

**British Society for  
Paediatric Endocrinology  
and Diabetes**

**BSPED June 2019**



## **BSPED 2019**

The 47th BSPED Annual Meeting will be held in **Cardiff, at the City Hall** on **27-29 November 2019**. BSPED 2019 will be convened by Justin Warner, who has introduced a theme for this year's meeting: *"Working together, supporting expertise for a life without barriers"*.

[Take a look at the programme online for a list of confirmed sessions and speakers.](#)

## **Abstracts**

Presenting your work as an oral communication or a poster brings a range of benefits, including connecting with potential collaborators, access to grants and the chance to make your mark on the field.

Abstracts submission for BSPED 2019 is open and the submission deadline is **Thursday 11 July 2019 (23:59 BST)**. Visit our website for more information on [abstract submission](#) and how you can [submit your work](#) now.

## **Early bird registration**

Save up to 10% on the cost of attending the UK's leading meeting for paediatric diabetes and endocrinology experts. [Register](#) by 10 October to receive the early bird registration rate.

## The BSPED Conference dinner

The conference dinner will be held in the impressive National Museum Cardiff, located only a few minutes' walk from the conference venue. This special evening will comprise a welcome drinks reception in the stunning galleries amongst famous pieces of art such as 'The Blue Lady', followed by a delicious three course meal and entertainment. The evening promises to be a great opportunity to spend time with friends and your team. Dippy the Dinosaur from the Natural History Museum in London is even joining the party, on his tour around the UK! Tickets are available via the conference registration system.



Follow us on Twitter [@BritSPED](https://twitter.com/BritSPED)

## Conference Deadlines

Abstract Submission: 11 July 2019 (23:59 BST)

Early Bird Registration: 10 October 2019 (23:59 BST)

# News from the BSPED Office

## Call for nominations for Chair and Secretary of the BSPED

Lead and shape our Society and the field of paediatric endocrinology, as a member of the BSPED Executive Committee.

Applications are requested for the positions of Chair and Secretary of the BSPED. These vacancies will arise due to the completion of the extended terms of office of Dr Justin Davies and Professor Jo Blair. Successful candidates will join the Executive Committee as Chair-elect and Secretary-elect (non-voting) following the AGM on Thursday 28 November 2019. They will then complete a 3-year term as Chair and Secretary starting from November 2020.



The successful candidates will be elected via an e-vote by members, not a ballot at the AGM.

In these roles you will attend quarterly Executive Committee meetings (three via teleconference and one face to face on the eve of the BSPED Annual Meeting), where you will make strategic and operational decisions regarding the running of the Society and ensure the content of the AGM accurately reflects the BSPED position and activities. You will also be in regular contact via email to ensure timely decisions are made, supported by the BSPED Office. You will be the figureheads, trustees and directors of the Society, and the main points of contact for other relevant bodies.

Please view the relevant job description for details of the roles:

[BSPED Chair](#)

[BSPED Secretary](#)

If you would like further information or to speak to the incumbent officers who would be happy to tell you about the roles, please contact the [BSPED Office](#).

Applicants should send their nomination form (nominated and seconded by BSPED members), CV including photo and a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office ([bsped@endocrinology.org](mailto:bsped@endocrinology.org)) by 23:59 BST on **1 September 2019**. The information you supply with this nomination form will be displayed for voters in our e-vote system (photo may be provided at that stage if you do not wish to provide it with the nomination).

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## BSPED Paediatric Endocrine Nurse Award 2019 – applications open

Applications are now open for this year's [BSPED Paediatric Endocrine Nurse Award](#). The purpose of the award is to reward and support an innovative development or initiative within the paediatric endocrine setting.

You could win £1000 towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses.



For more information, please [see the BSPED website](#) and submit your applications to the BSPED Office by **30 September**.

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## **BSPED Research and Innovation Award 2019**

Applications for the [2019 BSPED Research and Innovation Award](#) are open, with a deadline of 30 September. As in 2018, the BSPED welcomes applications for projects that are intended to:

1. Promote and support academic research by its members by providing funding to:
  - Obtain preliminary data which will support an external funding application
  - Conduct a small project or
  - Purchase equipment
2. Promote and support surveys of rare diseases
3. Promote and support surveys of clinical innovations
4. Promote and support educational projects

The BSPED strongly encourages any BSPED member to submit a proposal including nurses, research fellows, specialist trainees, DGH consultants and Clinical Networks.

We look forward to receiving your [applications](#), which should be submitted to Awards Committee Chair [Helen Storr](#) by **30 September**.

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## **Represent paediatric endocrine nurses on the Clinical Committee – deadline approaching**

We're looking for a new Nurse Officer to join our Clinical Committee from November 2019, as Pauline Musson comes to the end of her extended term of office.

If you'd like to represent paediatric endocrine nurses in the [Clinical Committee's important work](#) and be involved in the development of guidelines and clinical resources, we'd love to hear from you.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more information, please [see the job description on our website](#).

Applicants should send their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office ([bsped@endocrinology.org](mailto:bsped@endocrinology.org)) by **1 July 2019**.

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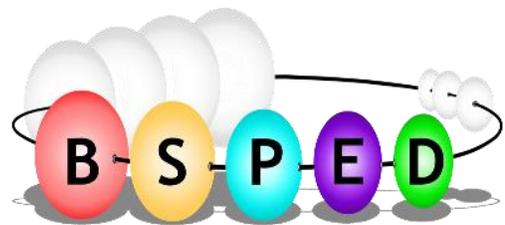
## **BSPED logo – we want to hear from you**

The Clinical and Executive Committees of the BSPED request your views on the BSPED logo. Would you like to keep the existing logo, or do you think it should be changed?

[You can vote here](#)

Please respond by **12 July**.

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# Trainee Update

## Subspeciality Time Grid Trainees' Survey Report

Thank you to everyone who provided data for the Subspeciality Time Grid Trainees' Survey Report which has now been compiled and shared with the CSAC, RCPCH Trainees' Committee and GRID trainees. The CSAC has emphasised that GRID trainees should focus on speciality training during working hours and ideally provide general paediatric cover only during out of hours.

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## ACDC Trainees Study Day, 5 July 2019

The next ACDC trainees study day is being held at the Stoke Place Hotel in Slough covering a wide range of diabetes-related topics, including managing diabetes in sport and how to write a diabetes business case. Programme details and tickets are available at <https://www.eventbrite.co.uk/e/acdc-trainees-study-day-tickets-60262975181>

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## BSPED CME Training Day, 27 November 2019

The next **BSPED CME Training Day** will be held just prior to the main BSPED Annual Meeting in Cardiff. The programme covers a wide range of topics such as management of 46 XY DSD, talking to children about sex development, paediatric vulval disorders, pituitary tumours, management of growth in SGA, congenital hypopituitarism, diabetes technology update and promoting self-management in diabetes. Early bird registration for the CME Day and main meeting closes on 10 October:

<https://www.bsped.org.uk/meetings/bsped-meetings/2019/registration/>

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## BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com/>). Please email for further details of how to join.

Hoong-Wei Gan & James Law  
BSPED/ RCPCH CSAC Trainee Representatives  
[bspedtrainerep@googlemail.com](mailto:bspedtrainerep@googlemail.com)

# News from the Clinical Committee

## DKA Calculator

Please be advised that the DKA Calculator is currently unavailable while some essential maintenance is carried out to ensure it remains accurate when used with modern browsers.

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## Hydrocortisone audit

Following a recent MHRA directive, the BSPED is surveying its members on the use of muco-adhesive buccal hydrocortisone in the treatment of Adrenal Insufficiency. The survey takes only a minute to complete. We would be grateful if you could [complete this survey](#) as soon as possible.

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## SNOMED

NHS England has been aiming to go paperless by 2020. Clinical coding will play a part in this and is intended to be more upfront and available to care givers. SNOMED is a database of clinical codes, managed by the RCPCH, designed to include more than just diagnostic information. The Clinical Committee is collating a list of paediatric endocrinology terms to be included in the database.

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## Growth Hormone Audit

We'd like to remind you about the BSPED National Growth Hormone (GH) Audit, and encourage you to submit your data on newly-prescribed GH in children < 16 years old. The aim of this rolling Audit is to monitor prescribing trends and compliance with NICE guidance. The GH Audit is now part of the BSPED Peer Review process. At Peer Review individual centre prescribing practices will be reviewed in comparison with national practices. You may choose to compare your current practice against UK data by downloading GH Reports through the [online members' area](#).

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## Testosterone Replacement Guidelines

The Clinical Committee has reviewed and approved the recently updated guideline on [Testosterone Therapy in Infancy and Adolescence](#) which is now available via the BSPED website.

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## Peer Review

The Clinical Committee is currently developing guidance documents and self-assessment questionnaires to assist Peer Review leads with the process.

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## **Declaration of interests for guideline endorsement**

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

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## **Patient information leaflets**

All available leaflets are accessible in the [Patient Information section of the BSPED website](#).

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## **Surveys**

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

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## **Submitting items to the Clinical Committee**

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

15 July for Clinical Committee on 1 August 2019

11 November for Clinical Committee on 27 November 2019

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# Announcements

## London South Bank University – Nurse Endocrine Module

London South Bank University is pleased to run the 20 credit nurse endocrine module 'Principles of care for the child and young person in Endocrinology' in the next academic year, at level 6 and level 7. The dates are:

- Thursday 23 and Friday 24 January
- Thursday 20 and Friday 21 February
- Thursday 19 and Friday 20 March

Days in the University are comprised of lectures and group work, starting at 0900 and finishing at 1700. The assessment consists of a case study presentation, focusing on how innovative nursing practice and interventions can enhance the patient experience, and competencies to achieve in clinical practice. The nurse giving the most outstanding presentation will be invited to give their presentation in the nurses' session at BSPED later that year. The assessment / hand in date is Friday 1 May 2020.

It has been confirmed that the BSPED will generously financially support up to 9 nurse members to undertake the module. The nurse must be a BSPED member, and priority will be given to nurse specialists working in paediatric endocrinology. The places will be given on a first come, first served basis, and decided by the University.

Applications are now being accepted at:

Level 6 - <https://www.applycpd.com/LSBU/courses/105946?courseId=105946&tabId=1>

Level 7 - <https://www.applycpd.com/LSBU/courses/105948?courseId=105948&tabId=1>

For further information, please contact Kate Davies (the module lead) at [kate.davies@lsbu.ac.uk](mailto:kate.davies@lsbu.ac.uk)

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## DSD Service Specification

NHS England last year established a Working Group to develop DSD Service Specification. The developed document will soon be going into the consultation phase by stakeholders. Please register as a stakeholder with NHSE to be able to comment on this important document.

<https://www.engage.england.nhs.uk/application/crg-stakeholder-reg-april-2019/>

Stakeholder registration is open for all stakeholders, including patients, carers, service users, members of the public, clinical staff, provider organisations working in specialised services and voluntary sector partners.

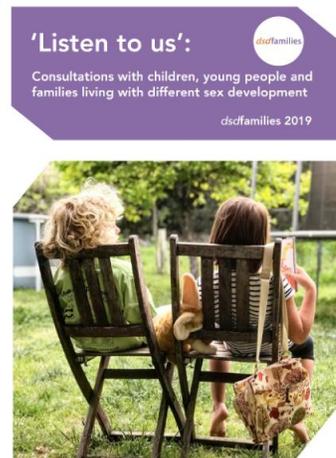
It is the registered stakeholders who are automatically sent new specifications and policies for comment.

You can sign up for one or more Clinical Reference Groups (CRGs). You would at least need to sign up for paediatric medicine and specialised surgery in children to receive the testing for the DSD specification and policy when this is carried out.

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## dsdfamilies Support Group

dsdfamilies is an information and peer support charity for families. In 2016 they received charity status in England and Wales, and in 2018 also in Scotland. They are proud to release a recent report: [‘Listen to us’](#) which captures the voices of nearly 200 children, young people and adults living with different sex development and their families. You can read the report on their website at [dsdfamilies.org](http://dsdfamilies.org) - and please do follow them on Twitter [@dsdfamilies](https://twitter.com/dsdfamilies), where the report has been launched: the twitter site is now active and will be tweeting weekly on resources and news related to children and young people living with a dsd. Please do comment and re-tweet any information you find useful to share. For further information, please contact Kate Davies at [kate.davies@lsbu.ac.uk](mailto:kate.davies@lsbu.ac.uk)



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Diabetes & Metabolism  
CASE REPORTS



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# Meetings and courses

## **British Association of Dermatologists Annual Meeting**

**2-4 July 2019 - Liverpool**

Thursday 4<sup>th</sup> July features a joint session of the British Society of Paediatric Dermatology and the BSPED. Members of the BSPED can take advantage of preferential rates, with one day attendance starting from £175 (if booked before 18<sup>th</sup> May 2019).

Please register at: <https://badannualmeeting.co.uk/registration/>

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## **Association of Children's Diabetes Clinicians Trainees Day**

**5 July 2019 - Slough**

ACDC is holding a Trainees Day on the 5th July in Stoke Place Hotel, Slough  
The [Programme is available here](#) with a registration fee of £40.

<http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

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## **Advances in Diabetes & Insulin Therapy Conference**

**7-9 November 2019 – Istanbul, Turkey**

<https://www.adit-conf.org/>

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### **2019 meetings**

- **European Society for Paediatric Endocrinology Annual Meeting:** 19-21 September 2019
- **International Society for Pediatric and Adolescent Diabetes:** 30 October-2 November 2019
- **British Society for Paediatric Endocrinology and Diabetes:** 27-29 November 2019

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at [bsped@endocrinology.org](mailto:bsped@endocrinology.org).

### **Sent by the BSPED Office**

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