



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED May 2020

Covid-19

We hope you and your families are staying well, and wish everyone the very best as you manage a complex mix of priorities. While the evidence suggests that, fortunately, the virus has a milder impact on children, we of course encourage you all to stay up to date with and follow the latest information from the government and World Health Organisation. We have also produced a [statement regarding Glucocorticoid replacement and COVID-19 infections](#) to guide in the management of patients with adrenal insufficiency.

Meanwhile, please find an announcement below regarding new dates for our annual meeting in Belfast.

BSPED new Annual Meeting date announced



In light of the current global outbreak of the novel COVID-19 virus, I want to send you my continued support and best wishes; I hope you, your colleagues and your families are staying healthy through this challenging period of uncertainty.

As you are aware, we recently took the decision to postpone the BSPED 2020 Annual Meeting, which was due to take place in November. We are delighted to be able to release the new dates of the Meeting, which will take place from

Wednesday 20 – Friday 22 October 2021 at the ICC in Belfast. Thank you for your patience and understanding whilst we confirmed the new dates and began transferring the scientific programme and other arrangements. We believe postponing the Meeting was the best decision regarding the health, safety, and well-being of our delegates, speakers, exhibitors and other stakeholders and we very much look forward to coming together again next year.

The BSPED Meeting, due to take place in Manchester, in 2021 will now take place in 2022 and the subsequent Meetings will similarly be pushed back. We would like to thank all of the future local convenors for their understanding about the impact the postponed Meeting has on the schedule.

For the latest updates, including details regarding registration and abstract submission, please keep an eye on our website, social media channels and the BSPED newsletter.

The BSPED Team has relocated to work from home, but continue to support our members and committees as before. Those of you needing further information are able to contact them by phone and email as usual.

Our thoughts and best wishes are with you all, and especially those working tirelessly to overcome the challenges presented at this unprecedented time.

Best wishes,
Justin Davies, BSPED Chair

News from the BSPED Office

Please note: Our DKA Guideline has been updated. Please see the [Clinical Committee section](#) for more information.

Clinical Standards Officer Vacancy

The BSPED's Clinical Committee is at the forefront of standard-raising and clinical guidance in British paediatric endocrinology and diabetes. As Clinical Standards Officer on the Committee, you would undertake the [responsibilities of the BSPED Clinical Committee identified in the Terms of Reference](#) and specifically:



- Respond to any clinical standards queries received by the BSPED
- Consider and prioritise requests for new clinical standards from the BSPED membership
- Oversee the development of new clinical standards in paediatric endocrinology and diabetes
- Facilitate the internal and external peer review of developed standards according to the BSPED's policy
- Ensure the review of the BSPED clinical standards every 3-5 years.

Applications are requested for the position of BSPED Clinical Standards Officer, to take effect from the Clinical Committee meeting in November 2020 for a 3-year term of office. Please see the [role profile](#) or contact the BSPED office for more information.

Applicants should send a completed [nomination form](#) and their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **1 September 2020**.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

New chair of the NIHR CRN, Diabetes UK and BSPED Clinical Studies Groups

May Ng has been appointed as the new chair of the Children's Diabetes Clinical Studies Group, supported by NIHR CRN, Diabetes UK and BSPED. The Clinical Studies Group focused on endocrine conditions has also appointed Indi Banerjee as its interim chair. Thank you and congratulations to May and Indi. These groups are extremely important for driving forward research priorities in paediatric endocrinology and diabetes and we thank all of those involved.

BSPED paediatric endocrine peer review

In view of the Covid-19 pandemic, all BSPED peer reviews have been postponed and will be rescheduled at a later date. Peer review officer Indi Banerjee will be in touch with your centre as soon as it is safe and feasible to conduct the peer review. If you have any queries please contact Indi.Banerjee@cmft.nhs.uk or bsped@endocrinology.org.

Get all the latest endocrine news

Did you know that the BSPED website displays a regularly updated feed of endocrine and paediatric endocrine news from across the media? Visit the BSPED home page or our [dedicated news page](#) to stay up to date with new developments. News from the BSPED is also displayed.



BSPED Special Interest Groups

The BSPED is currently able to support two additional SIGs, in accordance with the [terms of reference](#).

A proposal for a new SIG may be made by any BSPED member, with written support from at least one other BSPED member. The proposer(s) must make a clear case for its establishment detailing: the need (and lack of existing body to meet this need), mission of the group, expected output of the group and expected longevity of the group. The proposal must be accompanied by at least one expression of interest for a potential coordinator of the group. Proposals should be sent to the [BSPED Office](#) for review by the Executive Committee and Clinical Committee Chair.

Trainee Update

WhatsApp Journal club

BSEPD Trainee WhatsApp Journal Club have been extremely successful so far. We will be sending information out in the near future for the next session. If you would like to join future events, please email bspedtrainerep@gmail.com with your phone number and we will add you to the journal club group. Please be aware this will mean your phone number will be visible to all other members of the WhatsApp group.

Virtual Paediatric Endocrine Teaching (VPET)

The first two Virtual Paediatric Endocrine Teaching sessions took place on Zoom this month which worked really well. It is hoped that these twice monthly session will continue over the coming months. If you would like further information please email vpet.trainees@gmail.com.

Paediatric Diabetes Training Survey

In the next week a 'Paediatric Diabetes Training Survey' will be sent out to those who are or have completed diabetes training in the last 5 years. We hope this feedback will help identify ways to improve Paediatric Diabetes Training here in the UK.

The RCPCH will send out surveys to:

1. Those currently more than 6 months into SPIN or GRID diabetes training
2. Those who have CCT'd in the last 5 years be completing either SPIN, GRID or diabetes training post CCT.

Any specific training issues should continue to be raised through the usual pathways. Please do look out for the email. Please note **Friday 19th June 2020** is the deadline to respond to invitations.

New CSAC Training Advisor

We would like to welcome Dr Dinesh Giri, Bristol, as the new Paediatric Endocrinology and Diabetes CSAC Training Advisor.

BSPED Trainee Mailing List and Noticeboard being updated

We send regular email updates on courses, job opportunities and information on training to trainees who on our mailing list. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join or if you have feedback on any training issues.

James Law & Rachel Boal
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@gmail.com

News from the Clinical Committee

DKA Guideline

An updated [guideline for the management of DKA in children and young people](#) is available, having been revised by the BSPED Special Interest Group in diabetic ketoacidosis following a series of meetings. The relatively limited evidence regarding the management of DKA has been reviewed. Where there is appropriate evidence these guidelines have been based on such evidence. For many aspects of the management of DKA the evidence base is limited and where there is limited evidence, consensus recommendations have been consolidated.



The DKA Flowchart and DSK Calculator are being updated in line with this reviewed guideline and will be available via the [BSPED Guidelines web page](#) very soon.

Thank you to all involved in this project.

BSPED statement on Glucocorticoid replacement and COVID-19 infections

Following a large number of enquiries received by centres, the BSPED has issued the following statement:

Children and young people who have hormone problems and in particular who are taking steroids (hydrocortisone, prednisolone, dexamethasone) because their adrenal glands do not work properly (steroid replacement therapy) are at no more risk of catching COVID-19 than other children.

However, it is very important that all medicines are given regularly and at the doses recommended by your doctor. Make sure you have got enough medicine at home, without stockpiling, and that you follow sick day rules if you /your child becomes unwell.

Further information is available at:

NHS: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

RCPCH: <https://www.rcpch.ac.uk/resources/covid-19-resources-general-public>

Hydrocortisone Audit

Following a MHRA directive, the BSPED is has surveyed its members on the use of muco-adhesive buccal hydrocortisone in the treatment of Adrenal Insufficiency. Thank you to those who completed this survey. The Clinical Committee is currently reviewing the results report prior to circulation.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here.](#)

Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website.](#)

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

10 August for Clinical Committee meeting on 25 August 2020

Announcements



Endocrinology, Diabetes & Metabolism CASE REPORTS

[Endocrinology, Diabetes & Metabolism Case Reports](#) is an open-access journal publishing international case reports on common and rare conditions in all areas of clinical endocrinology, diabetes and metabolism.

BSPED officially endorses [Endocrinology, Diabetes & Metabolism Case Reports](#) due to its value in supporting clinicians with real world cases that our own members can utilise to improve their clinical care.

[BSPED members get 25% off the costs of Article Publishing Charges](#), further helping you support international medical education and clinical best practice through publishing your case.

Here is a selection of the latest published cases:

[Inhibin A as a tumor marker for primary bilateral macronodular adrenal hyperplasia](#)

by Rachel Wurth *et al.*

[Multiple endocrinological failures as a clinical presentation of a metastatic lung adenocarcinoma](#)

by Taieb Ach *et al.*

[Type B insulin resistance syndrome in a patient with type 1 diabetes](#)

by Åke Sjöholm *et al.*

[Myopathy secondary to empagliflozin therapy in type 2 diabetes](#)

by Frank Gao, Stephen Hall and Leon A Bach.

[A rare cause of severe Cushing's syndrome](#)

by Shamaila Zaman *et al.*

[Subscribe to EDMCR to receive the latest published clinical cases](#)

Invitation from Sheffield

We have moved our departmental endocrine teaching onto a virtual platform (<https://www.sheffield.ac.uk/medicine/events>). We would like to invite other endocrine teams to join and access the live and recorded sessions. This novel format has enabled us to invite experts to speak on various clinical topics. Our departmental Paediatric Endocrine Teaching will usually take place on the 2nd Monday (15:00) and 4th Wednesday (16:00) of the month. For questions and suggestions, please contact Nils Krone (n.krone@sheffield.ac.uk) or Gillian Griffiths (g.l.griffiths@sheffield.ac.uk). If you would like to receive updates about live and recorded future sessions, please provide your email address using the following form (only two fields): https://docs.google.com/forms/d/e/1FAIpQLSff5PmlsuYyQKa88K15iP7UY-ROFmnmwFiq9LErFt3-6pj_eGQ/viewform?usp=sf_link

Paediatric Endocrinology Research Nurse post

Centre for Endocrinology, William Harvey Research Institute (WHRI), London.

We have an exciting new opportunity for a Paediatric Endocrine Research Nurse or study coordinator to take a lead role in the delivery of a childhood growth management program in East London. From September 2020 and for an initial period of 1 year, we are looking for a talented and motivated individual to lead on patient recruitment, clinical management, data collection and patient and public education for a novel approach to disorders of childhood growth. You will join an internationally acclaimed clinical academic group at the William Harvey Research Institute, Charterhouse Square in Smithfield, London with their interdisciplinary network of investigators.

For further information about the role please contact: **Dr Helen Storr, Academic Reader and Honorary Consultant in Paediatric Endocrinology**, h.l.storr@qmul.ac.uk. Further details about the Institute may be found at <http://www.whri.qmul.ac.uk>.

An update from NICE

During this period of emergency, NICE has adapted its priorities to support the NHS, local authorities and the wider health and social care sector to tackle COVID-19. We will only publish guidance that is therapeutically critical or focused on COVID-19-related issues.

The stakeholders and advisory committees involved in the development of our guidelines include a large number of frontline staff. We know that their priority in this crisis is caring for patients. We do not want to draw them away from this vital work.

For this reason, we have cancelled all guideline committee meetings and we will not be publishing any draft or final guidelines until further notice (except for COVID-19 rapid guidelines – see below).

At present we are not able to confirm the revised timelines for each guideline. We will be in touch to provide further information as soon as possible. For more information in the meantime, please visit our dedicated webpage <https://www.nice.org.uk/covid-19>

We are working closely with NHS England and NHS Improvement to develop rapid guidelines on topics relevant to the management of COVID-19. These will be published weekly and will focus on a range of clinical settings.

In addition, we are producing rapid evidence reviews on medicines used to manage COVID-19 and its symptoms.

All of our COVID-19 guidelines and evidence reviews will be published on the NICE website. Enquiries about this work should be sent to nice@nice.org.uk

Meetings and courses

We have made every effort to check whether meetings have been postponed or cancelled due to Covid-19 and have updated the details below where possible. We would however recommend that you check with the website/organiser of any event you plan to attend this year.

POSTPONED

Bone Research Society Annual Meeting

~~6-8 July 2020~~ **28-30 June 2021, Manchester (+ online content July 2020)**

Those already registered for this year will be automatically carried over to these new dates unless you are unable to confirm your attendance, in which case, please contact us on events@boneresearchsociety.org and we can arrange a refund.

At BRS we realise how important it is for our community to remain in touch and communicate new science and data so we are also planning a programme of online content that can be viewed live during the original dates in July or on-demand at your convenience. BRS 2020 Online will give abstract authors the opportunity to present their posters or oral communications and other educational content where appropriate. We are still finalising this exciting programme and we will be in touch soon with more information and registration details.

If you should have any questions, please get in touch at events@boneresearchsociety.org otherwise, look after yourselves and we will be in touch soon with further information.

BRS meetings are renowned for their friendly atmosphere and networking opportunities, as well as their high quality and exciting science. The meeting will feature a broad-ranging programme with sessions on:

- Bone Mechanoadaptation
- Pathological Mineralisation
- Nutrition and the Gut
- Paediatric Bone
- New Approaches/Techniques
- Debate
- Charles Dent Lecture

Workshops:

- Mid Career / New Investigators
- Muscle and Bone
- Rare Bone Disease

<https://boneresearchsociety.org/meetings/#158>

CANCELLED

10th Turner Syndrome International Conference

16-20 July 2020, Stirling University (TBC)

It is with great regret that, due to the Corona Virus- Covid 19 Pandemic, we have to announce that the TSI 2020 Conference is cancelled.

Many years of hard work by the TSI 2020 committee have gone into organising this event and after looking at a variety of options to postpone or reschedule, we are left very disappointed that cancellation has been our only option. Our first priority MUST be the health and wellbeing of all our Speakers, Delegates and Guests, and taking into consideration the complex needs we were catering for and the requirements of those with TS having to shield or requiring strict social distancing, we just could not find a suitable alternative.

We are not sure if we will be able to re-schedule the conference at some date in the future given the current situation with worldwide restrictions on social interaction, and that many of our speakers are required for frontline healthcare services. Hopefully, at a time when we understand what life will be like post Corona Virus - Covid 19 we can do something to allow us all to meet again.

<https://tss.org.uk/news/305-tsi-2020-conference-cancelled>

Royal Society of Medicine: What's new in endocrinology and diabetes 2020? **14 September 2020, London**

This unique meeting will focus on examining the most recent updates in endocrinology and diabetes in 2020.

This intimate and informal event was tailored to enable discussion with acknowledged experts in many different aspects of endocrinology and diabetes, covering hot topics and controversial issues, as well as practical management challenges.

Meeting topics:

- Explore new publications from 2020 chosen by experts in the field
- New technology/investigational strategies
- How new guidance should inform our clinical practice - When to start and stop treatments
- Update on relevant treatment and investigational strategies
- Special situations (eg adolescence)
- New guidelines on commonly seen endocrine situations

<https://www.rsm.ac.uk/events/endocrinology-and-diabetes/2019-20/edn03/>

Inherited disorders of glucose homeostasis (controversies in hypoglycaemia) **13-15 October 2020, Manchester**

Hypoglycaemia and hypoglycorrhachia are common in medicine. Failure to recognise a low blood or brain sugar and treat appropriately can lead to severe and permanent damage. This 2 day course for metabolic specialists and endocrinologists is aimed at exploring some of the more complex, primarily genetic causes, where either diagnosis or management is particularly challenging.

Each topic will take the form of a workshop where brief introductory talks to set the context will be followed by discussion of actual cases where they delegates have found either diagnosis or management has been difficult.

<http://www.rrd-foundation.org/en/course/inherited-disorders-glucose-homeostasis-controversies-hypoglycaemia/101>

POSTPONED

New Developments and Controversies in the Management of Thyroid Cancer

~~26 June~~ 9 December 2020, London

This is a multidisciplinary meeting which will interest surgeons, endocrinologists, oncologists, CNSs, AHPs and trainees.

https://uk.aesculap-academy.com/go/?action=AkadEventData&event_id=273184&evdate=3953621

POSTPONED UNTIL 2021

International Congress of Auxology

~~27-31 May 2020~~, 3-6 June 2021, Croatia

The congress will feature more than 15 scientific sessions covering current research in human growth from conception to maturity. The first 1000 days forms a natural initial focus along with the growth and development implications of infant feeding, exercise in childhood and adolescence, the effects of environmental pollution, and the diagnosis and treatment of growth disorders. For human biologists, anthropologists, educators, neonatologists, paediatricians, family practitioners and health workers dealing with all aspects of child and adolescent development this congress will be a great opportunity to review your current research and future directions.

<https://isga2020.conventuscredo.hr/>

2020/21 annual endocrinology meetings

- [e-European Congress of Endocrinology \(ECE\)](#): 5-9 September 2020 (fully digital congress)
- [Society for Endocrinology BES](#): Harrogate, 16-18 November 2020
- [International Congress of Endocrinology \(ICE\)](#): February 2021 (virtual congress)
- [European Society for Paediatric Endocrinology \(ESPE\)](#): Liverpool, 7-9 May 2021
- [British Society for Paediatric Endocrinology & Diabetes \(BSPED\)](#): Belfast, 20-22 October 2021

See more meetings and Courses on the [Other Meetings](#) page on the BSPED website.

If you have any meetings, courses or events that you'd like to add to this page, please [submit them for review here](#).

Sent by the BSPED Office

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