



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED September 2019



The countdown to the BSPED Annual Meeting 2019 is on, taking place in Cardiff from 27-29 November 2019!

The **early bird deadline** is **Thursday 10 October 2019**, [register now](#) to avoid missing out on reduced registration rates!

We hope you can join us in Cardiff for 3 days of lectures, symposia and workshops covering the latest research and recent developments in the field of paediatric endocrinology and diabetes.

Programme highlights:

NEW FOR 2019 - SPECIAL DKA SYMPOSIUM

Set a reminder to attend the special *Management of Diabetic Ketoacidosis (DKA) - Evidence and Consensus recommendations for the proposed revision to BSPED Guidelines* session on Thursday 28 November at 07.45-08.45. Diabetic Ketoacidosis (DKA) remains a life threatening acute complication of type 1 diabetes in children and young people. Several national and international guidelines exist for managing patients presenting with DKA with often conflicting advice with regards to fluid volumes and insulin doses. This symposium will explore recent international evidence and the development of a new BSPED guideline based on trials where they exist and consensus where not.



JAMES TANNER PRIZE SESSION

This is a new award launched at the 46th Annual BSPED meeting in Birmingham, November 2018. This award acknowledges many facets including excellence in leadership, scientific research excellence, teaching and mentorship. It is the most prestigious BSPED award and is given in recognition of an outstanding overall contribution to the field of paediatric endocrinology and diabetes. The James Tanner Prize winner will be announced and will give a presentation on Thursday 28 November 2019 at 16:30.

THE DEBATE

The ever popular debate session is set to return in 2019. Dr Rachel Besser (Oxford, UK) and Dr Anuja Natarajan (Doncaster, UK) will contest the statement "This House believes that continuity of care with doctors underpins optimal diabetes management in children and young people with diabetes". This session will take place on as part of the Diabetes Professionals Day on Thursday 28 November 2019 at 14:30-15:30.

THE INQUISITOR SESSION

The "Inquisitor session" is also returning, with Professor Mehul Dattani (London, UK) fielding questions from Dr Tim Cheetham (Newcastle, UK) on a variety of "grey" clinical scenarios. Come along for your opportunity to witness what promises to be a very interesting session, on Thursday 28 November 2019 at 14:30-15:30 as part of the Endocrine Main Meeting.

Take a look at the [full programme](#) to see what else we have planned for this year's meeting.

Twitter Photo competition

Whilst at BSPED this year, enter the BSPED 2019 Twitter photo competition for your chance to win a £20 Amazon voucher, by sharing your best picture and caption from the Meeting using the #BSPED2019. Please remember, permission should be sought from people in the photos before they are uploaded onto Twitter.

Conference dinner – with entertainment!

The conference dinner will this year be held at the National Museum Cardiff. The drinks reception will be held in The Galleries, where attendees can view famous pieces of art such as The Blue Lady. Also at the drinks reception, attendees will be treated to a special recital on the magnificent Williams-Wynn Wynnstay 18th century organ! Following the drinks reception there will be a delicious three course meal with very special entertainment! It will be a relaxed evening, with plenty of opportunity to eat, drink and catch up with friends and colleagues.



Tickets are available via the conference registration system, if you have already registered for the conference and would like to buy a ticket for the conference dinner please email bsped@endocrinology.org – don't miss out on what will be an extraordinary evening! In 2018, the conference dinner sold out – please book your place now to avoid disappointment.

Accommodation in Cardiff

The deadline for the special negotiated rates, at three of the hotels close to the conference venue, is drawing close! Please see the [accommodation page](#) of our website for further details on how to book the hotels before Tuesday 29 October.

Conference Deadlines

Early Bird Registration: 10 October 2019 (23:59 BST)

Travel grants deadline: 4 November 2019 (23:59 BST)

News from the BSPED Office

BSPED Research and Innovation Award 2019 – last chance to apply

Applications for the [2019 BSPED Research and Innovation Award](#) are open, with a deadline of **30 September**. As in 2018, the BSPED welcomes applications for projects that are intended to:

1. Promote and support academic research by its members by providing funding to:
 - Obtain preliminary data which will support an external funding application
 - Conduct a small project or
 - Purchase equipment
2. Promote and support surveys of rare diseases
3. Promote and support surveys of clinical innovations
4. Promote and support educational projects



The BSPED strongly encourages any BSPED member to submit a proposal including nurses, research fellows, specialist trainees, DGH consultants and Clinical Networks.

We look forward to receiving your [applications](#), which should be submitted to Awards Committee Chair [Helen Storr](#) by **30 September**.

BSPED Paediatric Endocrine Nurse Award 2019 – last chance to apply

Applications are also open for this year's [BSPED Paediatric Endocrine Nurse Award](#). The purpose of the award is to reward and support an innovative development or initiative within the paediatric endocrine setting.

You could win £1000 towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses.

For further detail, [see the BSPED website](#) and submit your application to the BSPED Office by **30 September**.

Travel grants

Travel grants are available to BSPED members presenting at the BSPED Conference. The following criteria must be considered before applying for this award:

- Awards will be for a BSPED Conference only
- Awards will be up to £250

- Applicants must be a presenting author at the conference
- No applications will be considered from Consultant members
- Applications must be received by the closing date of **4th November 2019**.

Please [complete the application form](#), and return it by email to Dr Sabah Alvi, BSPED Treasurer at sabahalvi@nhs.net

Trainee Update

BSPED CME Training Day, 27 November 2019

The next BSPED CME Training Day will be held just prior to the main BSPED Annual Meeting in Cardiff. The programme covers a wide range of topics such as management of 46 XY DSD, talking to children about sex development, paediatric vulval disorders, pituitary tumours, management of growth in SGA, congenital hypopituitarism, diabetes technology update and promoting self-management in diabetes.

Early bird registration for the CME Day and main meeting closes on 10 October:

<https://www.bsped.org.uk/meetings/bsped-meetings/2019/registration/>

BSPED Trainees Meeting, 27 November 2019

The next BSPED trainees meeting will be held in Syndicate Room L at 12.45-1.30 pm during the lunchtime interval of the CME Training Day. All current Grid/ SPIN trainees are welcome to attend.

BPSU Sir Peter Tizard bursary

Applications are now open for the Sir Peter Tizard bursary. This award provides a unique opportunity for trainees to undertake a study of a rare disease or condition which affects children and addresses a question of clinical or public health importance. The successful applicant will receive a free slot on the British Paediatric Surveillance Unit Orange Card and a stipend towards their training needs. Further information can be found at www.rcpch.ac.uk/bpsu/bursary

Deadline Friday 11th October.

WhatsApp Journal club

We are going to trial a monthly national journal club discussing paediatric diabetes and endocrinology papers shortly. This will be run through WhatsApp, at least initially. If you would like to join this, and are not already part of the GRID trainees WhatsApp group, please email us with your phone number and we will add you to the journal club group.

BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates

are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join.

Hoong-Wei Gan & James Law
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@gmail.com

News from the Clinical Committee

Peer Review

The latest round of BSPED peer review conforming to the new [UK Standards for Paediatric Endocrinology](#) is now up and running. The Queen's Medical Centre in Nottingham was the first Centre to be reviewed in the new round. Centres are invited to take part in the next round and contact the [BSPED Audit and Peer Review Officer](#) to express their interest. Members can access information about the new style of peer reviews by visiting the [BSPED website](#).

[BSPED Peer Review Centre Guidance Document](#) is available to help paediatric endocrine centres prepare for their peer review.

Growth Hormone Audit

We'd like to remind you about the BSPED National Growth Hormone (GH) Audit, and encourage you to submit your data on newly-prescribed GH in children < 16 years old. The aim of this rolling Audit is to monitor prescribing trends and compliance with NICE guidance. The GH Audit is now part of the BSPED Peer Review process. At Peer Review individual centre prescribing practices will be reviewed in comparison with national practices. You may choose to compare your current practice against UK data by downloading GH Reports through the [online members' area](#).

DKA Calculator

Please be advised that the DKA Calculator is currently unavailable while some essential maintenance is carried out to ensure it remains accurate when used with modern browsers.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website.](#)

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

11 November for Clinical Committee on 27 November 2019

Announcements

Council vacancy – Section of Endocrinology and Diabetes of the RSM

Ieuan Hughes has recently completed his term as a Council Member of the Section of Endocrinology and Diabetes of the RSM. He highly recommends that BSPED members consider putting their name forward to ensure there is continued representation from paediatrics for planning meetings for the academic year. Section meetings have included successful regular joint meetings with the Section of Child Health, as well as some joint meetings with other relevant Sections within the RSM.

Being a Council Member is not overly time-consuming, comprising 3-4 meetings a year and assisting with planning the programme content of Section meetings. The full range of endocrine and diabetes topics are covered. Travel expenses to London and, if required, overnight accommodation at the Domus Medica are provided. Council members also have free registration for their Section meetings. Applicants need to be members of the RSM which is located in central London and has superb library facilities and numerous courses of general interest. BSPED members interested in further information are welcome to contact Ieuan:

iah1000@cam.ac.uk

Exciting opportunities at Birmingham Children's Hospital

This is an excellent opportunity to join one of the largest Paediatric Endocrinology and Bone departments in the UK.

Clinical Research Fellow in Metabolic bone Disease

We are seeking to appoint to the above post commencing from July 2020. This post is funded as part of the nationally funded highly specialised service for complex and atypical Osteogenesis Imperfecta and provides post CCT fellowship training. It is suitable for applicants with training in Endocrinology from the UK or overseas who wish to extend their knowledge and skills in endocrinology metabolic bone disease in a ERN recognised specialised centre for rare endocrine and bone diseases. This post is for 12 months with the opportunity to extend for 24 months.

Senior Clinical fellow in Paediatric Endocrinology and Diabetes

We are seeking to appoint to the above post commencing from July 2020. This post provides the opportunity for out of programme or post CCT fellowship training, designed to provide the applicant with the opportunity to extend their knowledge and skills in Paediatric Endocrinology and Diabetes in an ERN recognised specialised centre for rare endocrine disease and SWEET designated Centre of Reference for Paediatric Diabetes. This post is for 12 months with the opportunity to extend for 24 months.

Interested candidates are encouraged to view further details and job descriptions on NHS jobs and contact

Dr Melanie Kershaw (Head of Department) 0121 333 8197 (Melaniekershaw1@nhs.net)

Dr Vrinda Saraff (Metabolic Bone and OI Lead) 0121 333 8197 (Vrinda.saraff@nhs.net)

Closing date for applications: 20th October 2019

Vacancy: Non-Clinical Lecturer in Endocrinology at UCL GOS Institute of Child Health London

Applications are invited for a Lecturer post based in the Genetics and Genomic Medicine (GGM) Research and Teaching Department at the UCL Great Ormond Street Institute of Child Health. The post is open ended, with initial funding provided by Great Ormond St Children's Charity (GOSHCC) for 5 years to support capacity building in the area of Paediatric Endocrinology. It aims to attract the best and brightest in the new generation of non-clinical researchers using molecular, cellular and stem cell approaches to the study of Endocrinology.

This Lecturer post is a strategic appointment in order to maintain the ICH position as leaders in endocrine research both nationally and internationally, and to develop novel translational research programmes based on the latest emerging technologies such as iPSC, single cell transcriptomics, and CRISPR/CAS-9 genetic manipulation for patient benefit. The postholder will be involved in teaching activity including the newly established Personalised Medicine and Novel Therapies MSc.

The candidate must show the potential to develop their own innovative research programme that can attract sustained extramural funding in an area that will complement and broaden existing projects.

Closing date: 30 September 2019

[More details](#)

Vacancy: University Hospitals Bristol NHS Foundation Trust Consultant in Paediatric Endocrinology and Diabetes (10pas) at Bristol Royal Hospital for Children

We invite applicants for a full-time retirement replacement substantive consultant post in the Regional Paediatric Endocrinology and Diabetes services at Bristol Royal Hospital for Children, UHBristol, recognised by the European Reference Network as a specialised centre for both Rare Endocrine and Rare Bone disease.

The post holder will join the existing team of 3.6 full time consultants and endocrine MDT who deliver a comprehensive Specialist Paediatric Endocrinology service to the South West Region through a network of regional shared-care clinics, and the large paediatric diabetes MDT which includes an additional HEFC funded University of Bristol Consultant and 2 general paediatricians with an interest in diabetes.

Bristol has the largest Paediatric Diabetes clinic in the UK (patient numbers=500). The post-holder will also be involved in the development and delivery of the nationally commissioned, NCG funded complex Osteogenesis Imperfecta services and metabolic bone service. We maintain excellent links with our subspecialist and adult colleagues with specialist referrals, joint clinics, an evolving transition pathway and an active research programme. The successful applicant will have a strong clinical commitment and have clinical, research and administrative skills that complement those of the existing team. Applicants must be eligible for full registration to practice with the GMC and hold or be within 6 months of CCST or equivalent in Paediatric Endocrinology and Diabetes SPIN. There are excellent facilities for personal development.

Closing Date: 6th October 2019

Interview Date: 8th November 2019

Details will be found at: <http://jobs.uhbristol.nhs.uk/job/v1949359>

For further details / informal visits contact: Dr Liz Crowne, Consultant in Paediatric Endocrinology and Diabetes on 01173420165. Liz.crowne@uhbristol.nhs.uk

London South Bank University – Nurse Endocrine Module

London South Bank University is pleased to run the 20 credit nurse endocrine module 'Principles of care for the child and young person in Endocrinology' in the next academic year, at level 6 and level 7. The dates are:

- Thursday 23 and Friday 24 January
- Thursday 20 and Friday 21 February
- Thursday 19 and Friday 20 March

Days in the University are comprised of lectures and group work, starting at 0900 and finishing at 1700. The assessment consists of a case study presentation, focusing on how innovative nursing practice and interventions can enhance the patient experience, and competencies to achieve in clinical practice. The nurse giving the most outstanding presentation will be invited to give their presentation in the nurses' session at BSPED later that year. The assessment / hand in date is Friday 1 May 2020.

It has been confirmed that the BSPED will generously financially support up to 9 nurse members to undertake the module. The nurse must be a BSPED member, and priority will be given to nurse specialists working in paediatric endocrinology. The places will be given on a first come, first served basis, and decided by the University.

Applications are now being accepted at:

Level 6 - <https://www.applycpd.com/LSBU/courses/105946?courseId=105946&tabId=1>

Level 7 - <https://www.applycpd.com/LSBU/courses/105948?courseId=105948&tabId=1>

For further information, please contact Kate Davies (the module lead) at kate.davies@lsbu.ac.uk

DSD Service Specification

NHS England last year established a Working Group to develop DSD Service Specification. The developed document will soon be going into the consultation phase by stakeholders. Please register as a stakeholder with NHSE to be able to comment on this important document.

<https://www.engage.england.nhs.uk/application/crg-stakeholder-reg-april-2019/>

Stakeholder registration is open for all stakeholders, including patients, carers, service users, members of the public, clinical staff, provider organisations working in specialised services and voluntary sector partners.

It is the registered stakeholders who are automatically sent new specifications and policies for comment.

You can sign up for one or more Clinical Reference Groups (CRGs). You would at least need to sign up for paediatric medicine and specialised surgery in children to receive the testing for the DSD specification and policy when this is carried out.



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology
and Diabetes endorses *Endocrinology,
Diabetes & Metabolism Case Reports*.

*BSPED members receive a 25% discount
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400 Cases published! Vote for your favourite

Endocrinology, Diabetes & Metabolism Case Reports has now published over 400 cases. To celebrate, a selection of impactful case reports have been chosen for a reader's choice award. Which study do you feel made the most significant contribution to the field in 2017 and 2018? View the shortlist and submit your vote.

Link to : <https://www.surveymonkey.co.uk/r/DB7WJ6Q>

Meetings and courses

Improving diabetes outcomes in England - prevention, access and digital technology **16 October 2019 – London**

This conference focuses on next steps for improving diabetes outcomes in England.

Keynote contributions:

- Implementing the NHS Long Term Plan for diabetes - *with Professor Jonathan Valabhji*, National Clinical Director for Diabetes and Obesity, NHS England and NHS Improvement;
- The Diabetes Prevention Programme: progress, expansion and tackling inequalities - *with Dr Jenifer Smith*, Programme Director, NHS Diabetes Prevention Programme, PHE; and
- Priorities for diabetes research: funding, collaboration and translating research into treatment.

<https://www.westminsterforumprojects.co.uk/conference/improving-diabetes-outcomes-19>

Diabetes Professional Care **29-30 October 2019 - London**

Diabetes Professional Care (DPC) is a unique, free-to-attend, CPD-accredited event for healthcare professionals (HCPs) involved in the prevention, treatment and management of diabetes, and its related conditions.

Launched in 2015, DPC meets a real and increasing need for accessible education among HCPs by arming them with the skills and knowledge to provide better care for people living with diabetes, and its related conditions.

DPC2018 attracted a record attendance of 4,195 visitors – and DPC2019 promises to be even bigger and better! So, if you're a professional responsible for delivering diabetes care pathways at any level, it is the one event you can't afford to miss.

<https://www.diabetesprofessionalcare.com/>

Evidence Based Use of T3+T4 Combinations **3 November 2019 – London**

This innovative symposium will occur simultaneously in Chicago, US and London, UK, representing a collaborative effort between the ATA, BTA and ETA, to bring together leading experts in this area from North America and Europe. It will be a live meeting in both locations, with the UK audience accessing a webcast to view the US presentations and the US audience accessing a webcast to view the UK presentations with the opportunity for both audiences to ask questions to all speakers.

<https://www.cardiff.ac.uk/professional-development/available-training/short-courses/view/evidence-based-use-of-t3t4-combinations>

Society for Endocrinology BES
11-13 November 2019 - Brighton

Come and exchange knowledge, share experiences and strengthen collaborations across our global community of endocrinologists.

<https://www.endocrinology.org/events/sfe-bes-conference/sfe-bes-2019/>

Advances in Diabetes & Insulin Therapy Conference
7-9 November 2019 – Istanbul, Turkey

<https://www.adit-conf.org/>

2019-2020 meetings

- **International Society for Pediatric and Adolescent Diabetes:** 30 October-2 November 2019
- **British Society for Paediatric Endocrinology and Diabetes:** 27-29 November 2019
- **European Congress of Endocrinology:** 23-26 May 2020

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

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