



British Society for
Paediatric Endocrinology
and Diabetes

BSPED October 2021



Register now for the 48th BSPED Online Meeting!

One of the many benefits of being a BSPED Member, is receiving reduced registration rates for the Annual Conference.

We have been working hard behind the scenes to deliver a cutting-edge scientific programme covering practical aspects of paediatric endocrinology and diabetes underpinned by robust science and key national and international trials. View the programme [here](#) to find out more.

All BSPED 2021 Online Meeting content will be **available on-demand immediately** after each session concludes and will **remain on the platform for six months** after the conference, allowing you to catch up on all the scientific content whenever you wish.

Click [here](#) to register!

CME Day (Wednesday) Registration Rates

	Late Registration 8 October 2021 – 26 November 2021 (23:59 GMT)
CME Day - Member	£70

Main Meeting (Thursday and Friday) Registration Rates

	Late Registration 8 October 2021 – 26 November 2021 (23:59 GMT)
Clinician Member	£130
Clinical Trainee Member	£100
Concessionary Member	£55
Student Member	£55
Day Delegate Member	£85

INFORMATION FOR SPECIFIC RATES:

- **Clinician rates** includes Consultants and Specialists with a Full or Non-Consultant membership
- **Clinical Trainee** rates include doctors practicing at any stage between graduation and completion of specialist postgraduate training with an Early-Career membership
- **Student/Concession** rates include Undergraduates or full-time Masters students in an Allied, Nursing or undifferentiated clinical trainee field with a Student membership and Full members who are retired from full time employment and all clinical practice with a Retired membership. Concession rates include Allied Health Professionals such as Nurses, Scientists & Dieticians with a Full or Mid-Career membership

This year's programme comprises of a wealth of leading-edge science from across the breadth of paediatric endocrinology. Join your colleagues and our eminent speakers for three days of world-class science.

This year's programme includes:

- Specially curated content for Diabetes, Nurses and endocrine professionals
- 2020 and 2021 Awards sessions
- The James M Tanner Award
- Oral communications
- Sponsored Meet the Expert sessions
- Sponsored Satellite Symposia

[View the programme](#) to find out more.

We look forward to connecting with you at the BSPED 2021 Online Meeting.

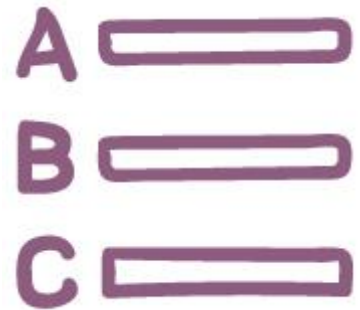
News from the BSPED Office

Benefactor Resource Library

Head to the [BSPED Members' Area online](#) to find additional information, resources, promotional material and educational content from our benefactors in our Benefactor Resource Library.

All content is provided by our industry benefactors and any views expressed are not those of the BSPED.

More content is being added, so be sure to check back.



BSPED Byelaws – for information

The byelaws (or rules) of the BSPED have recently been reviewed and slightly updated by the Executive Committee. This was mainly to reflect the updated membership categories and the fact that all BSPED members will be asked to renew their membership within three months of the due date each year rather than six, to ensure membership records are up to date. Honorary members are now voting members and we have also made provision for virtual AGMs, in circumstances such as those we have experienced over the past year.

[The current byelaws can always be found on the BSPED website.](#)

Get all the latest endocrine news



Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.

Trainee Update

New Trainee Representative for the BSPED / RCPCH Diabetes & Endocrinology CSAC

I would like to welcome Kate Hawton and Abiramy Fernando. Kate is the new GRID Endocrinology and Diabetes trainee representative. Abi is the first ever SPIN Diabetes trainee representative.

On behalf of the CSAC team and trainees I would like to thank James for all his hard work as he is stepping down from his role. We wish him all the best in his future Career.

Awards, Achievements and Appointments

We would like to congratulate Dr Meera Shaunak and her colleagues for their paper 'Isolated 17, 20 Lyase Deficiency Secondary to a Novel CYB5A Variant: Comparison of Steroid Metabolomic Findings with Published Cases Provides Diagnostic Guidelines and Greater Insight into its Biological Role'. DOI: 10.1159/000512372

Which was awarded the best 'Novel Insight's From Clinical Practice at ESPE 2021.

Virtual Paediatric Endocrine Teaching (VPET)

Dates for VPET have changed to the second Tuesday of every even month and second Friday of every odd month. The next date will be 1pm on 12th November 2021.

If you would like to be added to the VPET mailing list or would like further information, please email vpnet.trainees@gmail.com.

BSPED Trainee Mailing List and Noticeboard

We send regular email updates on courses, job opportunities and information on training to trainees who on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email bspedtrainerep@gmail.com for further details of how to join or if you have feedback on any training issues.

Rachel Boal, Kate Hawton & Abiramy Fernando
BSPED/ RCPCH CSAC Trainee Representatives bspedtrainerep@gmail.com

News from the Clinical Committee

SAFETY NOTICE- Fludrocortisone dosing National Neonatal Formulary 8th Edition <https://global.oup.com/academic/product/neonatal-formulary-9780198840787?cc=gb&lang=en&>

BSPED would like to make members aware of an error printed in the in the above National Neonatal Formulary 8th edition. The current edition states fludrocortisone doses in micrograms per kg rather than microgram per m². This is being addressed by the publishers and the information is being shared with the neonatal networks and with the national pharmacists network. It would be prudent for members to ensure staff in their units are aware of this and also highlight this error to referring shared care centres when fludrocortisone prescriptions are being advised.

Clinical Studies Group call for research narratives

The CSG is aiming to showcase the breadth and depth of research in paediatric endocrinology and will host research narratives from each centre on the BSPED website. If you haven't done so already, you could write a paragraph or a page (or two) on current and future perspectives of research at your centre. Please contact the CSG Chair if you would like further information or if you would like to see an example. <https://www.bsped.org.uk/research/uk-research-perspectives/>



The BSPED Clinical Studies Group (CSG) is also aiming to refresh the list of studies on the website. If you have an exciting study in paediatric endocrinology and you'd like to share information about this, please contact the BSPED office. <https://www.bsped.org.uk/research/active-clinical-studies/>

BSPED statement on Covid-19 vaccination in children aged 12 - 15 with underlying health conditions

The Joint Committee on Vaccinations and Immunisations (JCVI) has issued updated guidance on vaccination in children aged 12 to 15 years with underlying health conditions. [Read more on this](#) and find the [full statement here](#).

BSPED Online Communication Strategy

The clinical content of the website, newsletter and social media engagement falls under the remit of the Clinical Committee. A **BSPED Online Communication Strategy** has been formulated to increase engagement across the membership, provide a platform for guidance, advice and news and promote high quality training and professional development opportunities.



Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a **declaration of interests form, which can be found here.**

*Use of and comments regarding guidelines

BSPED guidelines have been commissioned and endorsed by the BSPED and reflect the Society's views on best practice for the majority of patients with that condition. However, each patient should be considered as an individual in the context of their condition and other medication and therefore the readers' discretion is required in the application of their use. Every effort has been made to ensure the factual accuracy of the contents but no liability can be accepted for any litigation, claims or complaints arising from the use of the guidelines.

If you have a query or comment, or would like to raise a concern regarding a BSPED guideline or any guideline on our website, please contact the **BSPED Office** who will ensure your message is passed to the BSPED Clinical Guidelines Officer and Clinical Committee.

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.



Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting: 15 November 2021.

Announcements

The Novo Nordisk UK Research Foundation 2022 Call for Applications

Applications are now invited for research and education funding in diabetes for 2022, all awards are made on a competitive basis. Applicants are preferred to be working in a patient facing role but this is not an absolute requirement. The Foundation is an independent registered charity: 1056410, AMRC member and a NIHR partner. Awards will be announced in April 2022.



Research Fellowships – this award is open to all healthcare professionals (e.g. doctors, nurses, podiatrists, dieticians...) working in diabetes and wishing to undertake a PhD: 3 years full-time, 4 years full-time with MSc year 1, or 5 years part-time.

Grant Awards – small research project grants in diabetes up to £12,000 open to all applicants.

Closing date for Fellowship and Grant: 6 December 2021

Fund Awards – for nurses and allied healthcare professionals in diabetes care.

- Attendance at a national or international meeting (preference to those presenting their work) up to £1,000.
- A course of study up to £2,000.
- Clinical project up to £5,000.

Closing date for the Fund Awards: 2 February 2022

New study release - Impact of millets on diabetes

A systematic review and meta-analyses on the impacts of millets on diabetes, this work has been led by our nutritionist, Dr Anitha and undertaken by scientists and professionals from seven organisations across four countries. Eighty studies were found on humans in regards to the impact of millets on diabetes. Sixty-five of these were eligible for deeper statistical analysis of their data.



In March this year the UN General Assembly approved 2023 as the International Year of Millets, which is expected to be the turning point for global attention to millets and especially to bring back millets as staples. This study is timely in helping identify how millets can help and be appropriately incorporated into diets and programs.

Read the [full article here.](#)

DSD SIG Survey Results

Since the meeting in December, the SIG Survey has been carried out with the aim to develop the SIG further and appropriate ensure governance processes are in place.

Membership: Requests to extend the membership of the group to include more MDT members was discussed, it was felt this would be beneficial for the SIG, though all members would need to be members of the BSPED.

Please do invite members of your teams to join the SIG if they have BSPED membership as we may be able to create subgroups for interaction in the future.

Networks: On discussion, it was felt that the role of the SIG cannot be to develop networks but rather to develop the terms of reference for networks.

We will be aiming to work on these to have them formalised by the end of the year.

Meetings: There was a very positive response to the last meeting in September, which was hosted by Zainab Mohammed from Birmingham.

Volunteers to host and organize future online, half day meetings on a quarterly basis are welcome.

Purpose of the SIG: Based on feedback from the survey and discussions, the role of the SIG moving forward at this time is to:

- Provide a platform for discussion of difficult and complex DSD cases.
- Provide a platform for education wherein trainees can gain exposure to learning around significantly complex DSD cases and case presentation.
- Network for research to share research ideas and updates.
- Feed into the peer review audit to ensure BSPED standards for DSD are maintained.
- Provide a link for charitable organisations and recognised support groups.
- Ensure good patient care through providing responses on behalf of the BSPED to government organisations regarding matters pertaining to the clinical care of DSD patients.

We will be looking to have a **co-chair** and **SIG-coordinator** in a voluntary capacity to help facilitate things moving forward who will in-turn take on the role of chair and co-chair. If you are interested in applying for either position, please contact Skae Mars at **Mars.Skae@mft.nhs.uk**

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

2021-2022 Annual endocrinology and diabetes meetings

- [Society for Endocrinology BES](#): 8-10 November, Edinburgh
 - [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): 24-26 November 2021 (online)
 - [European Society of Endocrinology ECE 2022](#): 21-24 May 2022, Milan, Italy
 - [ENDO 2022](#): 11-14 June 2022, Atlanta, Georgia
-

11th International Symposium on Diabetes, Hypertension, Metabolic Syndrome and Pregnancy

10-14 November 2021, Dubai

Join us in Dubai, United Arab Emirates, for the 11th edition of the DIP Symposium; a thriving congress bringing together an international community of Maternal Fetal and Neonatal medical specialists.

<http://dip.comtecmed.com/>

World Endocrine & Obesity Conference

19-20 November 2021, Bangkok

Theme: Endocrine Care through Innovation and Discovery

<https://endocrine.episirus.org/>

Paediatric Endocrine Nurse (PENS) webinar session - Challenges with managing GHD

26 November 2021, Online

Challenges with managing GHD webinar from Novo Nordisk, endorsed by BSPED. 1-2pm.

Save the date – more information coming soon.

Hypoglycaemia / Hyperinsulinism Study Day (Virtual)

Organised by NORCHI (RMCH & AHCH) and GOSHCHI centres.

Date: 8th December 2021

Time: 8.50 - 16.40

To view the programme and register for the event please follow this link:

<https://www.eventbrite.co.uk/e/hypoglycaemia-hyperinsulinism-study-day-virtual-event-tickets-191589668857>

Update in Obstetrics, Gynecology and Reproductive Medicine

~~4-5 November 2021, Barcelona~~ Postponed until 2022

Unfortunately, at this time, COVID-19 still remains prominent in the public health sphere. Therefore, as the safety and well-being of all of the Dexeus Forum's participants, faculty and staff are our highest priority, we believe it is best to postpone the congress to a later date.

The Dexeus Women's Health Foundation has decided to postpone its 45th International Forum focusing on issues in Women's Health to 2022.

The face-to-face 2022 Dexeus Forum will follow in the footsteps of the previous highly successful Forums and will update the current knowledge in Obstetrics, Gynecology and Reproductive Medicine with the key international opinion leaders in each field.

<http://dexeus.comtecmed.com/>

16th ACDC Annual Conference 2022

Next year's 2022 16th ACDC Annual Conference will be held at Conference Aston, Aston University Campus B74BL Birmingham on Friday, 4th February, 2022.

Please visit our website at <http://www.a-c-d-c.org/forthcoming-acdc-meetings/> to register to book your place via the Eventbrite link as tickets will be limited and on a first come first available basis- <https://www.eventbrite.co.uk/e/16th-acdc-annual-conference-tickets-162895798719>

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.
 If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

BSPED
 c/o Bioscientifica Ltd
 Starling House,
 1600 Bristol Parkway North,
 Bristol, BS34 8YU
bsped@endocrinology.org
 Tel: 01454 642258

The BSPED would like to thank the following benefactors for their generous support this year:

Partner	Gold	Silver	Bronze
 	<p>Alexion</p>   		<p>❖ Abbott</p> <p>❖ Insulet</p> <p>❖ Sanofi Diabetes</p>