



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED December 2020

Season's Greetings

Thank you to all our members for your ongoing support of and involvement in the Society. 2020 has been a huge challenge for all and we have all had to adapt accordingly. However our committee members and colleagues have continued to deliver important information, education, guidelines and support to ensure our patients receive the very best possible care.

We look forward to resuming more of our activities in 2021, as appropriate, and wish you and your families a restful and healthy festive break.

SAVE THE DATE



Please save the date (20-22 October 2021) and keep an eye on the [website](#) for further details!

News from the BSPED Office

Opportunity: Digital and Information Officer on Clinical Committee

We have a vacancy for a BSPED member to join the Clinical Committee in May 2021, focusing on how BSPED's information and news is communicated. If you're a social media enthusiast and are passionate about disseminating important information in the field, we'd love to hear from you. As a member of the Clinical Committee you would be at the heart of BSPED's activities, whilst also posting and engaging via social media, having an overview of the website and liaising with the wider media as appropriate.



For more information please see the [vacancy on our website](#) or contact the BSPED Office. Application deadline: **1 March 2021**.

The vacancy has arisen due to the end of the extended term of office of Dr Neil Hopper.

ACCEA Awards 2021 - applications

Apply to the BSPED for citations by **19 February 2020**.

The Advisory Committee on Clinical Excellence Awards has opened its 2021 national awards round, with a closing date of 18th March 2021.

We expect the BSPED will be able to submit a limited number of citations in support of applicants from our members for new and renewal Bronze, Silver and Gold level Awards. This process is being managed for the BSPED by Tim Barrett. The entire BSPED process for receiving draft applications, assessing them and submitting citations to ACCEA will need to be complete well before the deadline for ACCEA applications.



Please use the application forms on the [ACCEA website](#) (open 7 December).

If you are planning to apply for a new national award, and would like a citation from the BSPED, please email your completed application form, together with a 250 word summary of why BSPED should support your application, to T.G.Barrett@bham.ac.uk, cc'ing the BSPED Office on bsped@endocrinology.org. This will help our BSPED panel to write your citation.

Please email your application by **Friday 19 February**. This will allow Tim time to circulate your application to a panel of members for scoring and ranking.

AGM minutes available

The 2020 annual general meeting of the British Society of Paediatric Endocrinology and Diabetes was held on 12 November 2020. Thank you to all of you who attended virtually. We heard a comprehensive round-up of developments from the Society and the field and minutes are now available in the [Members' Area of the BSPED website](#).



Get all the latest endocrine news

Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.

Trainee Update

Paediatric Regional Endocrinology Teaching and Training – Yorkshire (PRETT-Y) day

The next PRETT-Y (Paediatric Regional Endocrinology Teaching and Training - Yorkshire) day will be held virtually on Tuesday 26th Jan 2020. The topic will be 'Challenging Clinical Cases for the Paediatric Endocrinologist.' To register your interest and for details of the programme please email: elspethferguson@nhs.net.

Virtual Paediatric Endocrine Teaching (VPET)

The VPET sessions are continuing to run twice a month and now include journal club sessions replacing the previously WhatsApp Journal Club. If you know of other online sessions being run that trainees can join, please email us at bspedtrainerep@gmail.com with the details and we can add them to the online Trello noticeboard.

If you would like to be added to the VPET mailing list or would like further information please email vpet.trainees@gmail.com.

COVID and training including SPIN illustrations

The CSAC have looked at the Diabetes SPIN competencies document to provide additional examples of how competencies might be met during the COVID pandemic and this is now available on the BSPED website (under Training > General with an Interest (Secondary) Training). Competencies still need to be met but the CSAC will apply appropriate flexibility in how they are demonstrated. Similarly, for GRID trainees, we would encourage trainees to think broadly and flexibly about how competencies are met and demonstrated. If you have any concerns or questions, please speak to your supervisors initially or members of the CSAC (our contact details are on the Diabetes & Endocrinology CSAC section of the RCPCH website).

BSPED Trainee Mailing List and Noticeboard

We send regular email updates on courses, job opportunities and information on training to trainees who on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join or if you have feedback on any training issues.

James Law & Rachel Boal

BSPED/ RCPCH CSAC Trainee Representatives bspedtrainerep@gmail.com

News from the Clinical Committee

BSPED Peer Review

The Covid-19 pandemic has strained services throughout the UK. The BSPED paused the peer-review process earlier in the year, while waiting for the situation to improve. The Clinical Committee has now agreed to re-commence the peer review process, albeit in a virtual format. Part of the peer review will require the Centre to populate a form that is aligned to BSPED Standards of Care. The face to face component has now been replaced by a virtual platform (Zoom) meeting. The form is available from the BSPED Office and Centre guidance and training documents will be available shortly. **If you would like to be a peer reviewer or your Centre would like to be peer reviewed, please contact the BSPED office by 31 January 2021.**

Quick survey to complete: Access to CGM/Libre for patients without diabetes

The BSPED would be grateful if you can fill in this very brief (less than 2 min) survey on 'Access to Continuous Glucose Monitoring or Freestyle Libre Flash glucose monitoring for patients without diabetes'

https://docs.google.com/forms/d/e/1FAIpQLSdEmmPhN1HLIFjBImPzbcORNa2vnjHO5z6PmIR3ocu-9iMW4A/viewform?usp=sf_link

Revised NICE guidelines re DKA

The Clinical Committee of BSPED is aware that NICE has published its revised guidance on the management of Type 1 and Type 2 Diabetes in Children and Young People (CG 18) We are also aware that this revised NICE guidance differs from the current interim BSPED guidance on the website with respect to the fluid management of DKA.

The Clinical Committee plans to review this situation very quickly but does not feel that the current [BSPED DKA guidance](#) needs to be removed from the website while this review and revision takes place.

Call for expressions of interest: Paediatric Adrenal Insufficiency Guidelines, UK (PAIGUK)

The BSPED Clinical Committee invites interested clinicians to form a working group to develop paediatric adrenal insufficiency guidelines. The objective is to develop national guidance for the prevention and emergency management of children with adrenal insufficiency. This will initially be formed of a smaller core group of BSPED members ideally from different regions. The group will be chaired by the BSPED Clinical Committee. Please email the BSPED if you would be interested, along with a brief supporting statement (approx. 200 words) to bsped@endocrinology.org. The working group members will be selected by the Clinical Committee based on relevant expertise and to ensure geographical diversity. Deadline to express your interest in being part of this group: **31 December 2020.**



Paediatric Steroid Treatment Card for Adrenal Insufficiency

The BSPED Clinical Committee is pleased to announce that the Paediatric Steroid Treatment Card for Adrenal Insufficiency has been reviewed and updated. It provides a succinct steroid management plan for illnesses, emergency injections and blood sugar & electrolyte correction. It is available to [view or download from the website](#). Please encourage your patients to use this – BSPED is keen to encourage uniform practice and improve the care of children and young people with Adrenal Insufficiency.



Patient information leaflets

All BSPED patient leaflets have been reformatted and print versions made available. You can find all the available patient leaflets in the [Patient Information section of the BSPED website](#).

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Comments regarding guidelines

If you have a query or comment, or would like to raise a concern regarding a BSPED guideline or any guideline on our website, please contact the [BSPED Office](#) who will ensure your message is passed to the BSPED Clinical Guidelines Officer and Clinical Committee.

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

22 January for Clinical Committee meeting in **February 2021**

Announcements

The Novo Nordisk UK Research Foundation: 2021 Call for Applications

The Novo Nordisk UK Research Foundation is now inviting applications for research and education funding in diabetes for 2021. All awards are made on a competitive basis. Applicants are preferred to be working in a patient facing role but this is not an absolute requirement.

Fund for nurses and allied healthcare professionals:

Attendance at a national or international meeting up to £1,000

A course of study up to £2,000

Small clinical project up to £5,000

Deadline: 01 February 2021

For further information including guidelines and application forms please contact Jackie Shuttlewood: 01293 762009, email: ukresearchfoundation@novonordisk.com or download from the website:

www.novonordiskfoundation.org.uk

Further information can be found on the website.

The sole sponsor of the Foundation is Novo Nordisk Ltd.

Diurnal Early Career Investigator Award

The Early Career Investigator Award is intended to support clinicians and basic scientists to present their original work in the field of adrenal insufficiency at either ESPE or ECE. The award will cover the costs of preparing a poster (if applicable), as well as travel to the meeting and delegate registration. A limited number of awards is available each year, and all applications will be judged objectively by an independent panel. The next deadline for judging is 31 January 2021.

[View the Diurnal website for more information](#)

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

ACDC Diabetes Webinar Series October-January, Online

Due to significant challenges in light of COVID-19, a decision has been made to cancel the 15th ACDC Annual Conference in January 2021. In order to maintain continued professional development, **ACDC will host a series of diabetes webinars between October 2020 to January 2021 that can be accessed freely for 2 weeks** from the time the webinars are online. Please do visit <http://www.a-c-d-c.org/forthcoming-acdc-meetings/> to register and access the webinars.

11th International Symposium on Diabetes, Hypertension, Metabolic Syndrome and Pregnancy 21-21 April 2021, Greece

Join us in Thessaloniki, Greece, for the 11th edition of the DIP Symposium; a thriving congress bringing together an international community of Maternal Fetal and Neonatal medical specialists.

<http://dip.comtecmed.com/>

International Congress of Auxology 3-6 June 2021, Croatia

The congress will feature more than 15 scientific sessions covering current research in human growth from conception to maturity. The first 1000 days forms a natural initial focus along with the growth and development implications of infant feeding, exercise in childhood and adolescence, the effects of environmental pollution, and the diagnosis and treatment of growth disorders. For human biologists, anthropologists, educators, neonatologists, paediatricians, family practitioners and health workers dealing with all aspects of child and adolescent development this congress will be a great opportunity to review your current research and future directions.

<https://isga2020.conventuscredo.hr/>

IFCAH First Scientific Symposium Research Fund on Congenital Adrenal Hyperplasia 14 June 2021, Paris

IFCAH is pleased to welcome all researchers and clinicians to share experiences on IFCAH supported project.

<https://ifcah.com/ifcah-first-scientific-symposium-research-fund-on-congenital-adrenal-hyperplasia/>

Update in Obstetrics, Gynecology and Reproductive Medicine 4-5 November 2021, Barcelona

We are delighted to announce that The Dexeus Women's Health Foundation will host its 45th International Forum focusing on issues in Women's Health, to be held in Barcelona, Spain, on 4-5 November, 2021.

This Dexeus Forum will follow in the footsteps of the previous highly successful Forums and will update the current knowledge in Obstetrics, Gynecology and Reproductive Medicine with the key international opinion leaders in each field.

<http://dexeus.comtecmed.com/>

2020/21 annual endocrinology meetings

- [International Congress of Endocrinology \(ICE\)](#): 24-28 February 2021 (virtual congress)
- [23rd European Congress of Endocrinology \(e-ECE\)](#): 22-26 May 2021 (virtual congress)
- [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): Belfast, 20-22 October 2021

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

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The BSPED would like to thank the following benefactors for their generous support this year:

Partner	Gold	Silver	Bronze
			<ul style="list-style-type: none">❖ Abbott❖ Ferring Pharmaceuticals❖ Kyowa Kirin❖ Sanofi Diabetes