



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED June 2020

Covid-19

We hope you and your families are staying well, and wish everyone the very best as you manage a complex mix of priorities. While the evidence suggests that, fortunately, the virus has a milder impact on children, we of course encourage you all to stay up to date with and follow the latest information from the government and World Health Organisation. We have produced a [statement regarding Glucocorticoid replacement and COVID-19 infections](#) to guide in the management of patients with adrenal insufficiency and have also issued a [position statement on schools returning after COVID-19 for patients with diabetes](#).

BSPED 2021



As you may be aware, the BSPED 2020 Meeting, which was due to take place in Belfast, was postponed due to the COVID-19 pandemic. We have been incredibly fortunate that the venue, the ICC, have been able to accommodate a new date for us. Therefore, we are delighted to invite you to the 48th Annual BSPED 2021 Meeting in Belfast, UK, from 20-22 October 2021. To confirm, the Manchester meeting, which was due to take place in 2021 is being rescheduled to 2022. The scientific programme that was developed for the 2020 meeting is in the process of being transferred over to 2021.

To acknowledge the host city for the meeting, the tagline for the meeting is:

*Bridging
Experience
Learning
From
Analysis
Succeeding
Together*

Registration for the meeting will open in January 2021. Please keep an eye on the website as it will be updated in due course. We look forward to being together once again!

If you have any questions in the meantime please don't hesitate to contact us at bsped@endocrinology.org.

News from the BSPED Office

New vacancy: Clinical Committee Diabetes Nurse Officer

We're looking for a new Diabetes Nurse Officer to join our Clinical Committee this autumn, to ensure that diabetes nursing is represented on the committee.

If you'd like to represent diabetes nurses in the [Clinical Committee's important work](#) and be involved in the development of guidelines and clinical resources, we'd love to hear from you.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more details, please [see the role profile](#) and contact the BSPED office if you would like any further information.

Applicants should send a completed [nomination form](#) and their CV, together with a max 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **1 September 2020**.



Clinical Standards Officer Vacancy

The BSPED's Clinical Committee is at the forefront of standard-raising and clinical guidance in British paediatric endocrinology and diabetes. As Clinical Standards Officer on the Committee, you would undertake the [responsibilities of the BSPED Clinical Committee identified in the Terms of Reference](#) and specifically:

- Respond to any clinical standards queries received by the BSPED
- Consider and prioritise requests for new clinical standards from the BSPED membership
- Oversee the development of new clinical standards in paediatric endocrinology and diabetes
- Facilitate the internal and external peer review of developed standards according to the BSPED's policy
- Ensure the review of the BSPED clinical standards every 3-5 years.



Applications are requested for the position of BSPED Clinical Standards Officer, to take effect from the Clinical Committee meeting in November 2020 for a 3-year term of office. Please see the [role profile](#) or contact the BSPED office for more information.

Applicants should send a completed [nomination form](#) and their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **1 September 2020**.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

UK Virtual Paediatric Endocrine Group – get involved

We would like to thank all the BSPED members who undertook the recent survey regarding a UK-wide virtual paed endo group (VPEG) for discussing complex cases and research developments. We have received an overwhelming response highlighting the need for a virtual forum especially that many meetings/conferences have been cancelled this year. UK-VPEG is a BSPED project and participation from all paediatric endocrine centers would be greatly appreciated. If you would like to present an interesting case or research development, please do email senthilkss@yahoo.co.uk

We are planning to start the first session towards the end of July and will circulate the final date/program soon.

Senthil Senniappan, BSPED POC Chair

New chair of the NIHR CRN, Diabetes UK and BSPED Clinical Studies Groups

May Ng has been appointed as the new chair of the Children’s Diabetes Clinical Studies Group, supported by NIHR CRN, Diabetes UK and BSPED. The Clinical Studies Group focused on endocrine conditions has also appointed Indi Banerjee as its interim chair. Thank you and congratulations to May and Indi. These groups are extremely important for driving forward research priorities in paediatric endocrinology and diabetes and we thank all of those involved.

Get all the latest endocrine news

Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.



BSPED Special Interest Groups

The BSPED is currently able to support two additional SIGs, in accordance with the [terms of reference](#).

A proposal for a new SIG may be made by any BSPED member, with written support from at least one other BSPED member. The proposer(s) must make a clear case for its establishment detailing: the need (and lack of existing body to meet this need), mission of the group, expected output of the group and expected longevity of the group. The proposal must be accompanied by at least one expression of interest for a potential coordinator of the group. Proposals should be sent to the [BSPED Office](#) for review by the Executive Committee and Clinical Committee Chair.

Trainee Update

Journal club and Virtual Paediatric Endocrine Teaching (VPET) merger

Following the successes of the WhatsApp Journal Club and VPET, we have decided to merge the Journal Club under the VPET umbrella, with the aim to continue to run two sessions a month. The format of the journal club will alter so it is presented over a video conference in the style of a traditional journal club and we will be looking at the possibility of recording the sessions to allow those who cannot join live to benefit later, like they could when it was on WhatsApp.

If you know of other online sessions being run that trainees can join, please email us at bspedtrainerep@gmail.com with the details and we can add them to the online Trello noticeboard.

If you would like to be added to the VPET mailing list or would like further information please email vpet.trainees@gmail.com.

Paediatric Diabetes Training Survey

If you are currently more than 6 months into SPIN or GRID diabetes training or have CCT'd in the last 5 years after completing SPIN, GRID or diabetes training post-CCT, you should have received an invite to complete a 'Paediatric Diabetes Training Survey' recently. We hope this feedback will help identify ways to improve Paediatric Diabetes Training here in the UK. *Please take a few minutes to complete the survey by the end of June if you have not already done so.*

Any specific training issues should continue to be raised through the usual pathways.

Invitation to join NIHR CRN, Diabetes UK and BSPED Clinical Studies Group

The BSPED Endocrine Clinical Studies Group has now reconvened and is hoping to build on the substantial work outlined by previous Chairs. There is an opportunity for two trainees in paediatric endocrinology with research interest to be part of the BSPED CSG. Potential applicants are encouraged to write to the [BSPED](#) with a 200 word paragraph registering their interest.

BSPED Trainee Mailing List and Noticeboard

We send regular email updates on courses, job opportunities and information on training to trainees who on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join or if you have feedback on any training issues.

James Law & Rachel Boal
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@gmail.com

News from the Clinical Committee

BSPED Position Statement on schools returning after COVID-19 for patients with diabetes

As we begin to emerge from the lock-down that we have all been experiencing, children and families, alongside those who care for them, are turning their attention towards how we can safely return children back into school to recommence their learning. In [this statement](#) we have reiterated the advice that has already been published by the Royal College of Paediatrics and Child Health (RCPCH) about returning to school. We have taken that advice and considered it in relation to what this means for children and young people living with diabetes.

DKA Guideline

An updated [guideline for the management of DKA in children and young people](#) is available, having been revised by the BSPED Special Interest Group in diabetic ketoacidosis following a series of meetings. The relatively limited evidence regarding the management of DKA has been reviewed. Where there is appropriate evidence these guidelines have been based on such evidence. For many aspects of the management of DKA the evidence base is limited and where there is limited evidence, consensus recommendations have been consolidated.



The DKA Flowchart and DSK Calculator are being updated in line with this reviewed guideline and will be available via the [BSPED Guidelines web page](#) very soon.

Thank you to all involved in this project.

BSPED GH Audit – final report

The BSPED National Growth Hormone (GH) audit was initiated at the start of January 2013 at 79 hospitals across the UK. The aim of the GH audit was to ensure uniformity in nationwide new GH prescribing and to encourage centres to adhere to NICE guidance for starting GH prescriptions. The GH Audit provided valuable insight into national GH prescribing practices and ensured steady NICE adherence through transparent reporting. Data from the first part of the GH audit was published as a manuscript in the [Archives of Disease in Childhood](#). This audit has now drawn to a close and has published a final report which you can read in the [members' area of the BSPED website](#). We appreciate your consistent support and compliance with the BSPED GH audit and would like to thank you for making this national project a success.

BSPED statement on Glucocorticoid replacement and COVID-19 infections

Following a large number of enquiries received by centres, the BSPED has issued the following statement:

Children and young people who have hormone problems and in particular who are taking steroids (hydrocortisone, prednisolone, dexamethasone) because their adrenal glands do not work properly (steroid replacement therapy) are at no more risk of catching COVID-19 than other children.

However, it is very important that all medicines are given regularly and at the doses recommended by your doctor. Make sure you have got enough medicine at home, without stockpiling, and that you follow sick day rules if you /your child becomes unwell.

Further information is available at:

NHS: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

RCPCH: <https://www.rcpch.ac.uk/resources/covid-19-resources-general-public>

BSPED paediatric endocrine peer review

In view of the Covid-19 pandemic, all BSPED peer reviews have been postponed and will be rescheduled at a later date. Peer review officer Indi Banerjee will be in touch with your centre as soon as it is safe and feasible to conduct the peer review. If you have any queries please contact Indi.Banerjee@cmft.nhs.uk or bsped@endocrinology.org.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website](#).

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit it to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

10 August for Clinical Committee meeting on 25 August 2020

Announcements



Endocrinology, Diabetes & Metabolism CASE REPORTS

[Endocrinology, Diabetes & Metabolism Case Reports](#) is an open-access journal, publishing international case reports on common and rare conditions in all areas of clinical endocrinology, diabetes and metabolism. BSPED endorses *Endocrinology, Diabetes & Metabolism Case Reports*. [Members get 25% off the costs of Article Publishing Charges](#).

[Have a case you want to publish?](#) Our easy to complete article template is designed for clinicians and nurses alike.

Here are a selection of the latest published cases:

[Milk-alkali syndrome: a 'quick ease' or a 'long-lasting problem'](#)

by Mawson Wang *et al.*

[Lingual thyroid gland: it's time for awareness](#)

by Nicolás Cruz-Dardíz *et al.*

[Hyponatremia presenting with hourly fluctuating urine osmolality](#)

by Raku Son *et al.*

[Subscribe to EDMCR to receive the latest published clinical cases](#)

Invitation from Sheffield

We have moved our departmental endocrine teaching onto a virtual platform (<https://www.sheffield.ac.uk/medicine/events>). We would like to invite other endocrine teams to join and access the live and recorded sessions. This novel format has enabled us to invite experts to speak on various clinical topics. Our departmental Paediatric Endocrine Teaching will usually take place on the 2nd Monday (15:00) and 4th Wednesday (16:00) of the month. For questions and suggestions, please contact Nils Krone (n.krone@sheffield.ac.uk) or Gillian Griffiths (g.l.griffiths@sheffield.ac.uk). If you would like to receive updates about live and recorded future sessions, please provide your email address using the following form (only two fields): https://docs.google.com/forms/d/e/1FAIpQLSff5PMLsuYyQKa88K15iP7UY-ROFmnwFig9LErFt3-6pj_eGQ/viewform?usp=sf_link

Paediatric Endocrinology Research Nurse post

Centre for Endocrinology, William Harvey Research Institute (WHRI), London.

We have an exciting new opportunity for a Paediatric Endocrine Research Nurse or study coordinator to take a lead role in the delivery of a childhood growth management program in East London. From September 2020 and for an initial period of 1 year, we are looking for a talented and motivated individual to lead on patient recruitment, clinical management, data collection and patient and public education for a novel approach to disorders of childhood growth. You will join an internationally acclaimed clinical academic group at the William Harvey Research Institute, Charterhouse Square in Smithfield, London with their interdisciplinary network of investigators.

For further information about the role please contact: **Dr Helen Storr, Academic Reader and Honorary Consultant in Paediatric Endocrinology**, h.l.storr@qmul.ac.uk. Further details about the Institute may be found at <http://www.whri.qmul.ac.uk>.

ACCEA Award renewal

Following [suspension of the 2020 national Clinical Excellence Awards competition](#), ministers have agreed to extend those awards that were due to be renewed in 2020 by one year

Extended awards will be due for renewal in the 2021 competition and renewable for 4 years.

National Clinical Excellence Award holders who were due to submit a renewal application in 2020, and whose award is due to expire on 1 April 2021, should complete the [online form](#). The form should take less than 5 minutes to complete.

Check your award's renewal year by [logging into your account](#) and clicking the 'My Award' tab.

Contact accea@dhsc.gov.uk if you need further help or advice.

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

MOVED ONLINE

Bone Research Society Annual Meeting 6-8 July 2020, Online

Welcome to BRS 2020 Online. We've been through unprecedented times over the last few months and like many other meetings, BRS2020 in Manchester has had to be postponed. But that hasn't stopped our community continuing to produce high quality science and connecting with each other to exchange ideas and knowledge.

BRS2020 Online will be a platform for this, focussing on the Oral Communications and posters, we will also have online satellite symposia from our Industry partners and hold the Rare Bone Disease workshop on the Monday evening.

We will also be holding a virtual AGM, please do attend if you are a BRS member.

We will be holding sessions over the course of the 3 days from 6 - 8 July 2020 covering:

- Rare Bone Disease
- Muscle and Bone
- Paediatric Bone
- Cancer and Bone
- Bone Health
- Basic Science

<https://boneresearchsociety.org/meeting/brs2020online/>

CANCELLED

10th Turner Syndrome International Conference 16-20 July 2020, Stirling University (TBC)

It is with great regret that, due to the Corona Virus- Covid 19 Pandemic, we have to announce that the TSI 2020 Conference is cancelled.

Many years of hard work by the TSI 2020 committee have gone into organising this event and after looking at a variety of options to postpone or reschedule, we are left very disappointed that cancellation has been our only option. Our first priority MUST be the health and wellbeing of all our Speakers, Delegates and Guests, and taking into consideration the complex needs we were catering for and the requirements of those with TS having to shield or requiring strict social distancing, we just could not find a suitable alternative.

We are not sure if we will be able to re-schedule the conference at some date in the future given the current situation with worldwide restrictions on social interaction, and that many of our speakers are required for frontline healthcare services. Hopefully, at a time when we understand what life will be like post Corona Virus - Covid 19 we can do something to allow us all to meet again.

<https://tss.org.uk/news/305-tsi-2020-conference-cancelled>

Royal Society of Medicine: What's new in endocrinology and diabetes 2020?

21-23 September 2020, Webinars

This unique webinar in three parts will be a discussion with acknowledged experts in many different aspects of endocrinology and diabetes, covering hot topics and controversial issues, as well as practical management challenges. The coverage of controversial issues as well as practical real life management challenges are deliberately highlighted.

Meeting topics:

- Explore new publications from 2020 chosen by experts in their field
- New technology/investigational strategies
- How new guidance should inform our clinical practice
- Update on relevant treatment strategies

This meeting is held in association with **The Society for Endocrinology**.

<https://www.rsm.ac.uk/events/endocrinology-and-diabetes/2019-20/edn50/>

Inherited disorders of glucose homeostasis (controversies in hypoglycaemia)

13-15 October 2020, Manchester

Hypoglycaemia and hypoglycorrhachia are common in medicine. Failure to recognise a low blood or brain sugar and treat appropriately can lead to severe and permanent damage. This 2 day course for metabolic specialists and endocrinologists is aimed at exploring some of the more complex, primarily genetic causes, where either diagnosis or management is particularly challenging.

Each topic will take the form of a workshop where brief introductory talks to set the context will be followed by discussion of actual cases where they delegates have found either diagnosis or management has been difficult.

<http://www.rrd-foundation.org/en/course/inherited-disorders-glucose-homeostasis-controversies-hypoglycaemia/101>

POSTPONED

New Developments and Controversies in the Management of Thyroid Cancer

~~26 June~~ **9 December 2020, London**

This is a multidisciplinary meeting which will interest surgeons, endocrinologists, oncologists, CNSs, AHPs and trainees.

https://uk.aesculap-academy.com/go/?action=AkadEventData&event_id=273184&evdate=3953621

POSTPONED UNTIL 2021
International Congress of Auxology
27-31 May 2020, 3-6 June 2021, Croatia

The congress will feature more than 15 scientific sessions covering current research in human growth from conception to maturity. The first 1000 days forms a natural initial focus along with the growth and development implications of infant feeding, exercise in childhood and adolescence, the effects of environmental pollution, and the diagnosis and treatment of growth disorders. For human biologists, anthropologists, educators, neonatologists, paediatricians, family practitioners and health workers dealing with all aspects of child and adolescent development this congress will be a great opportunity to review your current research and future directions.

<https://isga2020.conventuscredo.hr/>

IFCAH First Scientific Symposium Research Fund on Congenital Adrenal Hyperplasia
14 June 2021, Paris

IFCAH is pleased to welcome all researchers and clinicians to share experiences on IFCAH supported project.

<https://ifcah.com/ifcah-first-scientific-symposium-research-fund-on-congenital-adrenal-hyperplasia/>

2020/21 annual endocrinology meetings

- [e-European Congress of Endocrinology \(ECE\)](#): 5-9 September 2020 (fully digital congress)
- [Society for Endocrinology BES](#): Harrogate, 16-18 November 2020
- [International Congress of Endocrinology \(ICE\)](#): February 2021 (virtual congress)
- [European Society for Paediatric Endocrinology \(ESPE\)](#): Liverpool, 7-9 May 2021
- [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): Belfast, 20-22 October 2021

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

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