



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED August 2021



48th BSPED Annual Meeting - BSPED 2021

We are looking forward to welcoming you to the 48th BSPED Annual Meeting, which will be held virtually on **24-26 November 2021**.

Registration for the 48th BSPED Online Meeting is now open!

Join with peers from across the United Kingdom and beyond for three days of the very best clinical and scientific content.

Our conference platform will allow you to engage with fellow attendees, helping to bridge the gap between physical and virtual attendance.

Registration is required for all participants. Early Bird registration fees are offered at a discounted rate and BSPED members benefit from reduced registration fees.

Register now and save on the cost of attendance! Discounts are available until **Thursday 7 October 2021 (23:59 BST)**.

CME Day (Wednesday) Registration Rates

	Early Bird Registration until 7 October 2021 (23:59 BST)	Late Registration 8 October 2021 – 26 November 2021 (23:59 GMT)
CME Day - Member	£50	£70
CME Day - Non-Member	£120	£145

Main Meeting (Thursday and Friday) Registration Rates

	Early Bird Registration until 7 October 2021 (23:59 BST)	Late Registration 8 October 2021 – 26 November 2021 (23:59 GMT)
Clinician Member	£120	£130
Clinician Non-Member	£250	£265
Clinical Trainee Member	£90	£100
Clinical Trainee Non-Member	£165	£180
Concessionary Member	£45	£55
Concessionary Non-Member	£100	£110
Student Member	£45	£55
Student Non-Member	£100	£110
Day Delegate Member	£80	£85
Day Delegate Non-Member	£150	£170

INFORMATION FOR SPECIFIC RATES:

- **Clinician** rates includes Consultants and Specialists with a Full or Non-Consultant membership
- **Clinical Trainee** rates include doctors practising at any stage between graduation and completion of specialist postgraduate training with an Early-Career membership
- **Allied Health Professional** rates include Nurses, Scientists & Dieticians with a Full or Mid-Career membership
- **Student/Concession** rates include Undergraduates or full-time Masters students in an Allied, Nursing or undifferentiated clinical trainee field with a Student membership and Full members who are retired from full time employment and all clinical practice with a Retired membership

This year's programme comprises of a wealth of leading-edge science from across the breadth of paediatric endocrinology. Join your colleagues and our eminent speakers for three days of world-class science.

This year's programme includes:

- Specially curated content for Diabetes, Nurses and endocrine professionals
- 2020 and 2021 Awards sessions
- The James M Tanner Award
- Oral communications
- Sponsored Meet the Expert talks
- Sponsored Satellite Symposia

[View the programme](#) to find out more.

We look forward to connecting with you at the BSPED 2021 Online Meeting.

News from the BSPED Office

Research and Innovation Awards 2021 – applications open

Applications for the [2021 BSPED Research and Innovation Awards](#) are open, with a deadline of **7 September**.

This year, there will be **two BSPED Research and Innovation Awards granted up to a maximum of £20,000 each**. The total amount for each grant can be allocated to one recipient or split between 2 or more projects.



The BSPED welcomes applications for projects that are intended to:

1. Promote and support academic research by its members by providing funding to:
 - Obtain preliminary data which will support an external funding application
 - Conduct a small project or
 - Purchase equipment
2. Promote and support surveys of rare diseases
3. Promote and support surveys of clinical innovations
4. Promote and support educational projects

The BSPED strongly encourages any BSPED member to submit a proposal including nurses, research fellows, specialist trainees, DGH consultants, allied health professionals and Clinical Networks.

We look forward to receiving your [applications](#), which should be submitted to Awards Committee Chair Professor [Helen Storr](#) by **7 September** (5pm BST).

BSPED Paediatric Endocrine and Diabetes Nurse and Allied Health Professionals Award 2021 – applications open

Applications are now open for this year's [BSPED Paediatric Endocrine and Diabetes Nurse and Allied Professionals Award](#). The purpose of the award is to reward and support an innovative development or initiative within the paediatric endocrine or diabetes settings. Applicants can be nurses or allied health professionals working in either of these fields and **there are two awards available this year**.



You could win £1000 towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine or diabetes diagnoses.

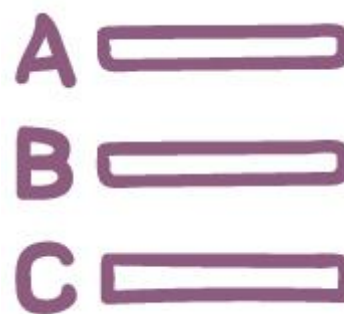
For more information, please [see the BSPED website](#) and submit your applications to the BSPED Office by **7 September** (5pm BST).

New Benefactor Resource Library

Head to the [BSPED Members' Area online](#) to find additional information, resources, promotional material and educational content from our benefactors in our Benefactor Resource Library.

All content is provided by our industry benefactors and any views expressed are not those of the BSPED.

More content is being added, so be sure to check back.



BSPED Byelaws – for information

The byelaws (or rules) of the BSPED have recently been reviewed and slightly updated by the Executive Committee. This was mainly to reflect the updated membership categories and the fact that all BSPED members will be asked to renew their membership within three months of the due date each year rather than six, to ensure membership records are up to date. Honorary members are now voting members and we have also made provision for virtual AGMs, in circumstances such as those we have experienced over the past year. [The current byelaws can always be found on the BSPED website.](#)

Get all the latest endocrine news



Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.

Trainee Update

BSPED Trainee Mailing List and Noticeboard

We send regular email updates on courses, job opportunities and information on training to trainees who are on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email bspedtraineeep@gmail.com for further details of how to join or if you have feedback on any training issues.

Do you want to be the next trainee representative for the BSPED / RCPCH Diabetes & Endocrinology CSAC?

James will be stepping down from his role on the CSAC at the Virtual ARTE in October. We will shortly be advertising the role and would encourage all GRID trainees to consider applying. Details will be on the College website (www.rcpch.ac.uk/membership/nominations-college-posts/csacs).

Awards, Achievements and Appointments

It's been great to hear that so many trainees are presenting at ESPE this year. In particular, congratulations to Sinead Byrne, Kate Hawton, Julie Park and Nikolina Kyprianou who have all been awarded oral presentations. Good luck to you all and we look forward to seeing them in September.

Virtual Paediatric Endocrine Teaching (VPET)

The VPET sessions are continuing to run twice a month. If you would like to be added to the VPET mailing list or would like further information, please email vpnet.trainees@gmail.com.

If you know of other online sessions being run that trainees can join, please email us at bspedtraineeep@gmail.com with the details and we can add them to the online Trello noticeboard.

Do you want to be the first BSPED / RCPCH Spin Diabetes CSAC Trainee Representative?

As Diabetes is currently one of the largest SPIN modules we have created a new trainee representative role to ensure that SPIN Trainees views and opinions are heard. We will shortly be advertising the role and would encourage all SPIN trainees to consider applying. Details will be on the College website (www.rcpch.ac.uk/membership/nominations-college-posts/csacs).

Law & Rachel Boal

BSPED/ RCPCH CSAC Trainee Representatives bspedtraineeep@gmail.com

-----James

News from the Clinical Committee

British Paediatric Surveillance Unit (BPSU) – Member recruitment

An opportunity has arisen to apply for this BPSU role. The BPSU is keen to ensure that the Scientific Committee is representative of the paediatric workforce and draws of the range of skills and expertise available from clinicians throughout UK and from across specialties. This committee is responsible for providing reviewing, approving, and advising applications from investigators, including the design and conduct of studies and guiding and monitoring the operation of the reporting system.



The main responsibility of the Committee Member will be to attend and support the Scientific Committee. This includes peer review, methodological contribution to and approval of study applications, selection of the annual Sir Peter Tizard Bursary awards, contribution to the working of the committee and promotion of the aims and objectives of the BPSU.

Further information is available at: <https://www.rcpch.ac.uk/get-involved/volunteering/nominations-college-posts-health-policy-research-roles>

ACDC Committee Members call for Application

If you are a passionate clinician looking after children with diabetes, and interested in this position, please send your 1-page CV and a statement to ACDC Chair, May Ng may.ng@nhs.net, outlining why you are interested in this position and the skills and expertise you could contribute to ACDC. There will be 3 vacancies available due to end of term for some of our committee members.

The closing date for the application is September 30th 2021. Shortlisted candidates will be invited to an online interview panel on the 12th November 2021 at 2pm. Successful candidates will be expected to attend the ACDC Annual AGM and the Annual Conference AGM meeting on the 4th February 2022.

DMD NorthStar guideline and patient leaflets, endorsed by BSPED

- The Bone and Endocrine Working Group of the DMD Care UK project produced these recommendations after consultation and input from NorthStar specialists from across the UK network, members of the British Paediatric and Adolescent Bone Group and then further endorsement by the BSPED. [Please view and download the recommendations here.](#)
- DMD Care UK have developed leaflets on 'Adrenal Insufficiency' and 'Puberty and Testosterone Treatment' for patients with Duchenne Muscular Dystrophy. [You can view and download them here.](#)

New guideline: GnRH Analogue Stimulation Testing to Investigate Precocious Puberty



This new guideline has been endorsed by the BSPED and [can be found here](#) on the BSPED website within the Guidelines section.

It is designed to outline the use of GnRH analogues for stimulation testing to investigate precocious puberty, in view of lack of availability of the gold standard recombinant gonadotropin-releasing hormone.

CCLG releases first in a series of guidelines to help with the management of rare childhood tumours

Children's Cancer and Leukaemia Group (CCLG) has published the first in a series of [new clinical guidelines](#) to support clinicians in managing the diagnosis, treatment and follow-up of a rare type of childhood tumour.

The full guideline, and a management summary, is now available on the CCLG website and also published in [The Lancet Child & Adolescent Health journal](#) at Cancer and Leukaemia Group (CCLG) is a leading national charity and expert voice for all childhood cancers.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

*Use of and comments regarding guidelines

BSPED guidelines have been commissioned and endorsed by the BSPED and reflect the Society's views on best practice for the majority of patients with that condition. However, each patient should be considered as an individual in the context of their condition and other medication and therefore the readers' discretion is required in the application of their use. Every effort has been made to ensure the factual accuracy of the contents but no liability can be accepted for any litigation, claims or complaints arising from the use of the guidelines.

If you have a query or comment, or would like to raise a concern regarding a BSPED guideline or any guideline on our website, please contact the **BSPED Office** who will ensure your message is passed to the BSPED Clinical Guidelines Officer and Clinical Committee.

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.



Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

2 September for the next Clinical Committee meeting.

Announcements

British Paediatric Surveillance Unit (BPSU) – Member Recruitment

The BPSU is recruiting members to its Scientific Committee, and is keen to ensure that the Scientific Committee is representative of the paediatric workforce and draws of the range of skills and expertise available from clinicians throughout UK and from across specialties.

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Paediatric Endocrinology Clinical Research Fellowship posts

Centre for Endocrinology, William Harvey Research Institute (WHRI), Barts and the London School of Medicine and Dentistry, Queen Mary University, London.

We are inviting expressions of interest from clinically qualified paediatricians in training who would like to apply for a period out-of-programme (OOP) from March or September 2022 to undertake a Clinical Research Fellowship in Paediatric Endocrinology at our Centre in London. These posts are suitable for highly motivated and enthusiastic trainees who intend to pursue a career in paediatric endocrinology and diabetes.

These posts encompass a fixed period of supervised translational research alongside tertiary clinical paediatric endocrinology training in our thriving clinical and academic centre. Successful candidates would be expected to register for a higher degree at Queen Mary University London (QMUL) during the fellowships.

Applicants must have GMC registration, be on a paediatric training programme, hold a paediatric National Training Number (NTN) and be eligible for a paediatric endocrinology National Grid training post. The salary will match the appropriate clinical SpR basic salary scale per annum inclusive of London Allowance, depending on the level of clinical experience.

For further information please contact: **Professor Helen Storr, Professor and Honorary Consultant in Paediatric Endocrinology** h.l.storr@qmul.ac.uk.

Consultant Paediatrician with interest in Diabetes and Endocrinology
Royal Aberdeen Childrens Hospital



NHS Grampian invites enthusiastic applicants for the post of Consultant Paediatrician with interest in Diabetes and Endocrinology.

The appointee will primarily contribute to the Paediatric Endocrine and Diabetes service for children based at the Royal Aberdeen Children’s Hospital (RACH). The post holder will join four other consultants in paediatric endocrine and diabetes service. This job is open to paediatricians with substantial knowledge and experience of working in Paediatric Endocrinology and Diabetes.

The service cares for a population of 330 children with diabetes offering a full selection of treatment options. A variety of general and subspecialty endocrine clinics are held locally some of which include network support. There are good opportunities for research supported by the Scottish Children Research Network and their staff.

The successful appointee will contribute to the acute paediatric on-call (1:10 rota) and also contribute to the Consultant-of-the-week rota (on average five weeks per annum). The programmed General Paediatric Clinic is to absorb the patient load from the Acute Paediatric commitments.

For informal enquiries contact Dr Amalia Mayo amalia.mayo@nhs.scot or Dr Craig Oxley craig.oxley@nhs.scot

The Novo Nordisk UK Research Foundation
2022 Call for Applications

Applications are now invited for research and education funding in diabetes for 2022, all awards are made on a competitive basis. Applicants are preferred to be working in a patient facing role but this is not an absolute requirement. The Foundation is an independent registered charity: 1056410, AMRC member and a NIHR partner. Awards will be announced in April 2022.

Research Fellowships – this award is open to all healthcare professionals (e.g. doctors, nurses, podiatrists, dieticians...) working in diabetes and wishing to undertake a PhD: 3 years full-time, 4 years full-time with MSc year 1, or 5 years part-time.

Grant Awards – small research project grants in diabetes up to £12,000 open to all applicants.

Closing date for Fellowship and Grant: 6 December 2021

Fund Awards – for nurses and allied healthcare professionals in diabetes care.

- Attendance at a national or international meeting (preference to those presenting their work) up to £1,000.
- A course of study up to £2,000.
- Clinical project up to £5,000.

Closing date for the Fund Awards: 2 February 2022

The volume and outcome relationship for thyroidectomy in England

A recently published paper written by members of the GIRFT endocrinology programme, the study finds that patients who receive thyroid surgery from high-volume surgeons have better outcomes.

The paper and its research, published in Langenbeck's Archives of Surgery, support our proposed recommendation for minimum surgical volumes. We hope that you will share this article with your peers, it is [available here](#).



New study release - Impact of millets on diabetes

A systematic review and meta-analyses on the impacts of millets on diabetes, this work has been led by our nutritionist, Dr Anitha and undertaken by scientists and professionals from seven organisations across four countries. Eighty studies were found on humans in regards to the impact of millets on diabetes. Sixty-five of these were eligible for deeper statistical analysis of their data.

In March this year the UN General Assembly approved 2023 as the International Year of Millets, which is expected to be the turning point for global attention to millets and especially to bring back millets as staples. This study is timely in helping identify how millets can help and be appropriately incorporated into diets and programs.

Read the [full article here](#).

DSD SIG Survey Results

Since the meeting in December, the SIG Survey has been carried out with the aim to develop the SIG further and appropriate ensure governance processes are in place.

Membership: Requests to extend the membership of the group to include more MDT members was discussed, it was felt this would be beneficial for the SIG, though all members would need to be members of the BSPED.

Please do invite members of your teams to join the SIG if they have BSPED membership as we may be able to create subgroups for interaction in the future.

Networks: On discussion, it was felt that the role of the SIG cannot be to develop networks but rather to develop the terms of reference for networks.

We will be aiming to work on these to have them formalised by the end of the year.

Meetings: There was a very positive response to the format of the last meeting hosted by Liz Crowne with particular interest in the cases that were presented, research updates and talks.

The next meeting will be organized by Zainab Mohammed from Birmingham, for September. Volunteers to host and organize future online, half day meetings on a quarterly basis are welcome.

Purpose of the SIG: Based on feedback from the survey and discussions, the role of the SIG moving forward at this time is to:

- Provide a platform for discussion of difficult and complex DSD cases.
- Provide a platform for education wherein trainees can gain exposure to learning around significantly complex DSD cases and case presentation.
- Network for research to share research ideas and updates.
- Feed into the peer review audit to ensure BSPED standards for DSD are maintained.
- Provide a link for charitable organisations and recognised support groups.
- Ensure good patient care through providing responses on behalf of the BSPED to government organisations regarding matters pertaining to the clinical care of DSD patients.

We will be looking to have a **co-chair** and **SIG-coordinator** in a voluntary capacity to help facilitate things moving forward who will in-turn take on the role of chair and co-chair. If you are interested in applying for either position, please contact Skae Mars at **Mars.Skae@mft.nhs.uk**

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

2021 annual endocrinology and diabetes meetings

- [European Society of Paediatric Endocrinology \(ESPE\)](#): 22-26 September 2021 (online)
 - [European Association for the Study of Diabetes \(EASD\)](#): 27 September – 1 October 2021 (Online)
 - [International Society for Pediatric and Adolescent Diabetes \(ISPAD\)](#): 13-15 October 2021 (Online)
 - [Society for Endocrinology BES](#): 8-10 November, Edinburgh
 - [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): 24-26 November 2021 (online)
 - [European Society of Endocrinology ECE 2022](#): 21-24 May 2022, Milan, Italy
 - [ENDO 2022](#): 11-14 June 2022, Atlanta, Georgia
-

EYES 2021 (ESE Young Endocrinologists and Scientists' annual meeting)

3-5 September 2021, Online

<https://sites.google.com/view/eyes2021/registration>

Novo Nordisk Paediatric Endocrinology Research Lecture Series (PERLS)

7 Sept 2021

The Novo Nordisk Paediatric Endocrinology Research Lecture Series (PERLS) aimed at Paediatric Endocrinologists and Trainees in Paediatric Endocrinology is a medical educational project and has the intent of creating a forum for discussing the latest research in the field of Paediatric Endocrinology.

The next live webinar is entitled '**Update on Turner and Noonan Syndrome**' and it will take place on Tuesday the 7th September 2021 from 17:00hr to 18:10hr.

To register, please click here

<https://attendee.gotowebinar.com/register/2751180819220119567>

This meeting is organised and fully funded by Novo Nordisk. Prescribing information and adverse event reporting will be available at this meeting

Medical and surgical intervention in the Klinefelter adolescent & young male patient

Date: Friday 3 September 2021

Time: 12.30pm - 5.30 pm

Location: Royal Society Medicine, 1 Wimpole Street, W1G 0AE

[Register here](#)

What's new in endocrinology and diabetes: The effects of COVID-19

Discounted series for SFE/ABCD members

Date: Wednesday 8 September 2021 to Friday 10 September 2021

Time: 4:30pm to 6:00pm GMT

[Register now](#) for all 3 webinars.

Price: Free for RSM members and special discount rates for SFE/ABCD members

Non-members: £10.00-£20.00 per webinar.

Oxford Endocrinology Masterclass 2021

23 September 2021, Oxford

Oxford Endocrinology Masterclass is a three year cycle covering the whole spectrum of endocrinology which is ideal for Specialist Registrars.

<https://www.eventbrite.co.uk/e/oxford-endocrinology-masterclass-2021-tickets-150190912061>

ESPE Science Symposium: 'Congenital adrenal hyperplasia: from molecular medical research to clinical application'

29-30 October 2021, Netherlands

The ESPE science symposium aims to promote the development of an interactive network between clinicians and researchers, helping to reduce the gap between research and patient care. It will also provide the means to disseminate new scientific knowledge in the community of paediatric endocrinology.

Its focus will be '**Congenital adrenal hyperplasia: from molecular medical research to clinical application**' and it will be supported by the Endo-ERN and the ESPE DSD Working Group.

The symposium will consist of interactive lectures by renowned scientists in the field with the aim of covering the main topics in CAH. We invited top clinical and basic researchers from all over the world with main research focus on CAH. There will also be discussions and networking time in the group.
<https://www.espe-science-symposium-2021.com/>

Update in Obstetrics, Gynecology and Reproductive Medicine **4-5 November 2021, Barcelona-Postponed until 2022**

Unfortunately, at this time, COVID-19 still remains prominent in the public health sphere. Therefore, as the safety and well-being of all of the Dexeus Forum's participants, faculty and staff are our highest priority, we believe it is best to postpone the congress to a later date.

The Dexeus Women's Health Foundation has decided to postpone its 45th International Forum focusing on issues in Women's Health to 2022.

The face-to-face 2022 Dexeus Forum will follow in the footsteps of the previous highly successful Forums and will update the current knowledge in Obstetrics, Gynecology and Reproductive Medicine with the key international opinion leaders in each field.

<http://dexeus.comtecmed.com/>

11th International Symposium on Diabetes, Hypertension, Metabolic Syndrome and Pregnancy **10-14 November 2021, Dubai**

Join us in Dubai, United Arab Emirates, for the 11th edition of the DIP Symposium; a thriving congress bringing together an international community of Maternal Fetal and Neonatal medical specialists.

<http://dip.comtecmed.com/>

World Endocrine & Obesity Conference **19-20 November 2021, Bangkok**

Theme: Endocrine Care through Innovation and Discovery

<https://endocrine.episirus.org/>

Paediatric Endocrine Nurse (PENS) webinar session - Challenges with managing GHD 26 November 2021, Online

Challenges with managing GHD webinar from Novo Nordisk, endorsed by BSPED. 1-2pm.
Save the date – more information coming soon.

16th ACDC Annual Conference 2022

Next year's 2022 16th ACDC Annual Conference will be held at Conference Aston, Aston University Campus B74BL Birmingham on Friday, 4th February, 2022. Please visit our [website](#) at to register to book your place via the Eventbrite link as [tickets](#) will be limited and on a first come first available basis.

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.
If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

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The BSPED would like to thank the following benefactors for their generous support this year:

Partner	Gold	Silver	Bronze
 novo nordisk®  Pfizer Rare Disease	 MERCK  KYOWA KIRIN  SANDOZ A Novartis Division	 Diurnal	<ul style="list-style-type: none">❖ Abbott❖ Ferring Pharmaceuticals❖ Sanofi Diabetes