding to the social channels (X & Facebook).

The CME Officer and Paediatric Diabetes Nurse Rep roles are for 3 years and would start from November 2025. The Digital and Information Officer (Maternity Cover) will be on a temporary basis until November 2025 starting as soon as possible.

More details about these positions can be found on the [BSPED website](#) and the deadline to apply is **Monday 30th June 2025 – make sure you apply now before it's too late!**

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### **Please help! Research SIG Member Survey**

You may be aware that the BSPED research group is currently functioning as a paediatric endocrine (not diabetes) SIG (Specialist Interest Group). The research group met in March and May and is planning the best way to progress further. The group has discussed broad aims and objectives and would like to hear views from a wide range of members about the preferred function of this group. The lead for this group will be advertised later once the aims and objectives have been finalised.



To help with this, we are reaching out to you for a short survey that should take less than 2 minutes to populate. Your responses will help inform potential objectives and workstreams for the group.

Please [complete the survey](#) by 8 August 2025.

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### **BSPED Awards Applications Open – NEW FORMAT!**



Applications for the **BSPED Research & Innovation Award** and the **Nurse & AHP Awards** are open.

**We encourage you to take a look at the new format of the Nurse & AHP Awards.** The Nurse & AHP Awards now offer funding for projects, equipment, service evaluations, and training opportunities to enhance clinical knowledge and service development. There will be **two awards of £1,500 available** and the awardees will be invited to **share their project outcomes or learnings with the BSPED network** via a report for the newsletter or a presentation at the annual meeting. We hope to see more applications with this new format so please help by **sharing this with your amazing colleagues and encouraging them to apply!** For the **BSPED Research and Innovation Awards** there will be **two awards granted up to a maximum of £15,000 each**. The total amount for each grant can be allocated to one recipient or split between 2 or more projects. **Deadline for submissions is Monday, 4 August 2025.**

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## **Virtual peer review – get involved as a reviewer**

The BSPED Peer Review process provides centres with an excellent opportunity to learn from other centres, to gain support for resource requests and to ensure that they are operating to standards. As a peer reviewer, you also gain experience, ideas and an insight into service management at other centres.

BSPED runs a [virtual peer review process](#), saving time for all involved.

**We are looking for individuals to help with the review process**, including nurses and DGH paediatricians, as well as tertiary consultants. If you would like to be a peer reviewer, please get in touch and we will match you with a centre and date that works for you.

**We also encourage trainees to get involved with the reviewing process** – supporting the lead clinician with note taking and documentation, to build up experience.

Thank you to all involved in the Newcastle and Alder Hey reviews earlier this year. Glasgow and other centres are being booked in for the rest of 2025 and 2026. We will be in touch with centres who are due their next review and welcome proactive contact from centres.

We will be adding the redacted reports from the peer reviews to the members-only area of the BSPED website to help centres learn from each other.

Further details of the review process and what it entails can be provided.

Please get in touch with Peer Review Officer **Dr Guftar Shaikh** on [Guftar.Shaikh@ggc.scot.nhs.uk](mailto:Guftar.Shaikh@ggc.scot.nhs.uk)

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**Medical colleagues** – if the nurses working with you do not receive this newsletter, please encourage them to join the BSPED, and contact the BSPED nurse representatives for further information: Peter Laing [peter.laing@alderhey.nhs.uk](mailto:peter.laing@alderhey.nhs.uk) and Karen Thompson [karen.thompson@belfasttrust@hscni.net](mailto:karen.thompson@belfasttrust@hscni.net)

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### Make the most of your membership benefits

The BSPED is an official endorsing society of the journal [Endocrinology, Diabetes & Metabolism Case Reports](#) (EDMCR). EDMCR is a unique, open access resource that publishes and links together case reports, enabling practitioners to communicate findings, share knowledge and convey medical experiences efficiently and effectively; furthering both medical education and clinical practice.



Endocrinology,  
Diabetes & Metabolism  
**CASE REPORTS**

Members of BSPED receive a 25% discount on the Article Publication Charge (APC) when their paper is accepted for publication in *EDM Case Reports*.

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### Help us keep in touch

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes at [bsped@endocrinology.org](mailto:bsped@endocrinology.org).



# Trainee Update

## COURSES AND EVENTS:

### Paediatric Endocrinology Teaching and Training Day (PRETT-Y)

The next Paediatric Endocrinology Teaching and Training Day (PRETT-Y) will be held on the 15th of July 2025 via Microsoft Teams. **Theme:** Acute Issues in Paediatric Endocrinology and Diabetes. The teaching day is free and open to all who are interested in paediatric endocrinology. Please sign up by completing this form: <https://forms.gle/ngDaG9Em3J6Hn44t7> Any questions please email [pretty.endocrinology@gmail.com](mailto:pretty.endocrinology@gmail.com)

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### VPET (Virtual Paediatric Endocrine Teaching)

The next VPET session is on the 11th of July 2025- VPET Sessions. Previous VPET sessions have been added to the BSPED website members area and are now available on demand. VPET relies on trainees and consultants to deliver valuable teaching sessions. Please email [vpet.trainees@gmail.com](mailto:vpet.trainees@gmail.com) to sign up to deliver a session (providing your name, topic and facilitating Consultant (if delivered by a trainee)) or if you would like to be added to the mailing list.

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### DSD Special Interest Group (DSD SIG)

Trainees are invited to attend DSD SIG meetings. For queries regarding participation and opportunities for case presentations, trainees can contact Dr Nadia Amin ([nadia.amin3@nhs.net](mailto:nadia.amin3@nhs.net)) or Dr Zainab Mohamed ([zainaba.mohamed@nhs.net](mailto:zainaba.mohamed@nhs.net)).

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### Reflecting on the 2nd Emerging Leaders in Endocrinology Event (EEE)

The 2nd Emerging Leaders in Endocrinology Event (EEE), took place on 13-14 June 2025, at the Clayton Hotel in Birmingham. This dynamic two-day programme brought together rising stars and leading experts in paediatric endocrinology for an engaging mix of trainee reviews, cutting-edge case presentations, and thought-provoking discussions. Highlights included sessions on thyroid disorders, advanced diabetes technology, PCOS management, and a lively debate on fairness in sports.

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## ANNOUNCEMENTS:

### Trainee representatives for regional diabetes networks needed

All Regional Diabetes Networks, as part of the National Children & Young People's Diabetes Network, are seeking trainee representatives. If you are interested in applying for one of these roles, please

contact the Network Manager of your regional network. Emails for all Network Managers can be found here: [NCYPD Network](#).

In addition, trainees are encouraged to join their regional networks during training as a useful learning opportunity. Please discuss with your supervisor or email your regional network manager to ask to be added to the regional circulation list.

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### **Trainee involvement in Peer Review Process**

The BSPED's national Peer Review programme started in 2011 and is seeking interested trainees to get involved with the reviewing process, supporting the lead clinician with note taking and documentation. This would provide an excellent learning opportunity and is open to any interested trainees from around the country, not limited to areas which are due a peer review.

If interested, please find further information here ([BSPED | Peer Review](#)) and contact Peer Review Officer Dr Guftar Shaikh ([Guftar.Shaikh2@nhs.scot](mailto:Guftar.Shaikh2@nhs.scot))

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### **Trainee representative vacancies**

The College Speciality Advisory Committee (CSAC) are currently advertising a vacancy for a Diabetes SPIN Trainee Representative (maternity cover) through the RCPCH. The deadline for applications is 9th June 2025. They will also be advertising a Diabetes and Endocrinology Trainee Representative role in due course.

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### **BSPED website updates**

The training and development section of the BSPED website has recently been updated, with information on the Paediatric Endocrinology and Diabetes subspeciality training pathway.

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### **BSPED Trainee Mailing List**

We send regular email updates on courses, job opportunities and information on training to trainees who are on our mailing list. Please email [bspedtrainerep@gmail.com](mailto:bspedtrainerep@gmail.com) for further details of how to join or if you have feedback on any training issues.

CSAC Diabetes and Endocrine Trainee Representatives:  
Katherine Hawton  
Salma Ali  
Tanya Bhagat

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## News from the Clinical Committee

### Updated Patient Leaflets

We have recently updated two patient leaflets which can be found on the website. Please refer to these updated versions when discussing with patients and families.

[Pros and Cons of Growth Hormone Therapy](#) and noting the change in name of Diabetes Insipidus to [Arginine Vasopressin Deficiency](#).

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### NICE Guidelines

The Clinical Committee has submitted comments on the following NICE consultations in the recent months and will keep you informed of the outcomes:

- Overweight and obesity management guideline
  - Semaglutide for overweight and obesity
  - Scoping Workshop and Consultation Invitation (All C&C): Achondroplasia (4 months and over) - vosoritide
- 

### Patient information resources

A reminder that the BSPED has produced a suite of patient information leaflets covering a number of conditions and designed to give general information about a patient's condition and treatment. To access these leaflets for your patients, as well as the BSPED Adrenal Insufficiency Card, please visit the [Patient Information section of our website](#).



You can also find links to relevant [patient resources](#), such as patient support groups on our website.

Meanwhile, [www.explain.me.uk](http://www.explain.me.uk) was developed as part of a project to improve communication between young people, their parents/carers and healthcare professionals in endocrine clinics. The website is looked after by BSPED. [We'd love to know how you use this with your patients](#).

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## Translations of Adrenal Insufficiency Steroid Card

With thanks to our members and their colleagues, we now have the following translations available for the BSPED Adrenal Insufficiency Card:

[Slovakian](#)

[Arabic](#)

[Greek](#)

[Polish](#)

[Romanian](#)

[Turkish](#)

[Urdu](#)



CAN YOU HELP? So far, we have translators for the following languages but we are seeking reviewers for these:

- **Mandarin**
- **French**

Please note that you do not need to be a BSPED member to assist with translations.

If you are fluent in another language (or already have a translation within your trust) and could help us build our suite of translated cards, please get in touch with [Christine Desmond](#) who is coordinating this project. We would like to find two members for each language so that one can translate the card and the other check/review the translation.

[All translated cards will be available on the BSPED website](#), once reviewed and approved.

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## Use of and comments regarding guidelines

BSPED guidelines have been commissioned and endorsed by the BSPED and reflect the Society's views on best practice for the majority of patients with that condition. However, each patient should be considered as an individual in the context of their condition and other medication and therefore the readers' discretion is required in the application of their use. Every effort has been made to ensure the factual accuracy of the contents but no liability can be accepted for any litigation, claims or complaints arising from the use of the guidelines.

If you have a query or comment, or would like to raise a concern regarding a BSPED guideline or any guideline on our website, please contact the [BSPED Office](#) who will ensure your message is passed to the BSPED Clinical Guidelines Officer and Clinical Committee.

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## Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we request any items that members would like to be reviewed by the Clinical Committee should be submitted through the BSPED Office in good time.

**Please submit items by 1 August 2025 for the Clinical Committee meeting.**

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## Including your survey in the newsletter

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, it must first be reviewed by the BSPED Clinical Committee.

- Your survey should be reviewed by the Clinical Committee at a stage where it can still be amended and before it is circulated elsewhere.
- The Clinical Committee meets four times per year and the deadlines for submission of agenda items are published in the newsletter.
- Your survey should be submitted to [the BSPED Office](#), in Word format.
- The introduction to the survey should explain its purpose and the closure date of the survey.
- The survey will either be approved for inclusion in the newsletter as it is, or feedback will be provided to the author.
- Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes.
- The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc.) resulting from the survey and the BSPED Office informed of the output.



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## Process for endorsement and development of clinical guidelines and standards

The BSPED Clinical Committee is committed to supporting its members in creating robust, evidence-based guidelines. The Committee is not resourced to independently develop national clinical guidelines, but will serve as a key stakeholder in guideline development relevant to paediatric diabetes and endocrinology and will take responsibility for endorsing guidelines produced by other organisations. **In order for a standard or guideline to be endorsed by the BSPED, the procedure set out on our website must be followed.** This involves the early involvement of the Clinical Committee in the development of the document. [The Endorsement Process is available on our website.](#)

# Announcements

## Pre-Type 1 diabetes update - BSPED survey

Thank you to everyone who completed the survey, *A UK healthcare professional survey on the islet autoantibody status of children and young people with pre-stage 3 type 1 diabetes, on behalf of the British Society for Paediatric Endocrinology and Diabetes*. The survey is open access, so please click on the link here to find out more: <https://onlinelibrary.wiley.com/doi/10.1111/dme.70069>

The survey helped identify the need for healthcare professional education and a UK-specific guideline to support both a screening and follow-up management pathway. The pathway is available through your local Networks whilst the manuscript is under review, or from Rachel Besser ([rachel.besser@ouh.nhs.uk](mailto:rachel.besser@ouh.nhs.uk)).

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## Pre-T1D Clinical Champions - paid opportunity

### Overview of Project

BSPED is working with Sanofi on a collaborative working project ([BSPED---Collaborative-Working-Project-executive-summary.pdf](#)) to provide 13 Pre-Type 1 Diabetes Clinical Champions across the UK (one for each network in England, plus one each for Wales, Scotland and Northern Ireland respectively), starting in August 2025. This is a 12-month role, with the Clinical Champion acting as a regional resource for health care professionals who have queries about children and young people with positive diabetes auto-antibodies but who have not yet developed diabetes. This is a 0.25 PA (1 hour) per week role and will be fully funded by Sanofi for 12 months. Sanofi will link directly with the Clinical Champion's employer to reimburse them for the Champion's time; potential Champions will need to ensure their employer is willing and able to do this before applying. For further information please contact Tabitha Randell ([Tabitha.randell@nhs.net](mailto:Tabitha.randell@nhs.net)) or work mobile 07812 276372) or Rachel Besser ([rachel.besser@ouh.nhs.uk](mailto:rachel.besser@ouh.nhs.uk)) Chairs, BSPED Pre-T1D Special Interest Group.

### Level of training

Specialty doctor in paediatric diabetes, consultant paediatrician

### Role Specification

The role is to:

- Raise awareness about pre-T1D and the UK Islet Autoantibody Registry in the clinical network/region
- To give presentations from a pre-prepared slide deck to local and regional clinical teams in both paediatric (and potentially adult)
- Answer questions/signpost healthcare providers to resources e.g. about the BSPED follow up pathway for those with 1 or more islet autoantibodies

- Answer questions/signpost healthcare providers from paediatric (and potentially adult) diabetes services about queries related to pre-T1D/ the Registry e.g. how they can join the registry, how to get an antibody test, what follow up should they have in clinical care, how do they join a research study etc
- To feedback at regular BSPED SIG meetings, occasional project steering group meetings, and other meetings as required
- To undertake training as required for the role
- To keep a log of activities (contacts, presentations), to be submitted monthly
- To keep a log of advice provided

Applications should be sent in the form of an email/covering letter explaining your interest in the role with an accompanying CV to [Laura.Meredith@sanofi.com](mailto:Laura.Meredith@sanofi.com) by **20th July 2025**.

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### **Updated guidelines on gonadotropin induction of male puberty**

The [Protocol for Induction of Puberty with Gonadotropins in Adolescent Males with GnRH or Gonadotropin Deficiency](#) has been updated and published (13.05.2025) as part of this manuscript in Human Reproduction Open can be found on the BSPED website.

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### **Survey: The impact of poverty on children's health**

RCPCH and the charity CPAG are working together to further understand how child poverty affects children's health and to push for change.

We are asking paediatricians to [complete this short survey](#) (it should take around 3 minutes). In doing so, you will be helping us to campaign for stronger government action to reduce child poverty and improve health outcomes.

We'll store your answers securely. We destroy all records after six years. For more information see our [privacy policy](#).

[Complete the survey](#)

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### **New CGM For Insulin Dosing Comparison Charts Now Available**

An easy-to-understand [comparison chart](#) which includes study design, clinical accuracy, and regulatory approval status of CGM Systems is now available on the Diabetes Specialist UK Forum UK website. The chart is updated on a bi-monthly basis by the DSN so if you have any suggestions, proposed amendments, or would like to endorse the chart, please do get in touch: [dsnforumuk@gmail.com](mailto:dsnforumuk@gmail.com)

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## RCPCH Quality Improvement Community

The Royal College of Paediatrics and Child Health has launched a new [RCPCH QI Community](#), free with RCPCH membership, for all members to exchange expertise, network and collaborate in QI.

The RCPCH QI Community runs on Hexitime, a time-banking platform where people can share knowledge, skills and experiences, and form breakout groups. There's no time commitment and everyone starts by being able to access up to 10 hours of training, time or support from other members. [Join today](#) to see how QI can support your speciality area!

Kind regards,  
RCPCH Quality Improvement Team



## BPSU Surveillance of ROHHAD Syndrome

### Surveillance criteria:

- All existing and new cases (under 16 years) seen in the last few months (in the UK/RoI) with previously unreported cases:
  - Rapid obesity onset after 12 months in a previously healthy child, crossing three major centile lines or showing significant weight gain in family photos.
  - OR family photographic evidence of highly significant weight gain in 12 months, if no baseline weight measurement
  - AND Sleep-disordered breathing requiring overnight respiratory support.

For further information, please visit this [BPSU study](#) or contact Dr Katherine Hawton (Lead Investigator) by emailing [ROHHAD@uhbw.nhs.uk](mailto:ROHHAD@uhbw.nhs.uk).

If you have are a Consultant or SAS doctor, but have not signed up for BPSU reporting cards or have stopped receiving them, please visit: [BPSU - Sign up to receive the eReporting card | RCPCH](#) or email [BPSU@rcpch.ac.uk](mailto:BPSU@rcpch.ac.uk).

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### **BTF Research award 2025**

BTF offers a bi-annual research award to support a three-year project into thyroid function or thyroid disorders.

Applications for the 2025 award of £35,000 are open to apply for.

**What is it for:** The award can be used to supplement existing projects or to help get research ideas started. Funds are available for consumables, running costs and equipment.

**Who is eligible to apply:** UK-based researchers. We particularly welcome applications from early career researchers.

Further details and the application process can be found on the BTF website here: [BTF research award](#)  
Or you can get in touch with us at BTF by email: [research-award@btf-thyroid.org](mailto:research-award@btf-thyroid.org)

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## Meetings and courses



### Register now!

Join us to connect with national growth experts and explore recent advances in childhood growth at our one-day training event on **4 July 2025 at Hallam Conference Centre, London.**

#### What to expect:

- Insightful talks that aim to **improve your ability** to recognise, refer, and manage **childhood growth disorders effectively**
- In-depth learning on **how to assess growth in children** and implementing novel growth therapies
- **Hands-on case discussions** that will provide practical insights for your practice
- **Networking opportunities with fellow healthcare professionals**, including consultant paediatricians, endocrinologists, trainees, and nurse specialists.

This exciting new event is **suitable for trainees, allied health professionals and consultants in paediatrics and paediatric endocrinology**, and aims to directly address an unmet educational need in the field of paediatric endocrinology.

For more information and to register, please visit: <https://www.growthmanagementmeeting.org/>

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### **Growth Disorders 2025: Current Challenges, Solutions, and Recommendations 30 April to 31 October 2025**

The independent Medical Communications Agency, MedEA will organise a package of educational events in 2025 entitled Continuing Medical Education (CME) Activities Tackling Identified Learning Needs in Growth Disorders. These activities have been endorsed by the BSPED and will be CME accredited. For more information click [here](#).

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### **Challenges in Adolescent Endocrinology London 12 September**

A symposium exploring day to day issues in adolescent endocrine clinical practice with local, national and international experts, compiled by Gary Butler and Caroline Brain. **Registration is by** commercial sponsorship – deposit of £15 to secure a place. **Contact email:** [adolescent.endocrinology@gmail.com](mailto:adolescent.endocrinology@gmail.com)

#### **Topics to include:**



- Optimisation of adolescent growth
  - How does psychology support help adolescents with endocrine conditions?
  - Endocrine genetic conditions in adolescents
  - Social and sex chromosome variations and their effect on adolescents' needs
  - Calcium and metabolic bone challenges in adolescents
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**The 7th International Melanocortin Meeting,  
Cambridge  
15-17 September 2025**



We are thrilled to announce the return of a landmark event in the field of melanocortin biology – The 7th International Melanocortin Meeting! This is a rare opportunity for scientists and clinical academics from diverse fields, such as obesity, weight management, reproduction, puberty, stress, and pigmentation to converge and share insights within melanocortin biology. [For more information and registration click here.](#)

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**RCPCH free in-person workshop  
London  
23 September 2025**

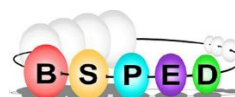
The Royal College of Paediatrics and Child Health would like to invite you to attend their free in-person workshop: [Excellence in evidence-based medicine: clinical guideline development and systematic reviews - workshop.](#)

Spaces will be prioritised for Specialty and Special Interest group (SG/SIG) Chairs and those wanting to be involved in guideline development. This workshop is in high demand, so please [register your interest now!](#)

Join the RCPCH Research and Evidence Team for the day to gain expertise in high-quality guideline development, the systematic review process, critical appraisal of evidence and the Delphi consensus method. This workshop is a prime opportunity to enhance your skills and network with peers, including representatives from NICE and colleagues across SG/SIGs.

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**VPEG (Online)  
26 September 2025 2-4pm**



British Society for  
Paediatric Endocrinology  
and Diabetes

This BSPED meeting is designed for consultants delivering paediatric endocrine care (tertiary or special interest) to meet and share learning with each other from interesting endocrine cases. It is expected that primarily consultants will attend the meeting and do the case presentations - PGDIT can present with the presence and support of their consultant.

Please register to attend [via Zoom](#). After registering, you will receive a confirmation email containing information about joining the meeting and please add the event to your calendars as a reminder!

If your team are interested in presenting a case please get in touch with Renuka Dias ([r.dias.1@bham.ac.uk](mailto:r.dias.1@bham.ac.uk)) with email header VPEG. We are looking for at least 3 cases per date.

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**11<sup>th</sup> Congress of the European Academy of  
Paediatric Societies (EAPS 2025), Lisbon  
18-20 October 2025**



EAPS 2025 promises to be an innovative and dynamic gathering, showcasing the latest advancements in paediatrics. While the congress may be a few months away, we are already [accepting abstracts](#) and registration is about to open soon.

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**EXTOD Two-Day HCP Conference**

**Monday 24 – Tuesday 25 November 2025, Hilton Liverpool City Centre**

EXTOD Healthcare Professionals National Conference will be delivered by EXTOD and organised by SBK Healthcare. This unique forum will equip Diabetologists, Diabetes Specialist Nurses, Dietitians and Paediatricians with the knowledge, inspiration, and practical understanding of how to support Type 1 patients to undertake safe and effective exercise. Find out more about the [HCP Conference](#).

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See more meetings and courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you would like to add to this page, please [submit them for review here](#)

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Tel: 01454 642258

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**The BSPED would like to thank Sandoz for their generous support as a BSPED Partner this year:**

**S A N D O Z**