

British Society for  
Paediatric Endocrinology  
and Diabetes

BSPED July 2019



## BSPED 2019

The 47th BSPED Annual Meeting will be held in **Cardiff, at the City Hall** on **27-29 November 2019**. BSPED 2019 will be convened by Justin Warner, who has introduced a theme for this year's meeting: *"Working together, supporting expertise for a life without barriers"*.

Here are just some of the highlights from the [BSPED 2019 programme](#):

- **Inquisitor session:** Meet the Expert: Professor Mehul Dattani will be questioned by Dr Tim Cheetham about a variety of clinical scenarios.
- **The Diabetes Debate:** Dr Rachel Besser and Dr Anuja Natarajan will debate "This House believes that continuity of care with doctors underpins optimal diabetes management in children and young people with diabetes".
- **CME Day:** Expert speakers will cover a wide range of topics such as investigation and management of 46 XY disorder of sexual differentiation, pituitary tumours, growth in small for gestational age, vulval skin disorders, hypopituitarism, talking to a child with DSD, promoting self-management in type 1 diabetes and diabetes technology update.
- **Diabetes Professionals Day:** Plenary sessions on practical diabetes, enhancing care, managing diabetes in special circumstances, diabetes trials and quality improvement.
- **Endocrine Main Meeting:** Plenary sessions on outcomes from endocrine disease and thyroid disease in children and a host of oral communications. Professor John Wass will give a guest lecture on 'The history of Paediatric Endocrinology'.

- **Nurses' Day for Endocrine Professionals:** This year there will be a lively multi-professional discussion on the emergency response to children with adrenal insufficiency. Renowned speakers will also be attending to present on the topical areas of growth in bone disorders, plus Duchenne muscular dystrophy.

[Take a look at the programme online for a list of confirmed sessions and speakers.](#)

### **Early bird registration deadline is approaching!**

Registration fees are significantly discounted for BSPED members. [Register](#) by **10 October 2019** to receive the early bird registration rate.

### **The BSPED Conference dinner**

The conference dinner will be held on **Thursday 28 November** in the impressive **National Museum Cardiff**, located only a few minutes' walk from the conference venue. This special evening will comprise a welcome drinks reception in the stunning galleries amongst famous pieces of art such as 'The Blue Lady', followed by a delicious three course meal and entertainment! The evening promises to be a great opportunity to spend time with friends and your team.

Dippy the Dinosaur from the Natural History Museum in London is even joining the party, on his tour around the UK! Tickets are available via the conference registration system.



If you have any questions regarding the BSPED Annual Meeting, please don't hesitate to contact the Meeting Team on [bsped@endocrinology.org](mailto:bsped@endocrinology.org).

To stay up to date with the latest developments by following us on Twitter [@BritSPED](#)

## **Conference Deadlines**

**Early Bird Registration: 10 October 2019 (23:59 BST)**

# News from the BSPED Office

## Call for nominations for Chair and Secretary of the BSPED – one month to go

Lead and shape our Society and the field of paediatric endocrinology, as a member of the BSPED Executive Committee.

Applications are requested for the positions of Chair and Secretary of the BSPED. These vacancies will arise due to the completion of the extended terms of office of Dr Justin Davies and Prof Jo Blair. Successful candidates will join the Executive Committee as Chair-elect and Secretary-elect (non-voting) following the AGM on Thursday 28 November 2019. They will then complete a 3-year term as Chair and Secretary starting from November 2020.



The successful candidates will be elected via an e-vote by members, not a ballot at the AGM.

In these roles you will attend quarterly Executive Committee meetings (three via teleconference and one face to face on the eve of the BSPED Annual Meeting), where you will make strategic and operational decisions regarding the running of the Society and ensure the content of the AGM accurately reflects the BSPED position and activities. You will also be in regular contact via email to ensure timely decisions are made, supported by the BSPED Office. You will be the figureheads, trustees and directors of the Society, and the main points of contact for other relevant bodies.

Please view the relevant job description for details of the roles:

[BSPED Chair](#)

[BSPED Secretary](#)

If you would like further information or to speak to the incumbent officers who would be happy to tell you about the roles, please contact the [BSPED Office](#).

Applicants should send their nomination form (nominated and seconded by BSPED members), CV including photo and a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office ([bsped@endocrinology.org](mailto:bsped@endocrinology.org)) by 23:59 BST on **1 September 2019**. The information you supply with this nomination form will be displayed for voters in our e-vote system (photo may be provided at that stage if you do not wish to provide it with the nomination).

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## BSPED Research and Innovation Award 2019

Applications for the [2019 BSPED Research and Innovation Award](#) are open, with a deadline of 30 September. As in 2018, the BSPED welcomes applications for projects that are intended to:

1. Promote and support academic research by its members by providing funding to:

- Obtain preliminary data which will support an external funding application
- Conduct a small project or
- Purchase equipment



2. Promote and support surveys of rare diseases
3. Promote and support surveys of clinical innovations
4. Promote and support educational projects

The BSPED strongly encourages any BSPED member to submit a proposal including nurses, research fellows, specialist trainees, DGH consultants and Clinical Networks.

We look forward to receiving your [applications](#), which should be submitted to Awards Committee Chair [Helen Storr](#) by **30 September**.

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### **BSPED Paediatric Endocrine Nurse Award 2019**

Applications are now open for this year's [BSPED Paediatric Endocrine Nurse Award](#). The purpose of the award is to reward and support an innovative development or initiative within the paediatric endocrine setting.

You could win £1000 towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses.

For more information, please [see the BSPED website](#) and submit your applications to the BSPED Office by **30 September**.



The British Society for Paediatric Endocrinology & Diabetes (BSPED) has collaborated with Sandoz and Professor Paul Dimitri to develop a series of educational talks that can be accessed on demand through the [member's area](#) of the BSPED website.

*A message from Professor Paul Dimitri*

“The VECE programme has been developed in collaboration with colleagues in the Paediatric Endocrinology community and in partnership with the BSPED. We have produced a series of educational videos covering a wide range of topics. They provide the latest outputs from the field of paediatric endocrinology as well as other essential information.



You can find the link to access the videos below. I hope you enjoy them and find them of value”

A handwritten signature in black ink, appearing to be "Paul Dimitri", written over a light blue horizontal line.

Professor Paul Dimitri

Professor of Child Health & Consultant in Paediatric Endocrinology

**The third and fourth videos in the series have now been released:**

- “Congenital Hypopituitarism: Novel Phenotypes, novel mechanisms”, by Professor Mehul Dattani
- “Turner Syndrome Part I: Genetics & Phenotypes”, by Dr Malcolm Donaldson

**The following videos are also still available:**

- “Growth Hormone Therapy in Childhood”, by Professor Jeremy Kirk, Birmingham Children’s Hospital
- “Management of Congenital Adrenal Hyperplasia”, by Dr Nils Krone, University of Sheffield

The series continues over the coming months.

To access the latest videos, [visit the BSPED members’ area](#) and log in for details.

VECE is a collaborative project initiated and funded by Sandoz in association with the BSPED.

UK/MKT/OMN/18-0030i(2)

Date of preparation: July 2019



# Trainee Update

## **BSPED CME Training Day, 27 November 2019**

The next **BSPED CME Training Day** will be held just prior to the main BSPED Annual Meeting in Cardiff. The programme covers a wide range of topics such as management of 46 XY DSD, talking to children about sex development, paediatric vulval disorders, pituitary tumours, management of growth in SGA, congenital hypopituitarism, diabetes technology update and promoting self-management in diabetes. Early bird registration for the CME Day and main meeting closes on 10 October:

<https://www.bsped.org.uk/meetings/bsped-meetings/2019/registration/>

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## **New WhatsApp Journal club**

We are going to trial a monthly national journal club discussing paediatric diabetes and endocrinology papers. This will be run through WhatsApp, at least initially. If you would like to join this, and are not already part of the GRID trainees WhatsApp group, please email us with your phone number and we will add you to the journal club group.

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## **Report on the 2nd BPET School 12-14th June 2019, Chester**

Dr Rachel Boal, Endocrine Trainee, Leeds

We recently attended the 2nd British Paediatric Endocrine Training (BPET) School organised by Dr Senthil Senniappan (Liverpool) and Dr Syed Haris Ahmed (Chester) with the help of an educational grant from Novo Nordisk Ltd. The BPET School provided an intensive three days of education for paediatric and adult trainees. We were able to learn and develop a variety of both endocrine and essential generic skills.

A range of experts gave informative talks spanning a wide scope of clinical practice. Topics included fertility issues, the management of type 2 diabetes and obesity in adolescents and young people and late effects (Prof P Clayton, Dr R Padidela, Prof J Wilding, Dr C Williams, Mr S Wood, Dr S Senniappan, Dr S Ahmed). A variety of case-based presentations by trainees addressed a large proportion of the endocrinology-training curriculum. The friendly and informal atmosphere allowed free debate and questioning. Small group workshops on endocrine emergencies allowed discussion of the management of complex presentations and cases rarely seen in the paediatric population including hyperglycaemic hyperosmolar syndrome.

The course also covered key non-clinical skills such as how to develop a business case, writing manuscripts and interview preparation. Insight discovery training (Ms Nikki Taggart) highlighted the importance of identifying our personality strengths and weakness and how to use these to adapt these in multidisciplinary team working. This was a unique training opportunity that I would strongly recommend this to all endocrine trainees, and I sincerely thank the organisers on behalf of all the attendees.



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### **BSPED Trainee Mailing List and Noticeboard**

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com/>). Please email for further details of how to join.

Hoong-Wei Gan & James Law  
BSPED/ RCPCH CSAC Trainee Representatives  
[bspedtrainerep@gmail.com](mailto:bspedtrainerep@gmail.com)

# News from the Clinical Committee

## Testosterone Replacement Guidelines

The Clinical Committee has reviewed and approved the recently updated guideline on [Testosterone Therapy in Infancy and Adolescence](#) which is now available via the BSPED website.

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## Peer Review

The BSPED's national Peer Review programme was initiated in 2011 and the first round of review was completed in 2017 for all 22 tertiary centres in England, Scotland, Wales and Northern Ireland. Following a revision of the UK Standards for Paediatric Endocrinology and endorsement by the Royal College of Paediatrics and Child Health, the second round of BSPED peer reviews started this month.

The peer-review is a formative assessment of the following domains of paediatric endocrine care:

- Access to specialised paediatric endocrine services
- Resources of specialised paediatric endocrine services
- Environment and facilities, care of the child and family/patient experience
- Communication
- Clinical governance, professional education, training and evidence base

The new peer review is based on the previous format i.e. a Self-Assessment questionnaire and a Centre review with objective references to the 2019 standards. A [BSPED Peer Review Centre Guidance Document](#) is available to help paediatric endocrine centres prepare for their peer review.

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## Growth Hormone Audit

We'd like to remind you about the BSPED National Growth Hormone (GH) Audit, and encourage you to submit your data on newly-prescribed GH in children < 16 years old. The aim of this rolling Audit is to monitor prescribing trends and compliance with NICE guidance. The GH Audit is now part of the BSPED Peer Review process. At Peer Review individual centre prescribing practices will be reviewed in comparison with national practices. You may choose to compare your current practice against UK data by downloading GH Reports through the [online members' area](#).

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## DKA Calculator

Please be advised that the DKA Calculator is currently unavailable while some essential maintenance is carried out to ensure it remains accurate when used with modern browsers.

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## Hydrocortisone audit

Following a recent MHRA directive, the BSPED is surveying its members on the use of muco-adhesive buccal hydrocortisone in the treatment of Adrenal Insufficiency. The survey takes only a minute to complete. We would be grateful if you could [complete this survey](#) as soon as possible.

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## SNOMED

NHS England has been aiming to go paperless by 2020. Clinical coding will play a part in this and is intended to be more upfront and available to care givers. SNOMED is a database of clinical codes, managed by the RCPCH, designed to include more than just diagnostic information. The Clinical Committee is collating a list of paediatric endocrinology terms to be included in the database.

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## Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

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## Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website](#).

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## Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

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## Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

11 November for Clinical Committee on 27 November 2019

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# Announcements

## **Vacancy – Clinical Fellow (Higher) in Paediatric Endocrinology and Diabetes**

Applications are invited for the post of Clinical Fellow (Higher) in Paediatric Endocrinology and Diabetes at Addenbrooke's Hospital, Cambridge, to commence as soon as possible for 12 months.

This post is to provide middle grade level clinical services with Consultant support as part of the Paediatric Endocrine and Diabetes team, including delivering outpatient clinics and day-time management of inpatients – working alongside two other middle grade colleagues (Spin Trainees in Paediatric Diabetes and/or GRID Trainee in Paediatric Endocrinology and Diabetes).

Support for study leave will be given and participation in research and audit activities is strongly encouraged.

**Closing date: 4 August 2019.**

The vacancy advert can be found at: [https://www.jobs.nhs.uk/xi/vacancy/?vac\\_ref=915670150](https://www.jobs.nhs.uk/xi/vacancy/?vac_ref=915670150)

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## **Vacancy - Consultant in Paediatric Endocrinology & Diabetes - Cardiff and Vale University Health Board**

Applications are invited until **12th August 2019** for the post of Consultant in Paediatric Endocrinology & Diabetes based at the Children's Hospital for Wales on the University Hospital of Wales site in Cardiff.

Cardiff and Vale University Health Board is a major teaching centre, providing a paediatric endocrinology service for the local population of Cardiff as well as providing a comprehensive tertiary service to South and Mid Wales. All major paediatric specialties are also provided including allergy, cardiology, ENT, gastroenterology, urology, nephrology, neonatology (level 3), neurology and neurosurgery, orthopaedics (including spinal), paediatric intensive care, paediatric and neonatal surgery, diabetes, respiratory medicine, radiology and oncology / haematology. The hospital offers ample opportunities for undergraduate and postgraduate teaching and excellent facilities for research and clinical care.

This is a new 10 PA tertiary paediatric endocrine and diabetes post and the appointee will join two existing consultant colleagues in providing a service covering all aspects of endocrine care through existing network links. Commissioning of the service has recently moved to the Welsh Health Specialised Service Committee (WHSSC) which has attracted considerable new funding to enhance the service with new appointments, including this post, across the whole MDT. The appointee will also work with the MDT in paediatric diabetes providing care for ~220 children from Cardiff and the Vale of Glamorgan with diabetes.

The post is advertised on NHS jobs: [https://www.jobs.nhs.uk/xi/vacancy/?vac\\_ref=915665172](https://www.jobs.nhs.uk/xi/vacancy/?vac_ref=915665172)

For further details / informal visits contact:

Prof Justin Warner, Lead Consultant for Paediatric Endocrinology & Diabetes  
(029) 2074 6374

E-mail: [justin.warner@wales.nhs.uk](mailto:justin.warner@wales.nhs.uk)

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## London South Bank University – Nurse Endocrine Module

London South Bank University is pleased to run the 20 credit nurse endocrine module ‘Principles of care for the child and young person in Endocrinology’ in the next academic year, at level 6 and level 7. The dates are:

- Thursday 23 and Friday 24 January
- Thursday 20 and Friday 21 February
- Thursday 19 and Friday 20 March

Days in the University are comprised of lectures and group work, starting at 0900 and finishing at 1700. The assessment consists of a case study presentation, focusing on how innovative nursing practice and interventions can enhance the patient experience, and competencies to achieve in clinical practice. The nurse giving the most outstanding presentation will be invited to give their presentation in the nurses’ session at BSPED later that year. The assessment / hand in date is Friday 1 May 2020.

It has been confirmed that the BSPED will generously financially support up to 9 nurse members to undertake the module. The nurse must be a BSPED member, and priority will be given to nurse specialists working in paediatric endocrinology. The places will be given on a first come, first served basis, and decided by the University.

Applications are now being accepted at:

Level 6 - <https://www.applycpd.com/LSBU/courses/105946?courseId=105946&tabId=1>

Level 7 - <https://www.applycpd.com/LSBU/courses/105948?courseId=105948&tabId=1>

For further information, please contact Kate Davies (the module lead) at [kate.davies@lsbu.ac.uk](mailto:kate.davies@lsbu.ac.uk)

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## DSD Service Specification

NHS England last year established a Working Group to develop DSD Service Specification. The developed document will soon be going into the consultation phase by stakeholders. Please register as a stakeholder with NHSE to be able to comment on this important document.

<https://www.engage.england.nhs.uk/application/crg-stakeholder-reg-april-2019/>

Stakeholder registration is open for all stakeholders, including patients, carers, service users, members of the public, clinical staff, provider organisations working in specialised services and voluntary sector partners.

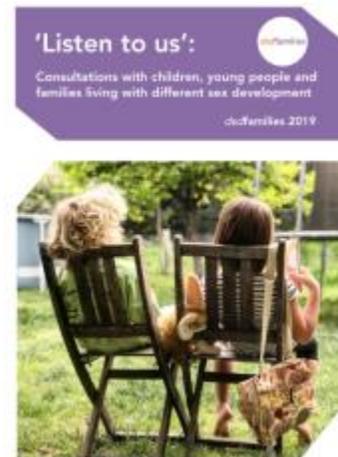
It is the registered stakeholders who are automatically sent new specifications and policies for comment.

You can sign up for one or more Clinical Reference Groups (CRGs). You would at least need to sign up for paediatric medicine and specialised surgery in children to receive the testing for the DSD specification and policy when this is carried out.

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## dsdfamilies Support Group

dsdfamilies is an information and peer support charity for families. In 2016 they received charity status in England and Wales, and in 2018 also in Scotland. They are proud to release a recent report: '[Listen to us](#)' which captures the voices of nearly 200 children, young people and adults living with different sex development and their families. You can read the report on their website at [dsdfamilies.org](http://dsdfamilies.org) - and please do follow them on Twitter [@dsdfamilies](https://twitter.com/dsdfamilies), where the report has been launched: the twitter site is now active and will be tweeting weekly on resources and news related to children and young people living with a dsd. Please do comment and re-tweet any information you find useful to share. For further information, please contact Kate Davies at [kate.davies@lsbu.ac.uk](mailto:kate.davies@lsbu.ac.uk)



Endocrinology,  
Diabetes & Metabolism  
CASE REPORTS



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# Meetings and courses

## **A yearbook in endocrinology: Hot topics and breakthrough papers** 12 September 2019 – London

Receive a comprehensive update on new outcomes from clinical trials in Endocrinology and a new understanding of pathogenetic mechanisms. This unique event provides a full CME program across the spectrum of Diabetes and Endocrinology. In a fast-moving field, it is impossible to keep up with the latest trials and understand how they will affect clinical practice. The yearbook is the answer to this never-ending problem. Experts in the field will review new research and treatments that have excited them most over the past two years.

<https://www.rsm.ac.uk/events/endocrinology-and-diabetes/2018-19/edm03/>

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## **Society for Endocrinology BES** 11-13 November 2019 - Brighton

Come and exchange knowledge, share experiences and strengthen collaborations across our global community of endocrinologists.

<https://www.endocrinology.org/events/sfe-bes-conference/sfe-bes-2019/>

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## **Advances in Diabetes & Insulin Therapy Conference** 7-9 November 2019 – Istanbul, Turkey

<https://www.adit-conf.org/>

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### **2019 meetings**

- **European Society for Paediatric Endocrinology Annual Meeting:** 19-21 September 2019
- **International Society for Pediatric and Adolescent Diabetes:** 30 October-2 November 2019
- **British Society for Paediatric Endocrinology and Diabetes:** 27-29 November 2019

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at [bsped@endocrinology.org](mailto:bsped@endocrinology.org).

**Sent by the BSPED Office**

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