



British Society for
Paediatric Endocrinology
and Diabetes

BSPED September 2020

Covid-19

We hope you and your families are staying well, and wish everyone the very best as you manage a complex mix of priorities. While the evidence suggests that, fortunately, the virus has a milder impact on children, we of course encourage you all to stay up to date with and follow the latest information from the government and World Health Organisation. We have produced a [statement regarding Glucocorticoid replacement and COVID-19 infections](#) to guide in the management of patients with adrenal insufficiency and have also issued a [position statement on schools returning after COVID-19 for patients with diabetes](#).

SAVE THE DATE

BSPED 2021
20-22 OCTOBER 2021
ICC Belfast

Bridging
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From
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Together

48th ANNUAL MEETING

Registration for our Annual Meeting will open in January 2021, please save the date (20-22 October 2021) and keep an eye on the [website](#) for further details!

News from the BSPED Office

Clinical Committee vacancy: Diabetes Nurse and AHP Representative

Following feedback, we are opening up our new diabetes role on the Clinical Committee to Allied Health Professionals as well as nurses working in paediatric endocrinology.

If you'd like to represent diabetes nurses and AHPs in the [Clinical Committee's important work](#) and be involved in the development of guidelines and clinical resources, we'd love to hear from you.



Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more details, please [see the role profile](#) and contact the BSPED office if you would like any further information.

Applicants should send a completed [nomination form](#) and their CV, together with a max 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **2 November 2020**.

New BSPED Clinical Standards Officer appointed

We are pleased to announce that Dr Pooja Sachdev (Nottingham) has been appointed as the new BSPED Clinical Standards Officer on the Clinical Committee. She will take office in November. Thank you to Dr Sachdev and also to Dr Christina Wei who will be finishing her term of office in this role.

Next UK Virtual Paediatric Endocrine Group meeting

The first UK-VPEG was successfully organised on 24th July Friday with excellent feedback. The session was chaired by Dr Senthil Senniappan, Liverpool and Dr Sabah Alvi, Leeds. Several interesting and challenging cases were discussed from various endocrine units across the country. The next UK-VPEG is planned on 23rd October Friday between 2-4pm and will be chaired by Dr Senthil Senniappan, Liverpool and Dr Justin Davies, Southampton. Interesting cases should be submitted to uk.vpeg@gmail.com.



Senthil Senniappan

POC Chair, BSPED

BSPED AGM 2020 – to be held virtually

The 2020 Annual General Meeting of the BSPED will take place at **17:15-18:15 on Thursday 12 November virtually via an online link**. All members are welcome to attend and we look forward to updating you on the activities of the society.

The agenda and proxy form will be circulated by email to members at least one month prior to the meeting, with full papers and details for joining the meeting to follow. There are no Executive Committee elections being held this year.

Please note that only members who have paid their 2020 membership fee before the Annual General Meeting may vote during the meeting. All members should have received a unique link to Rapid Renewal (quick, secure online payment system) to renew, or you can [log in to your secure member area and renew online now](#).

New BSPED Thyroid Special Interest Group (Thyroid SIG)

Thyroid disorders are relatively common in paediatric endocrine practice but there are uncertainties regarding how best to investigate and manage a number of these conditions. The mission of the Thyroid SIG is to provide a forum for improving the knowledge of, management and outcomes of children with disorders of thyroid function in the UK and elsewhere.

The group hopes to focus on various groups of children including babies with congenital hypothyroidism, children with compensated hypothyroidism, Graves' disease as well as patients with rare disorders such as those affecting thyroid hormone transport. The SIG is open to anyone with an interest in this area including paediatric endocrinologists, endocrinologists, paediatricians 'with an interest', specialist nurses and laboratory scientists. The SIG will work closely with families and family support organisations.

Please contact Catherine Peters or Tim Cheetham if you are interested in being part of this group.

BSPED Special Interest Groups

Following approval of the new Thyroid SIG and Growth Disorders SIG, BSPED is now supporting its maximum number of six SIGs, in accordance with the [terms of reference](#).

To find out more about the BSPED's special interest groups or to get involved with one, [please visit our website for information](#).

Get all the latest endocrine news

Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.



Trainee Update

Annual Review for Trainees in Endocrinology

This year's ARTE, postponed from its usual May date, will be held virtually on 26th September with an excellent line-up covering topics of biochemistry, type 2 diabetes, thyroid disease, DSD and Noonan syndrome. All GRID trainees should have received an invitation and non-GRID trainees on our mailing list received details of how to request an invitation.

Virtual Paediatric Endocrine Teaching (VPET)

The VPET sessions are continuing to run twice a month and now include journal club sessions replacing the previously WhatsApp Journal Club. If you know of other online sessions being run that trainees can join, please email us at bspedtrainerep@gmail.com with the details and we can add them to the online Trello noticeboard.

If you would like to be added to the VPET mailing list or would like further information please email vpnet.trainees@gmail.com.

COVID and training including SPIN illustrations

Clearly COVID has had a significant impact on training for everyone, in one way or another. The CSAC have looked at the Diabetes SPIN competencies document to provide additional examples of how competencies might be met during the COVID pandemic and the document is now available on the BSPED website in the ['General with an interest training' section](#). Competencies still need to be met but the CSAC will apply appropriate flexibility in how they have been demonstrated. Similarly, for GRID trainees, we would encourage trainees to think broadly and flexibly about how competencies are met and demonstrated. If you have any concerns or questions, please speak to your supervisors initially or members of the CSAC (our contact details are on the Diabetes & Endocrinology CSAC section of the RCPCH website).

BSPED Trainee Mailing List and Noticeboard

We send regular email updates on courses, job opportunities and information on training to trainees who on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join or if you have feedback on any training issues.

James Law & Rachel Boal
BSPED/ RCPCH CSAC Trainee Representatives bspedtrainerep@gmail.com

News from the Clinical Committee

New guideline: A Practical Approach to the Self-Management of Diabetes as an Inpatient for Children and Young People Under 18 years

This new guideline, produced by the Association of Children's Diabetes Clinicians, has been endorsed by the BSPED and can be [found here](#).

Patient information leaflets

All BSPED patient leaflets have been reformatted and print versions made available. You can find all the available patient leaflets in the [Patient Information section of the BSPED website](#).

Clinical practice survey on Noonan Syndrome and related disorders

We are pleased to announce our collaboration with the **European Medical Education Initiative on Noonan Syndrome**. This initiative comprises a group of experts from different specialties across Europe and aims to raise awareness of this rare disorder, as well as related conditions, with the ultimate aim of improving patient care. The initiative was supported by an unrestricted grant from Novo Nordisk Europe A/S; Novo Nordisk will have no influence on any of the scientific content or material that will be generated as part of this project. In order to assess disease management across Europe and identify gaps in current clinical practice, the initiative has compiled a clinical practice survey on the diagnosis and management of diseases within the Noonan Syndrome phenotypic spectrum targeted at clinical geneticists, paediatric endocrinologists and paediatric cardiologists.

To contribute to this initiative, please complete the **clinical practice survey** at the following link: https://www.surveymonkey.de/r/EMEI_NoonanSyndromeSurvey. The survey should take ~15–20 min to complete. Please note that this survey will be closed on 25 Oct 2020. Thank you for supporting this important initiative!

DKA Guideline

An updated [guideline for the management of DKA in children and young people](#) is available, having been revised by the BSPED Special Interest Group in diabetic ketoacidosis following a series of meetings. The relatively limited evidence regarding the management of DKA has been reviewed. Where there is appropriate evidence these guidelines have been based on such evidence. For many aspects of the management of DKA the evidence base is limited and where there is limited evidence, consensus recommendations have been consolidated.



The DKA Flowchart and DSK Calculator are being updated in line with this reviewed guideline and will be available via the [BSPED Guidelines web page](#) soon.

Thank you to all involved in this project.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Comments regarding guidelines

If you have a query or comment, or would like to raise a concern regarding a BSPED guideline or any guideline on our website, please contact the [BSPED Office](#) who will ensure your message is passed to the BSPED Clinical Guidelines Officer and Clinical Committee.

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

21 October for Clinical Committee meeting in **November 2020**

Announcements

New BPSU Study on glucocorticoid adrenal suppression

A new 25 month surveillance study looking at the incidence of symptomatic adrenal suppression (AS) in children under 16 years of age arising because of current or previous Glucocorticoid (GC) therapy is about to begin in the UK and Ireland. Glucocorticoid induced AS will appear on the orange card in October 2020 (including cases seen in September 2020). If the diagnosis is awaiting confirmation, the child should still be reported.

This study will help to determine how many children and young people are affected by AS and adrenal crises because of GC medication. By documenting the number of cases of symptomatic AS and / or adrenal crisis in the UK and looking at the background to each event we hope to improve access to appropriate education for families and healthcare professionals. This should help to reduce the likelihood of patients developing symptoms due to AS in future.

[More information about the study is available in the flyer and protocol card here](#)

Vacancy: Consultant in paediatric endocrinology and diabetes (10pas) at Bristol Royal Hospital for Children

We invite applicants for a replacement full-time substantive consultant post in the Regional Paediatric Endocrinology and Diabetes services at Bristol Royal Hospital for Children, UHBristol, recognised by the European Reference Network as a specialised centre for both Rare Endocrine and Rare Bone disease.

The post holder will join the existing team of 3.6 full time consultants and endocrine MDT who deliver a comprehensive Specialist Paediatric Endocrinology services to the South West Region through a network of regional shared-care clinics, and the large paediatric diabetes MDT which includes an additional HEFC funded University of Bristol Consultant and 2 general paediatricians with an interest in diabetes. Bristol has the largest Paediatric Diabetes clinic in the UK (patient numbers=500).

The post-holder will also be involved in the development and delivery of the nationally commissioned, NCG funded complex Osteogenesis Imperfecta services and metabolic bone service. We maintain excellent links with our subspecialist and adult colleagues with specialist referrals, joint clinics, an evolving transition pathway and an active research programme.

The successful applicant will have a strong clinical commitment and have clinical, research and administrative skills that complement those of the existing team. Applicants must be eligible for full registration to practice with the GMC and hold or be within 6 months of CCST or equivalent in Paediatric Endocrinology and Diabetes SPIN. There are excellent facilities for personal development

Closing Date: 8th October 2020.

Interview Date: 29th October 2020.

Contact for further information : liz.crowne@uhbw.nhs.uk

[View the job advert](#)

Vacancy: Consultant in paediatric endocrinology and diabetes (10pas) at John Radcliffe Hospital, Oxford

Applications are invited to apply for the above post in the Department of Paediatric Endocrinology and Diabetes based at the Oxford Children's Hospital, John Radcliffe Hospital, Headington, Oxford and the Horton Hospital, Banbury. This is a new post created from amendments to the existing job plans of the current consultants.

The successful applicant will join a team of 3 substantive Consultants in paediatric endocrinology and diabetes. An additional Consultant in Paediatrics supports the diabetes service at the Horton Hospital. The post-holder's commitments will include the management of a range of endocrine and diabetes presentations, depending on the interests and experience of the candidate. Appropriate administrative support will be provided to support this post. Applicants should be on the Specialist Register for Paediatrics and/or paediatric endocrinology or be a Specialist Registrar within three months of their expected date of receipt of a CCT at the time of interview.

Closing Date: 25th October 2020

[View the job advert](#)

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

Inherited disorders of glucose homeostasis (controversies in hypoglycaemia) **13-15 October 2020, Manchester**

Hypoglycaemia and hypoglycorrachia are common in medicine. Failure to recognise a low blood or brain sugar and treat appropriately can lead to severe and permanent damage. This 2 day course for metabolic specialists and endocrinologists is aimed at exploring some of the more complex, primarily genetic causes, where either diagnosis or management is particularly challenging.

Each topic will take the form of a workshop where brief introductory talks to set the context will be followed by discussion of actual cases where they delegates have found either diagnosis or management has been difficult.

<http://www.rrd-foundation.org/en/course/inherited-disorders-glucose-homeostasis-controversies-hypoglycaemia/101>

ACDC Diabetes Webinar Series

Due to significant challenges in light of COVID-19, a decision has been made to cancel the 15th ACDC Annual Conference in January 2021. In order to maintain continued professional development, **ACDC will host a series of diabetes webinars between October 2020 to January 2021 that can be accessed freely for 2 weeks** from the time the webinars are online. Please do visit <http://www.a-c-d-c.org/forthcoming-acdc-meetings/> to register and access the webinars.

ESPE Connect Online **6-14 November 2020, online**

A dedicated ESPE task force has been drawing up a programme of informative sessions which, due to the exceptional circumstances this year, will be freely available online. These will be different from our full programme in Liverpool in May 2021 and have been developed to provide you with new scientific and clinically relevant information and an additional opportunity to engage with the paediatric endocrine community this year. Sessions will address different specialist and general topics and interactive Q&A sessions will also be included. [Visit the ESPE Connect Online website](#) for more information and to register.

New Developments and Controversies in the Management of Thyroid Cancer
9 December 2020, London

This is a multidisciplinary meeting which will interest surgeons, endocrinologists, oncologists, CNSs, AHPs and trainees.

https://uk.aesculap-academy.com/go/?action=AkadEventData&event_id=273184&evdate=3953621

11th International Symposium on Diabetes, Hypertension, Metabolic Syndrome and Pregnancy
21-21 April 2021, Greece

Join us in Thessaloniki, Greece, for the 11th edition of the DIP Symposium; a thriving congress bringing together an international community of Maternal Fetal and Neonatal medical specialists.

<http://dip.comtecmed.com/>

International Congress of Auxology
3-6 June 2021, Croatia

The congress will feature more than 15 scientific sessions covering current research in human growth from conception to maturity. The first 1000 days forms a natural initial focus along with the growth and development implications of infant feeding, exercise in childhood and adolescence, the effects of environmental pollution, and the diagnosis and treatment of growth disorders. For human biologists, anthropologists, educators, neonatologists, paediatricians, family practitioners and health workers dealing with all aspects of child and adolescent development this congress will be a great opportunity to review your current research and future directions.

<https://isga2020.conventuscredo.hr/>

IFCAH First Scientific Symposium Research Fund on Congenital Adrenal Hyperplasia
14 June 2021, Paris

IFCAH is pleased to welcome all researchers and clinicians to share experiences on IFCAH supported project.

<https://ifcah.com/ifcah-first-scientific-symposium-research-fund-on-congenital-adrenal-hyperplasia/>

Update in Obstetrics, Gynecology and Reproductive Medicine
4-5 November 2021, Barcelona

We are delighted to announce that The Dexeus Women's Health Foundation will host its 45th International Forum focusing on issues in Women's Health, to be held in Barcelona, Spain, on 4-5 November, 2021.

This Dexeus Forum will follow in the footsteps of the previous highly successful Forums and will update the current knowledge in Obstetrics, Gynecology and Reproductive Medicine with the key international opinion leaders in each field.

<http://dexeus.comtecmed.com/>

2020/21 annual endocrinology meetings

- [ISPAD 2020](#): 15-17 October (virtual)
- [Society for Endocrinology BES \(SfE\)](#): 16-20 November 2020 (now virtual)
- [International Congress of Endocrinology \(ICE\)](#): February 2021 (virtual congress)
- [European Society for Paediatric Endocrinology \(ESPE\)](#): Liverpool, 7-9 May 2021
- [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): Belfast, 20-22 October 2021

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

BSPED

c/o Bioscientifica Ltd

Starling House,

1600 Bristol Parkway North,

Bristol, BS34 8YU

bsped@endocrinology.org

Tel: 01454 642258

The BSPED would like to thank the following benefactors for their generous support this year:

Partner	Gold	Silver	Bronze
		 	<ul style="list-style-type: none">❖ Kyowa Kirin❖ Abbott❖ Sanofi Diabetes❖ Ferring Pharmaceuticals