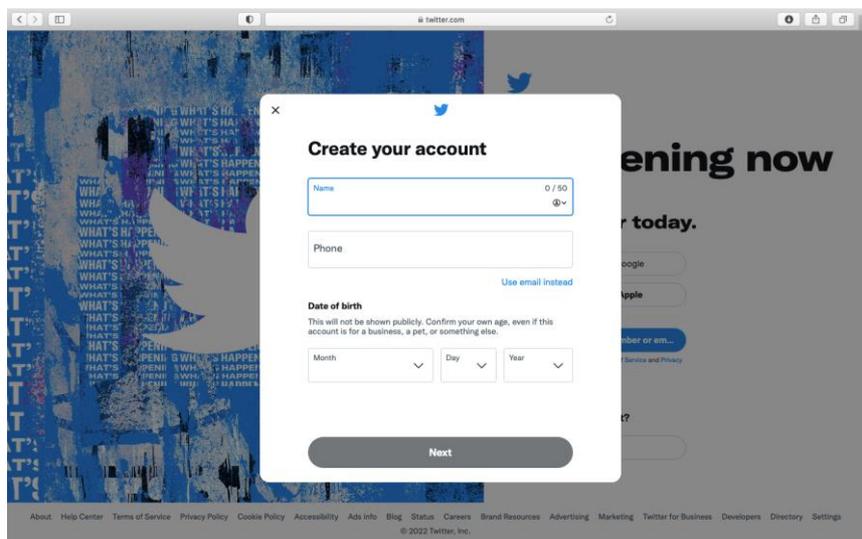


BSPED will soon be starting to do Tweetorials and Twitter segments to introduce you to the Committees and Special Interest Groups and give brief updates on our guidelines and BSPED events. It would be great if members joined the Twitter account to keep up to date on opportunities.

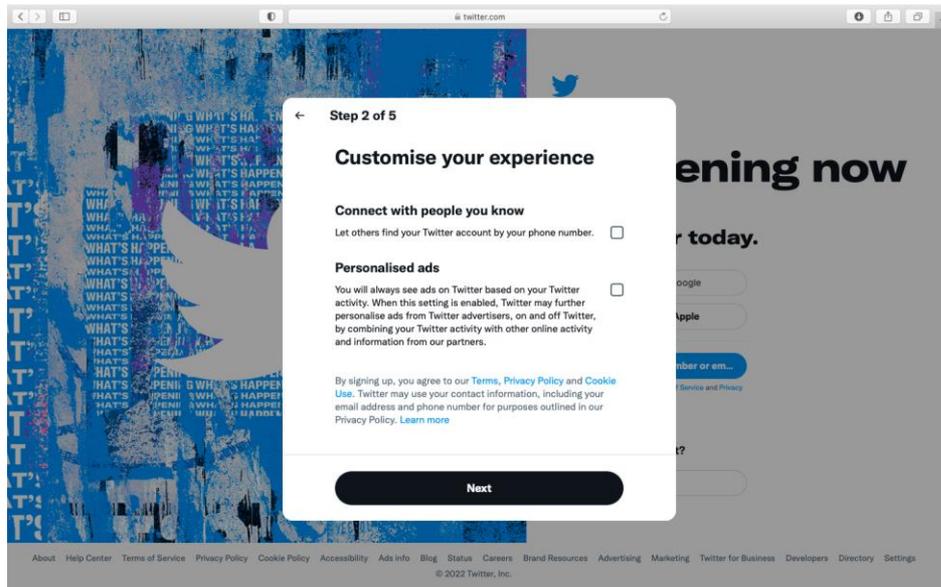
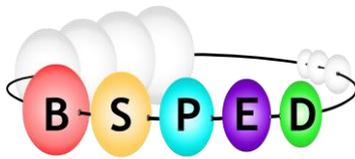
If you are a member of Twitter, please make sure you follow @Britsped.

If you have not yet joined, here is how:

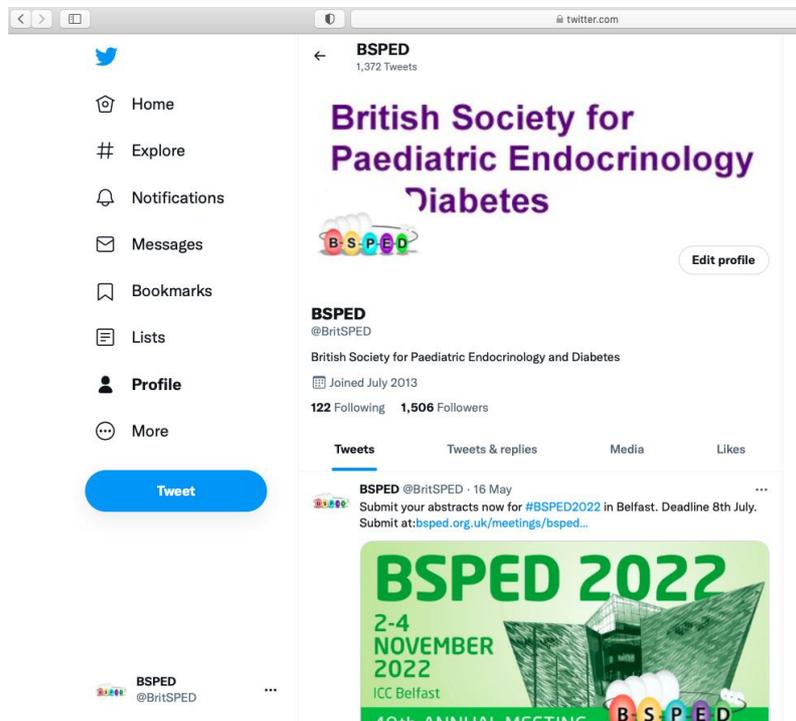
- 1) Go to twitter.com and choose how you want to sign up (via phone/email/accounts you have with Google or Apple). You need a real email or phone address but can choose to anonymise your name or date of birth.

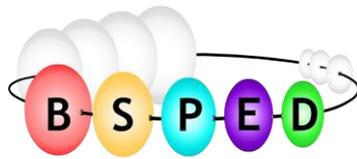


- 2) You have to choose to what extent you want Twitter to contact you. You'll also be asked to choose your own username (one will be automatically generated for you based on your name but you may wish to change this). You also have the option to add a couple of lines of bio and a profile picture. None of this is necessary but if you are using the account for public engagement it helps to promote your profile.



- 3) Twitter will then send a verification code to your phone number or email address depending on how you decided to sign up.
- 4) Get started! Choose who to follow. The table below gives a (not exhaustive!) list of some accounts which may be relevant to BSPED members. There are a lot of Twitter accounts offering CPD and resources on #medtwitter.





Account	Twitter handle
BSPED	@BritSPED
Association of Children's Diabetes Clinicians	@ACDC_UK
Bioscientifica	@bioscientifica
Endocrine Society	@TheEndoSociety
ESPE	@EuroSPE
EuRRECA	@eurreca
European Society for Endocrinology	@ESEndocrinology
ICCBH	@childrensbones
Pediatric Endocrine Society	@PedsEndoSociety
Society for Endocrinology	@Soc_Endo
