



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED August 2020

Covid-19

We hope you and your families are staying well, and wish everyone the very best as you manage a complex mix of priorities. While the evidence suggests that, fortunately, the virus has a milder impact on children, we of course encourage you all to stay up to date with and follow the latest information from the government and World Health Organisation. We have produced a [statement regarding Glucocorticoid replacement and COVID-19 infections](#) to guide in the management of patients with adrenal insufficiency and have also issued a [position statement on schools returning after COVID-19 for patients with diabetes](#).

SAVE THE DATE

BSPED 2021
20-22 OCTOBER 2021
ICC Belfast

Bridging
Experience
Learning
From
Analysis
Succeeding
Together

48th ANNUAL MEETING

Registration for our Annual Meeting will open in January 2021, please save the date (20-22 October 2021) and keep an eye on the [website](#) for further details!

News from the BSPED Office

Last chance to apply: Clinical Committee vacancy: Diabetes Nurse Officer

We're looking for a new Diabetes Nurse Officer to join our Clinical Committee, to ensure that diabetes nursing is represented on the committee.

If you'd like to represent diabetes nurses in the [Clinical Committee's important work](#) and be involved in the development of guidelines and clinical resources, we'd love to hear from you.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more details, please [see the role profile](#) and contact the BSPED office if you would like any further information.

Applicants should send a completed [nomination form](#) and their CV, together with a max 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **2 September 2020**.



Last chance to apply: Clinical Committee vacancy: Clinical Standards Officer

The BSPED's Clinical Committee is at the forefront of standard-raising and clinical guidance in British paediatric endocrinology and diabetes. As Clinical Standards Officer on the Committee, you would undertake the [responsibilities of the BSPED Clinical Committee identified in the Terms of Reference](#) and specifically:

- Respond to any clinical standards queries received by the BSPED
- Consider and prioritise requests for new clinical standards from the BSPED membership
- Oversee the development of new clinical standards in paediatric endocrinology and diabetes
- Facilitate the internal and external peer review of developed standards according to the BSPED's policy
- Ensure the review of the BSPED clinical standards every 3-5 years.



Applications are requested for the position of BSPED Clinical Standards Officer, to take effect from the Clinical Committee meeting in November 2020 for a 3-year term of office. Please see the [role profile](#) or contact the BSPED office for more information.

Applicants should send a completed [nomination form](#) and their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **2 September 2020**.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

BSPED AGM 2020 – to be held virtually

The 2020 Annual General Meeting of the BSPED will take place on **Thursday 12 November virtually via an online link**. All members are welcome to attend and we look forward to updating you on the activities of the society.

The agenda, appendices, proxy form and details for joining the meeting will be circulated by email to members at least one month prior to the meeting. There are no Executive Committee elections being held this year.

Please note that only members who have paid their 2020 membership fee before the Annual General Meeting may vote during the meeting. All members should have received a unique link to Rapid Renewal (quick, secure online payment system) to renew, or you can [log in to your secure member area and renew online now](#).

New BSPED Thyroid Special Interest Group (Thyroid SIG)

Thyroid disorders are relatively common in paediatric endocrine practice but there are uncertainties regarding how best to investigate and manage a number of these conditions. The mission of the Thyroid SIG is to provide a forum for improving the knowledge of, management and outcomes of children with disorders of thyroid function in the UK and elsewhere.

The group hopes to focus on various groups of children including babies with congenital hypothyroidism, children with compensated hypothyroidism, Graves' disease as well as patients with rare disorders such as those affecting thyroid hormone transport. The SIG is open to anyone with an interest in this area including paediatric endocrinologists, endocrinologists, paediatricians 'with an interest', specialist nurses and laboratory scientists. The SIG will work closely with families and family support organisations.

Please contact Catherine Peters or Tim Cheetham if you are interested in being part of this group.

BSPED Special Interest Groups

Following approval of the new Thyroid SIG and Growth Disorders SIG, BSPED is now supporting its maximum number of six SIGs, in accordance with the [terms of reference](#).

To find out more about the BSPED's special interest groups or to get involved with one, [please visit our website for information](#).

Get all the latest endocrine news

Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.



Trainee Update

Annual Review for Trainees in Endocrinology

This year's ARTE, postponed from its usual May date, will be held virtually on 26th September. GRID trainees will receive an invitation shortly. Any remaining places will be offered to trainees with an interest in endocrinology who would require a short supporting letter from a local paediatric endocrinologist attached to their application. As previously, there will be opportunities for trainees to present interesting cases related to this year's topics of biochemistry, type 2 diabetes, thyroid disease, DSD and Noonan syndrome, selected from submitted brief abstracts (up to 200 words).

Virtual Paediatric Endocrine Teaching (VPET)

The VPET sessions are continuing to run twice a month and now include journal club sessions replacing the previous WhatsApp Journal Club. If you know of other online sessions being run that trainees can join, please email us at bspedtrainerep@gmail.com with the details and we can add them to the online Trello noticeboard.

If you would like to be added to the VPET mailing list or would like further information please email vpet.trainees@gmail.com.

BSPED Trainee Mailing List and Noticeboard

We send regular email updates on courses, job opportunities and information on training to trainees who on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join or if you have feedback on any training issues.

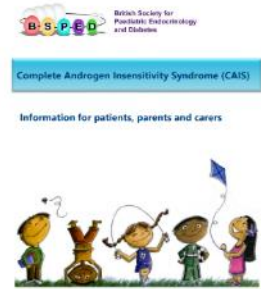
James Law & Rachel Boal

BSPED/ RCPCH CSAC Trainee Representatives bspedtrainerep@gmail.com

News from the Clinical Committee

New patient leaflet: Complete Androgen Insensitivity Syndrome

A [new patient information leaflet on the topic of Complete Androgen Insensitivity Syndrome](#) has been added to the BSPED website. This leaflet has been written by Pauline Musson, CNS at Southampton Children's Hospital and reviewed by the Clinical Committee, with acknowledgement and thanks for the contribution of Dr Julie Alderson, Consultant Clinical Psychologist. It is designed to give general information about CAIS and its treatment to parents and patients.



Patient information leaflets

All BSPED patient leaflets have been reformatted and print versions made available. You can find all the available patient leaflets in the [Patient Information section of the BSPED website](#).

BSPED Position Statement on schools returning after COVID-19 for patients with diabetes

As we begin to emerge from the lock-down that we have all been experiencing, children and families, alongside those who care for them, are turning their attention towards how we can safely return children back into school to recommence their learning. In [this statement](#) we have reiterated the advice that has already been published by the Royal College of Paediatrics and Child Health (RCPCH) about returning to school. We have taken that advice and considered it in relation to what this means for children and young people living with diabetes.

DKA Guideline

An updated [guideline for the management of DKA in children and young people](#) is available, having been revised by the BSPED Special Interest Group in diabetic ketoacidosis following a series of meetings. The relatively limited evidence regarding the management of DKA has been reviewed. Where there is appropriate evidence these guidelines have been based on such evidence. For many aspects of the management of DKA the evidence base is limited and where there is limited evidence, consensus recommendations have been consolidated.

The DKA Flowchart and DSK Calculator are being updated in line with this reviewed guideline and will be available via the [BSPED Guidelines web page](#) soon.



Thank you to all involved in this project.

BSPED statement on Glucocorticoid replacement and COVID-19 infections

Following a large number of enquiries received by centres earlier this year, the BSPED issued the following statement:

Children and young people who have hormone problems and in particular who are taking steroids (hydrocortisone, prednisolone, dexamethasone) because their adrenal glands do not work properly (steroid replacement therapy) are at no more risk of catching COVID-19 than other children.

However, it is very important that all medicines are given regularly and at the doses recommended by your doctor. Make sure you have got enough medicine at home, without stockpiling, and that you follow sick day rules if you /your child becomes unwell.

Further information is available at:

NHS: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

RCPCH: <https://www.rcpch.ac.uk/resources/covid-19-resources-general-public>

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Comments regarding guidelines

If you have a query or comment regarding a BSPED guideline, please contact the [BSPED Office](#) who will ensure your message is passed to the BSPED Clinical Guidelines Officer.

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

21 October for Clinical Committee meeting in **November 2020**

Announcements

An Academic Symposium in celebration of Dr Carlo Acerini

An Academic Symposium to celebrate the life and career of Carlo Acerini, comprising talks and recollections from Carlo's family, many friends and colleagues will be held on **Friday 11 September, 12.00-16.00 BST, online.**

Speakers: Dr Pauline Acerini, Professor David Dunger, Professor Ken Ong, Professor David Rowitch, Dr Tim Cheetham, Professor Robert Tasker, Dr Fiona Cooke, Professor Fergus Cameron, Professor Roman Hovorka, Professor Melissa Hines and Professor Ieuan Hughes.



[View further information and register](#)

The Advisory Committee on Clinical Excellence Awards is recruiting to its scoring sub-committees

We run the annual national Clinical Excellence Awards (CEA) competition. CEAs recognise and reward consultant doctors and dentists who provide clear evidence of clinical excellence, demonstrating achievements that are significantly over-and-above their job plan and what they would normally be expected to deliver in their roles. Consultants must put themselves forward for an award in competition with their peers.

Our 2020 competition was suspended to allow all concerned to focus on the COVID effort. As such, we expect 2021 to be a bumper year and we need your help. We would not be able to operate without the good work of our fifteen scoring sub-committees and over-330 scorers. This year, we want to increase committee membership.

Our volunteer scorers ensure that the right experience, external review and judgement is brought to the assessment of applications. Scorers have backgrounds in medicine, surgery, dentistry, and in a variety of other medical and non-medical professions. They understand the NHS and represent the lay and patient perspective.

Your core role as a sub-committee member would be to score around half of the applications for CEAs from consultants employed within the sub-committee region. By joining us, you will contribute to the outcome of the prestigious national Clinical Excellence Awards competition. CEAs reward consultant achievement in areas such as developing and delivering high quality services, leadership, research, innovation, teaching and training – activities that are of incalculable benefit to the NHS.

To enquire and request an application pack, please e-mail: aceca@dhsc.gov.uk

ACDC Diabetes Webinar Series

Due to significant challenges in light of COVID-19, a decision has been made to cancel the 15th ACDC Annual Conference in January 2021. In order to maintain continued professional development, **ACDC will host a series of diabetes webinars between October 2020 to January 2021 that can be accessed freely for 2 weeks** from the time the webinars are online. Please do visit <http://www.a-c-d-c.org/forthcoming-acdc-meetings/> to register and access the webinars.

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

Academic Symposium in celebration of Dr Carlo Acerini 11 September, online

An [Academic Symposium](#) to celebrate the life and career of Carlo Acerini, comprising talks and recollections from Carlo's family, many friends and colleagues will be held on **Friday 11 September, 12.00-16.00 BST, online**.

Please save the date in your diary and register via [this link](#) if you wish to join on the day. You will be emailed in due course with further details on how to access the online Symposium. For further information, please contact Vicky Stevens, Senior Secretary, Department of Paediatrics (vas47@medschl.cam.ac.uk).

Royal Society of Medicine: What's new in endocrinology and diabetes 2020? 21-23 September 2020, Webinars

This unique webinar in three parts will be a discussion with acknowledged experts in many different aspects of endocrinology and diabetes, covering hot topics and controversial issues, as well as practical management challenges. The coverage of controversial issues as well as practical real life management challenges are deliberately highlighted.

Meeting topics:

- Explore new publications from 2020 chosen by experts in their field
- New technology/investigational strategies
- How new guidance should inform our clinical practice
- Update on relevant treatment strategies

This meeting is held in association with **The Society for Endocrinology**.
<https://www.rsm.ac.uk/events/endocrinology-and-diabetes/2019-20/edn50/>

Inherited disorders of glucose homeostasis (controversies in hypoglycaemia) 13-15 October 2020, Manchester

Hypoglycaemia and hypoglycorrhachia are common in medicine. Failure to recognise a low blood or brain sugar and treat appropriately can lead to severe and permanent damage. This 2 day course for metabolic specialists and endocrinologists is aimed at exploring some of the more complex, primarily genetic causes, where either diagnosis or management is particularly challenging.

Each topic will take the form of a workshop where brief introductory talks to set the context will be followed by discussion of actual cases where they delegates have found either diagnosis or management has been difficult.

<http://www.rrd-foundation.org/en/course/inherited-disorders-glucose-homeostasis-controversies-hypoglycaemia/101>

ESPE Connect Online
6-14 November 2020, online

A dedicated ESPE task force has been drawing up a programme of informative sessions which, due to the exceptional circumstances this year, will be freely available online. These will be different from our full programme in Liverpool in May 2021 and have been developed to provide you with new scientific and clinically relevant information and an additional opportunity to engage with the paediatric endocrine community this year. Sessions will address different specialist and general topics and interactive Q&A sessions will also be included. [Visit the ESPE Connect Online website](#) for more information and to register.

POSTPONED
New Developments and Controversies in the Management of Thyroid Cancer
~~26 June~~ **9 December 2020, London**

This is a multidisciplinary meeting which will interest surgeons, endocrinologists, oncologists, CNSs, AHPs and trainees.

https://uk.aesculap-academy.com/go/?action=AkadEventData&event_id=273184&evdate=3953621

11th International Symposium on Diabetes, Hypertension, Metabolic Syndrome and Pregnancy
21-21 April 2021, Greece

Join us in Thessaloniki, Greece, for the 11th edition of the DIP Symposium; a thriving congress bringing together an international community of Maternal Fetal and Neonatal medical specialists.

<http://dip.comtecmed.com/>

POSTPONED UNTIL 2021
International Congress of Auxology
~~27-31 May 2020~~, **3-6 June 2021, Croatia**

The congress will feature more than 15 scientific sessions covering current research in human growth from conception to maturity. The first 1000 days forms a natural initial focus along with the growth and development implications of infant feeding, exercise in childhood and adolescence, the effects of environmental pollution, and the diagnosis and treatment of growth disorders. For human biologists, anthropologists, educators, neonatologists, paediatricians, family practitioners and health workers dealing with all aspects of child and adolescent development this congress will be a great opportunity to review your current research and future directions.

<https://isga2020.conventuscredo.hr/>

IFCAH First Scientific Symposium Research Fund on Congenital Adrenal Hyperplasia
14 June 2021, Paris

IFCAH is pleased to welcome all researchers and clinicians to share experiences on IFCAH supported project.

<https://ifcah.com/ifcah-first-scientific-symposium-research-fund-on-congenital-adrenal-hyperplasia/>

2020/21 annual endocrinology meetings

- [e-European Congress of Endocrinology \(ECE\)](#): 5-9 September 2020 (fully digital congress)
- [Society for Endocrinology BES \(SfE\)](#): 16-20 November 2020 (now virtual)
- [International Congress of Endocrinology \(ICE\)](#): February 2021 (virtual congress)
- [European Society for Paediatric Endocrinology \(ESPE\)](#): Liverpool, 7-9 May 2021
- [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): Belfast, 20-22 October 2021

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

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The BSPED would like to thank the following benefactors for their generous support this year:

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- ❖ **Kyowa Kirin**
- ❖ **Abbott**
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