



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED August 2019



The 47th BSPED Annual Meeting will be held in **Cardiff, at the City Hall** on **27-29 November 2019**. BSPED 2019 will be convened by Justin Warner, who has introduced a theme for this year's meeting: *"Working together, supporting expertise for a life without barriers"*.

Here are just some of the **highlights** from the [BSPED 2019 programme](#):

- **Inquisitor Session:** Meet the Expert: Professor Mehul Dattani will be questioned by Dr Tim Cheetham about a variety of clinical scenarios.
- **The Diabetes Debate:** Dr Rachel Besser and Dr Anuja Natarajan will debate "This House believes that continuity of care with doctors underpins optimal diabetes management in children and young people with diabetes".
- **CME Day:** Expert speakers will cover a wide range of topics such as investigation and management of 46 XY disorder of sexual differentiation, pituitary tumours, growth in small for gestational age, vulval skin disorders, hypopituitarism, talking to a child with DSD, promoting self-management in type 1 diabetes and diabetes technology update.
- **Diabetes Professionals Day:** Plenary sessions on practical diabetes, enhancing care, managing diabetes in special circumstances, diabetes trials and quality improvement.
- **Endocrine Main Meeting:** Plenary sessions on outcomes from endocrine disease and thyroid disease in children and a host of oral communications. Professor John Wass will give a guest lecture on 'The history of Paediatric Endocrinology'.

- **Nurses' Day for Endocrine Professionals:** This year there will be a lively multi-professional discussion on the emergency response to children with adrenal insufficiency. Renowned speakers will also be attending to present on the topical areas of growth in bone disorders, plus Duchenne muscular dystrophy.

Early bird registration deadline is approaching!

The best rates are available by booking before the early-bird deadline of **10 October 2019 (23:59 BST)**.

[Register for your place now.](#) Registration fees are significantly discounted for BSPED members.

Accommodation

A selection of hotels of various categories at negotiated rates is available for participants of BSPED 2019. The five hotels offered are located close to the Cardiff City Hall. The hotels included in the accommodation list have an allocation for BSPED 2019 delegates at a negotiated rate from 26 November 2019 for 3 nights.

Details on each of the properties where rates have been negotiated for delegates can be found on the [accommodation page of our website.](#)

Delegates are encouraged to book their accommodation before the fast-approaching accommodation deadlines. After this, availability cannot be guaranteed at the delegate's preferred hotel or at the BSPED 2019 negotiated rate and hotels will offer their best available rate at the time of booking.

To book accommodation at the negotiated rate please follow the instructions on the [accommodation page of our website.](#)

If you need any assistance with your accommodation then please contact the dedicated Accommodation Manager at bsped@endocrinology.org who will be happy to help.

Conference dinner – with entertainment!

The conference dinner will be held on **Thursday 28 November** in the impressive **National Museum Cardiff**, located only a few minutes' walk from the conference venue. This special evening will comprise a welcome drinks reception in the stunning galleries, amongst famous pieces of art such as 'The Blue Lady', followed by a delicious three course meal, mesmerising entertainment followed by a DJ and dancing! The evening promises to be a great opportunity to spend time with your friends, catch up with colleagues and meet fellow BSPED attendees. If you haven't booked your ticket to the conference dinner already, we recommend you do so soon to avoid disappointment! To add the conference dinner to your registration please contact the Meeting Team on bsped@endocrinology.org.

Dippy the Dinosaur from the Natural History Museum in London is even joining the party, on his tour around the UK!



Conference Deadlines

Early Bird Registration: 10 October 2019 (23:59 BST)

News from the BSPED Office

Call for nominations for Chair and Secretary of the BSPED – last chance to apply

Lead and shape our Society and the field of paediatric endocrinology, as a member of the BSPED Executive Committee.

Applications are requested for the positions of Chair and Secretary of the BSPED. These vacancies will arise due to the completion of the extended terms of office of Dr Justin Davies and Prof Jo Blair. Successful candidates will join the Executive Committee as Chair-elect and Secretary-elect (non-voting) following the AGM on Thursday 28 November 2019. They will then complete a 3-year term as Chair and Secretary starting from November 2020.



The successful candidates will be elected via an e-vote by members, not a ballot at the AGM.

In these roles you will attend quarterly Executive Committee meetings (three via teleconference and one face to face on the eve of the BSPED Annual Meeting), where you will make strategic and operational decisions regarding the running of the Society and ensure the content of the AGM accurately reflects the BSPED position and activities. You will also be in regular contact via email to ensure timely decisions are made, supported by the BSPED Office. You will be the figureheads, trustees and directors of the Society, and the main points of contact for other relevant bodies.

Please view the relevant job description for details of the roles:

[BSPED Chair](#)

[BSPED Secretary](#)

If you would like further information or to speak to the incumbent officers who would be happy to tell you about the roles, please contact the [BSPED Office](#).

Applicants should send their [nomination form](#) (nominated and seconded by BSPED members), CV including photo and a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by 23:59 BST on **1 September 2019**. The information you supply with this nomination form will be displayed for voters in our e-vote system (photo may be provided at that stage if you do not wish to provide it with the nomination).

BSPED Research and Innovation Award 2019

Applications for the [2019 BSPED Research and Innovation Award](#) are open, with a deadline of **30 September**. As in 2018, the BSPED welcomes applications for projects that are intended to:

1. Promote and support academic research by its members by providing funding to:

- Obtain preliminary data which will support an external funding application
- Conduct a small project or



- Purchase equipment
2. Promote and support surveys of rare diseases
 3. Promote and support surveys of clinical innovations
 4. Promote and support educational projects

The BSPED strongly encourages any BSPED member to submit a proposal including nurses, research fellows, specialist trainees, DGH consultants and Clinical Networks.

We look forward to receiving your [applications](#), which should be submitted to Awards Committee Chair [Helen Storr](#) by **30 September**.

BSPED Paediatric Endocrine Nurse Award 2019

Applications are also open for this year's [BSPED Paediatric Endocrine Nurse Award](#). The purpose of the award is to reward and support an innovative development or initiative within the paediatric endocrine setting.

You could win £1000 towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses.

For more information, please [see the BSPED website](#) and submit your applications to the BSPED Office by **30 September**.

Trainee Update

BSPED CME Training Day, 27 November 2019

The next BSPED CME Training Day will be held just prior to the main BSPED Annual Meeting in Cardiff. The programme covers a wide range of topics such as management of 46 XY DSD, talking to children about sex development, paediatric vulval disorders, pituitary tumours, management of growth in SGA, congenital hypopituitarism, diabetes technology update and promoting self-management in diabetes.

Early bird registration for the CME Day and main meeting closes on 10 October:

<https://www.bsped.org.uk/meetings/bsped-meetings/2019/registration/>

BPSU Sir Peter Tizard bursary

Applications are now open for the Sir Peter Tizard bursary. This award provides a unique opportunity for trainees to undertake a study of a rare disease or condition which affects children and addresses a question of clinical or public health importance. The successful applicant will receive a free slot on the British Paediatric Surveillance Unit Orange Card and a stipend towards their training needs. Further information can be found at www.rcpch.ac.uk/bspu/bursary

Deadline Friday 11th October.

WhatsApp Journal club

We are going to trial a monthly national journal club discussing paediatric diabetes and endocrinology papers shortly. This will be run through WhatsApp, at least initially. If you would like to join this, and are not already part of the GRID trainees WhatsApp group, please email us with your phone number and we will add you to the journal club group.

BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (www.trello.com). Please email for further details of how to join.

Hoong-Wei Gan & James Law
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@gmail.com

News from the Clinical Committee

Peer Review

The latest round of BSPED peer review conforming to the new [UK Standards for Paediatric Endocrinology](#) is now up and running. The Queen's Medical Centre in Nottingham was the first Centre to be reviewed in the new round. Centres are invited to take part in the next round and contact the [BSPED Audit and Peer Review Officer](#) to express their interest. Members can access information about the new style of peer reviews by visiting the [BSPED website](#).

[BSPED Peer Review Centre Guidance Document](#) is available to help paediatric endocrine centres prepare for their peer review.

Growth Hormone Audit

We'd like to remind you about the BSPED National Growth Hormone (GH) Audit, and encourage you to submit your data on newly-prescribed GH in children < 16 years old. The aim of this rolling Audit is to monitor prescribing trends and compliance with NICE guidance. The GH Audit is now part of the BSPED Peer Review process. At Peer Review individual centre prescribing practices will be reviewed in comparison with national practices. You may choose to compare your current practice against UK data by downloading GH Reports through the [online members' area](#).

DKA Calculator

Please be advised that the DKA Calculator is currently unavailable while some essential maintenance is carried out to ensure it remains accurate when used with modern browsers.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website](#).

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

11 November for Clinical Committee on 27 November 2019

Announcements

Draft guideline for comment - *Idiopathic Thickened Pituitary Stalk (TPS) and/or Idiopathic Central Diabetes Insipidus (CDI)*.

The RCPCH invites your comments on the CCLG draft clinical guideline for the investigation and management of *Idiopathic Thickened Pituitary Stalk (TPS) and/or Idiopathic Central Diabetes Insipidus (CDI)*.

Please review the [draft guidance](#) and record any comments on the [comments proforma](#). We are interested to hear from you even if you have no specific comments to make, and are happy with the consultation document, as this will enable us to feedback to the developer that we support the document.

Please return the form to the [Clinical Standards Team](#) by **9am Monday 2 September 2019**. If you have any questions, please do not hesitate in contacting us.

Thank you in advance for your help.

Best wishes
RCPCH Quality Improvement Committee

Vacancy: 2 Clinical Fellows (middle grade) in Paediatric Endocrinology and Diabetes in Bristol

Applications are invited for 2 Clinical Fellow posts (middle grade) in Paediatric Endocrinology and Diabetes at the Bristol Royal Hospital for Children, to commence from November or as soon after as possible for 12 months.

These posts will provide middle grade level clinical services with Consultant support including delivering outpatient clinics and day-time management of inpatients and ensure the post holders gain invaluable experience and training in paediatric endocrinology & diabetes with subspecialist training by working with a specific subspecialist teams (attending clinics, MDTs etc). This will include with protected time to develop either a research or quality improvement project, one with the Endocrine Bone Team and the other with either DSD , late effects, obesity or diabetes teams.

These posts will be new contract compliant on commencement and will take part in the Paediatric sub-specialties on call rota (currently 1 in 9) on a 50% basis (ie both posts sharing a single slot on the rota). The post holders will work alongside 1 or 2 registrars and one ST1-3 and will participate in exactly the same timetable and training opportunities as training post holders.

There is an active educational programme within the department and hospital, with weekly teaching sessions, journal clubs and monthly simulation sessions. Support for study leave will be given and participation in research and audit activities is strongly encouraged.

Closing date: 3 September 2019

The vacancy advert can be found at: <http://jobs.uhbristol.nhs.uk/job/v1930798>

Vacancy: Non-Clinical Lecturer in Endocrinology at UCL GOS Institute of Child Health London

Applications are invited for a Lecturer post based in the Genetics and Genomic Medicine (GGM) Research and Teaching Department at the UCL Great Ormond Street Institute of Child Health. The post is open ended, with initial funding provided by Great Ormond St Children's Charity (GOSHCC) for 5 years to support capacity building in the area of Paediatric Endocrinology. It aims to attract the best and brightest in the new generation of non-clinical researchers using molecular, cellular and stem cell approaches to the study of Endocrinology.

This Lecturer post is a strategic appointment in order to maintain the ICH position as leaders in endocrine research both nationally and internationally, and to develop novel translational research programmes based on the latest emerging technologies such as iPSC, single cell transcriptomics, and CRISPR/CAS-9 genetic manipulation for patient benefit. The postholder will be involved in teaching activity including the newly established Personalised Medicine and Novel Therapies MSc.

The candidate must show the potential to develop their own innovative research programme that can attract sustained extramural funding in an area that will complement and broaden existing projects.

Closing date: 30 September 2019

[More details](#)

Vacancy: University Hospitals Bristol NHS Foundation Trust Consultant in Paediatric Endocrinology and Diabetes (10pas) at Bristol Royal Hospital for Children

We invite applicants for a full-time retirement replacement substantive consultant post in the Regional Paediatric Endocrinology and Diabetes services at Bristol Royal Hospital for Children, UHBristol, recognised by the European Reference Network as a specialised centre for both Rare Endocrine and Rare Bone disease.

The post holder will join the existing team of 3.6 full time consultants and endocrine MDT who deliver a comprehensive Specialist Paediatric Endocrinology service to the South West Region through a network of regional shared-care clinics, and the large paediatric diabetes MDT which includes an additional HEFC funded University of Bristol Consultant and 2 general paediatricians with an interest in diabetes.

Bristol has the largest Paediatric Diabetes clinic in the UK (patient numbers=500). The post-holder will also be involved in the development and delivery of the nationally commissioned, NCG funded complex Osteogenesis Imperfecta services and metabolic bone service. We maintain excellent links with our subspecialist and adult colleagues with specialist referrals, joint clinics, an evolving transition pathway and an active research programme. The successful applicant will have a strong clinical commitment and have clinical, research and administrative skills that complement those of the existing team. Applicants must be eligible for full registration to practice with the GMC and hold or be within 6 months of CCST or equivalent in Paediatric Endocrinology and Diabetes SPIN. There are excellent facilities for personal development.

Closing Date: 6th October 2019

Interview Date: 8th November 2019

Details will be found at: <http://jobs.uhbristol.nhs.uk/job/v1949359>

For further details / informal visits contact: Dr Liz Crowne, Consultant in Paediatric Endocrinology and Diabetes on 01173420165. Liz.crowne@uhbristol.nhs.uk

London South Bank University – Nurse Endocrine Module

London South Bank University is pleased to run the 20 credit nurse endocrine module 'Principles of care for the child and young person in Endocrinology' in the next academic year, at level 6 and level 7. The dates are:

- Thursday 23 and Friday 24 January
- Thursday 20 and Friday 21 February
- Thursday 19 and Friday 20 March

Days in the University are comprised of lectures and group work, starting at 0900 and finishing at 1700. The assessment consists of a case study presentation, focusing on how innovative nursing practice and interventions can enhance the patient experience, and competencies to achieve in clinical practice. The nurse giving the most outstanding presentation will be invited to give their presentation in the nurses' session at BSPED later that year. The assessment / hand in date is Friday 1 May 2020.

It has been confirmed that the BSPED will generously financially support up to 9 nurse members to undertake the module. The nurse must be a BSPED member, and priority will be given to nurse specialists working in paediatric endocrinology. The places will be given on a first come, first served basis, and decided by the University.

Applications are now being accepted at:

Level 6 - <https://www.applycpd.com/LSBU/courses/105946?courseId=105946&tabId=1>

Level 7 - <https://www.applycpd.com/LSBU/courses/105948?courseId=105948&tabId=1>

For further information, please contact Kate Davies (the module lead) at kate.davies@lsbu.ac.uk

DSD Service Specification

NHS England last year established a Working Group to develop DSD Service Specification. The developed document will soon be going into the consultation phase by stakeholders. Please register as a stakeholder with NHSE to be able to comment on this important document.

<https://www.engage.england.nhs.uk/application/crg-stakeholder-reg-april-2019/>

Stakeholder registration is open for all stakeholders, including patients, carers, service users, members of the public, clinical staff, provider organisations working in specialised services and voluntary sector partners.

It is the registered stakeholders who are automatically sent new specifications and policies for comment.

You can sign up for one or more Clinical Reference Groups (CRGs). You would at least need to sign up for paediatric medicine and specialised surgery in children to receive the testing for the DSD specification and policy when this is carried out.



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology
and Diabetes endorses *Endocrinology,
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Meetings and courses

A yearbook in endocrinology: Hot topics and breakthrough papers

12 September 2019 – London

Receive a comprehensive update on new outcomes from clinical trials in Endocrinology and a new understanding of pathogenetic mechanisms. This unique event provides a full CME program across the spectrum of Diabetes and Endocrinology. In a fast-moving field, it is impossible to keep up with the latest trials and understand how they will affect clinical practice. The yearbook is the answer to this never-ending problem. Experts in the field will review new research and treatments that have excited them most over the past two years.

<https://www.rsm.ac.uk/events/endocrinology-and-diabetes/2018-19/edm03/>

Improving diabetes outcomes in England - prevention, access and digital technology

16 October 2019 – London

This conference focuses on next steps for improving diabetes outcomes in England.

Keynote contributions:

- Implementing the NHS Long Term Plan for diabetes - *with* **Professor Jonathan Valabhji**, National Clinical Director for Diabetes and Obesity, NHS England and NHS Improvement;
- The Diabetes Prevention Programme: progress, expansion and tackling inequalities - *with* **Dr Jenifer Smith**, Programme Director, NHS Diabetes Prevention Programme, PHE; and
- Priorities for diabetes research: funding, collaboration and translating research into treatment.

<https://www.westminsterforumprojects.co.uk/conference/improving-diabetes-outcomes-19>

Diabetes Professional Care

29-30 October 2019 - London

Diabetes Professional Care (DPC) is a unique, free-to-attend, CPD-accredited event for healthcare professionals (HCPs) involved in the prevention, treatment and management of diabetes, and its related conditions.

Launched in 2015, DPC meets a real and increasing need for accessible education among HCPs by arming them with the skills and knowledge to provide better care for people living with diabetes, and its related conditions.

DPC2018 attracted a record attendance of 4,195 visitors – and DPC2019 promises to be even bigger and better! So, if you're a professional responsible for delivering diabetes care pathways at any level, it is the one event you can't afford to miss.

<https://www.diabetesprofessionalcare.com/>

Society for Endocrinology BES
11-13 November 2019 - Brighton

Come and exchange knowledge, share experiences and strengthen collaborations across our global community of endocrinologists.

<https://www.endocrinology.org/events/sfe-bes-conference/sfe-bes-2019/>

Advances in Diabetes & Insulin Therapy Conference
7-9 November 2019 – Istanbul, Turkey

<https://www.adit-conf.org/>

2019 meetings

- **European Society for Paediatric Endocrinology Annual Meeting:** 19-21 September 2019
- **International Society for Pediatric and Adolescent Diabetes:** 30 October-2 November 2019
- **British Society for Paediatric Endocrinology and Diabetes:** 27-29 November 2019

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

BSPED

c/o Bioscientifica Ltd

Starling House,

1600 Bristol Parkway North,

Bristol, BS34 8YU

bsped@endocrinology.org

Tel: 01454 642258