



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED April 2019



We are pleased to announce that [registration for BSPED 2019 is now open!](#)

The theme for this year's meeting is *"Working together, supporting expertise for a life without barriers"*.

Here are just some of the highlights from the BSPED 2019 programme:

- Inquisitor session: Meet the Expert: Professor Mehul Dattani will be questioned by Dr Tim Cheetham about a variety of clinical scenarios.
- The Diabetes Debate: Dr Rachel Besser and Dr Anuja Natarajan will debate "This House believes that continuity of care with doctors underpins optimal diabetes management in children and young people with diabetes".
- CME Day: Expert speakers will cover a wide range of topics such as investigation and management of 46 XY disorder of sexual differentiation, pituitary tumours, growth in small for gestational age, vulval skin disorders, hypopituitarism, talking to a child with DSD, promoting self-management in type 1 diabetes and diabetes technology update.
- Diabetes Professionals Day: Plenary sessions on practical diabetes, enhancing care, managing diabetes in special circumstances, diabetes trials and quality improvement.
- Endocrine Main Meeting: Plenary sessions on outcomes from endocrine disease and thyroid disease in children and a host of oral communications. Professor John Wass will give a guest lecture on 'The history of Paediatric Endocrinology'.
- Nurses' Day for Endocrine Professionals: This year there will be a lively multi-professional discussion on the emergency response to children with adrenal insufficiency. Renowned speakers will also be attending to present on the topical areas of growth in bone disorders, plus Duchenne muscular dystrophy.

The best rates are available by booking before the early-bird deadline of 20 June 2019 (23:59 GMT)

[Please click here to register and for more information](#)

Conference deadlines

[Abstract submission](#): 11 July 2019 (23:59 GMT)

[Early bird registration](#): 20 June 2019 (23:59 GMT)

The BSPED Conference dinner

The conference dinner will be held in the impressive National Museum Cardiff, located only a few minutes' walk from the conference venue. This special evening will comprise a welcome drinks reception in the stunning galleries amongst famous pieces of art such as 'The Blue Lady', followed by a delicious three course meal and entertainment. The evening promises to be a great opportunity to spend time with friends and your team. Dippy the Dinosaur from the Natural History Museum in London is even joining the party, on his tour around the UK! Tickets are available via the conference registration system.



News from the BSPED Office

Call for nominations for Chair and Secretary of the BSPED

Lead and shape our Society and the field of paediatric endocrinology, as a member of the BSPED Executive Committee.

Applications are requested for the positions of Chair and Secretary of the BSPED. These vacancies will arise due to the completion of the extended terms of office of Dr Justin Davies and Dr Jo Blair. Successful candidates will join the Executive Committee as Chair-elect and Secretary-elect (non-voting) following the AGM on Thursday 28 November 2019. They will then complete a 3-year term as Chair and Secretary starting from November 2020.



The successful candidates will be elected via an e-vote by members, not a ballot at the AGM.

In these roles you will attend quarterly Executive Committee meetings (three via teleconference and one face to face on the eve of the BSPED Annual Meeting), where you will make strategic and operational decisions

regarding the running of the Society and ensure the content of the AGM accurately reflects the BSPED position and activities. You will also be in regular contact via email to ensure timely decisions are made, supported by the BSPED Office. You will be the figureheads, trustees and directors of the Society, and the main points of contact for other relevant bodies.

Please view the relevant job description for details of the roles:

[BSPED Chair](#)

[BSPED Secretary](#)

If you would like further information or to speak to the incumbent officers who would be happy to tell you about the roles, please contact the [BSPED Office](#).

Applicants should send their nomination form (nominated and seconded by BSPED members), CV including photo and a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by 23:59 BST on **1 September 2019**. The information you supply with this nomination form will be displayed for voters in our e-vote system (photo may be provided at that stage if you do not wish to provide it with the nomination).

Represent paediatric endocrine nurses on the Clinical Committee

We're looking for a new Nurse Officer to join our Clinical Committee from November 2019, as Pauline Musson comes to the end of her extended term of Office.

If you'd like to represent paediatric endocrine nurses in the [Clinical Committee's important work](#) and be involved in the development of guidelines and clinical resources, we'd love to hear from you.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more information, please [see the job description on our website](#).

Applicants should send their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **1 July 2019**.

New Clinical Committee Chair

Following a call for nominations and Executive Committee election, Dr Nils Krone (Sheffield) has been elected as the next BSPED Clinical Committee Chair. Current Chair, Tabitha Randell, will remain in office until May 2020, but Nils will be shadowing her as Chair-elect for the next year. We welcome Nils to the Clinical Committee, as well as Dr Fiona Regan as the new DGH Officer.

New BSPED Special Interest Groups – get involved

The BSPED supports a number of [Special Interest Groups \(SIGS\)](#). Two new BSPED SIGS have recently been formed. Please find further information below:

CYP Type 2 Diabetes Special Interest Group

The Children and Young People Type 2 Diabetes Special Interest Group aims to improve the care of children and adolescents with type 2 diabetes. The group is composed of multi-disciplinary professionals across all Paediatric Diabetes Networks in the U.K. Meetings are held regularly to share experiences in the management, research and training in CYP with type 2 diabetes. Please contact [Dr Billy White](#) or [Usha Parkash](#) (Children and Young People's South East Coast & London Diabetes Network Manager) and refer to the [CYP diabetes Network website](#) for further information if you are interested.

Hypothalamic & Pituitary Axis Tumour (HPAT) Special Interest Group]

The Hypothalamic and Pituitary Axis Tumour (HPAT) Special Interest Group brings together paediatric neuroendocrine and pituitary professionals from across the UK to better understand, and raise awareness of, the life limiting neuroendocrine morbidity of hypothalamic injury, and improve functional outcomes of children and young people under 19 years of age (CYP) with diverse suprasellar hypothalamo-pituitary axis tumours. The group aims to train, establish and support tertiary paediatric neuroendocrine experts in all national paediatric CCLG-affiliated neurooncology centres, to lead alongside age-appropriate neurosurgical, neuro-oncology, neuropathology and neuroradiology experts in decision making MDTs, peri-operative care and long term health provision across age transitions, according to 2019 forthcoming collaborative CCLG and BSPED guidelines endorsed by RCPCH. Importantly, the HPAT SIG aims:

- to build on existing collaborative interdisciplinary guidance initiatives and the national virtual HPAT discussion forum by establishing collaborative intersociety national outcome registries for continuous audit, guideline update and research, and
- to establish formal relationships with national and international multidisciplinary working groups and representative bodies to ensure streamlined safe, and equitable neuroendocrine care.
- to identify areas of need and to support research to advance the neuroendocrine care of children and young people with HPATs

Please contact [Paul Dimitri](#) if you would like further information about this group.

Paediatric endocrine nurses email list

In November, Lee Martin took office as BSPED's Paediatric Endocrine Nurse Representative.

If you are a paediatric endocrine nurse BSPED member and would like to join Lee's paediatric endocrine nurses email group for all the latest updates, please email him at lee.martin@bartshealth.nhs.uk

Trainee Update

Annual Retreat for Trainees in Endocrinology (ARTE), 10-11 May 2019

ARTE 2019 will be held at the Clayton Hotel, Birmingham this year. For GRID trainees, please note that this meeting will coincide with your annual CSAC review on 10 May 2019. Further details of have been circulated - please contact the trainee representatives if you have yet to receive the relevant email.

Neonatal Endocrinology Study Day, 3 May 2019

A neonatal endocrinology study day is being run at the DoubleTree by Hilton Hotel in Bradley Stoke covering a wide variety of subjects, from disorders of sex differentiation to neonatal diabetes. Please contact Dr. Dinesh Giri, Consultant Paediatric Endocrinologist, Bristol Royal Hospital for Children (Dinesh.Giri@uhbristol.nhs.uk) for application details.

ACDC Trainees Study Day, 5 July 2019

The next ACDC trainees study day is being held at the Stoke Place Hotel in Slough covering a wide range of diabetes-related topics, including managing diabetes in sport and how to write a diabetes business case. Programme details and tickets are available at <https://www.eventbrite.co.uk/e/acdc-trainees-study-day-tickets-60262975181>

BSPED/ RCPCH CSAC Trainee Representative

The deadline for applications for the role of CSAC trainee representative has now passed. As we have had more than one applicant, voting details will be sent out by the RCPCH soon so please do look out for this.

BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact me via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com/>). Please email for further details of how to join.

Hoong-Wei Gan
BSPED/ RCPCH CSAC Trainee Representative
bspedtrainerep@googlemail.com

News from the Clinical Committee

A Committee meeting is being held today and further updates will be provided in the next issue of the newsletter.

New Clinical Committee Members:

We are pleased to welcome the following new members of the Clinical Committee:

Dr Nils Krone (Sheffield) as Chair-elect

Dr Fiona Regan (Frimley) as DGH Officer

DKA Calculator

Please be advised that the DKA Calculator is currently unavailable while some essential maintenance is carried out to ensure it remains accurate when used with modern browsers.

Cortisol cut-off

Do you know your laboratory cortisol cut-off level to synacthen stimulation? As cortisol assay platforms get updated, your laboratory cut-offs should also be changed accordingly. It is important that paediatric endocrinologists use the correct cortisol cut-offs to ensure patients are managed safely and effectively. Please do check with your clinical biochemistry service if they are providing you with the correct cut-off.

Peer Review

The Clinical Committee is currently developing guidance documents and self-assessment questionnaires to assist Peer Review leads with the process.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

Patient information leaflets

All available leaflets are accessible in the [Patient Information section of the BSPED website](#).

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee

meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

15 July for Clinical Committee on 1 August 2019

11 November for Clinical Committee on 27 November 2019

Announcements

Rare disease art competition

The British Paediatric Surveillance Unit and its sister unit, the Child and Adolescent Psychiatry Surveillance System (CAPSS), are looking for budding artists affected by a rare disease, aged 17 and under, to enter artwork for the cover of their next annual report. The winning artist will be awarded a £50 gift voucher.

Read more about the competition by clicking here: www.rcpch.ac.uk/bpsu/artcompetition

DSD Service Specification

NHS England has last year established a Working Group to develop DSD Service Specification. The developed document will soon be going into the consultation phase by stakeholders. Please register as a stakeholder with NHSE to be able to comment on this important document.

<https://www.engage.england.nhs.uk/application/crg-stakeholder-reg-may-2018/>

Stakeholder registration is open for all stakeholders, including patients, carers, service users, members of the public, clinical staff, provider organisations working in specialised services and voluntary sector partners.

It is the registered stakeholders who are automatically sent new specifications and policies for comment.

You can sign up for one or more Clinical Reference Groups (CRGs). You would at least need to sign up for paediatric medicine and specialised surgery in children to receive the testing for the DSD specification and policy when this is carried out.

British Thyroid Foundation Medical Professionals Feedback Survey 2019

As part of a review of how we can improve the services offered by the BTF our trustees have asked us to request feedback from the medical professionals we work with. So in order to help us understand better how our resources are used and to improve our support services we'd be very grateful if you'd complete this [short survey](#). There are only 7 questions so it should only take a couple of minutes.

Thank you for your help with this,
Julia Priestley
CEO - Development
British Thyroid Foundation

British Association of Dermatologists Annual Meeting in Liverpool

We are delighted to announce details of the programme for the 99th Annual Meeting of the British Association of Dermatologists, taking place 2nd to 4th July at the ACC Liverpool venue.

Full details can be found on the new dedicated BAD Annual Meeting website:
<https://badannualmeeting.co.uk/>

We hope that you will agree that this is looking a superb programme and offers something for everyone working in Dermatology. We will continue with some of the new initiatives introduced in Edinburgh and hope to build on the record attendance we achieved when the conference was held here in 2017.

Please have a look at the programme tab to see the overview of sessions and details of the Keynote Speakers. Following positive feedback we have continued to spread the special interest groups throughout the week, but please check which day as there have been some adjustments to this.

Thursday 4th July features a joint session of the British Society of Paediatric Dermatology and the BSPED. Members of the BSPED can take advantage of preferential rates, with one day attendance starting from £175 (if booked before 18th May 2019).

Please register at: <https://badannualmeeting.co.uk/registration/>


We hope to see you in Liverpool!


Carsten Flohr Lindsay Shaw
(BSPD Secretary) (BSPD President)

Develop and test your knowledge on the complications of diabetes through 3 interactive patient case studies.

As part of the “Management & Monitoring of Paediatric & Adolescent Diabetes” (MMPAD) European Programme, these practical examples and self-assessments authored by Francesco Chiarelli cover Renal Complications in Diabetic Ketoacidosis, Maturity-onset Diabetes of the Young (MODY) and Hypoglycaemia & Technology. [Click here to access the educational resources from the series.](#)



 Endocrinology,
Diabetes & Metabolism
CASE REPORTS

 B S P E D

The British Society for Paediatric Endocrinology
and Diabetes endorses *Endocrinology,
Diabetes & Metabolism Case Reports*.

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Meetings and courses

British Thyroid Association Conference 10 May - London

<https://www.cam-pgmc.ac.uk/courses/british-thyroid-association-conference-10-may-2019>

Managing growth disorders: integrating technology into a personalised approach (webinar) 21 May, 11:00 to 12:30 (BST)

Join Prof Martin Savage as he chairs an expert-led live webinar discussing non-adherence to GH therapy, why this is a problem and what interventions can promote adherence for children and their families. Specialists will be presenting and debating on barriers to effective management of growth disorders and which tools are available to implement to improve short- and long-term outcomes.

Participants will have the opportunity to pose questions to our panel of experts throughout the session, and interact by answering live questions to promote peer-to-peer engagement and debate.

For more information and to register: <http://paediatric-endocrinology.medwirenews.com/education/webinar/managing-growth-disorders-integrating-technology-into-a-personalised-approach/>

New Technologies in Diabetes 13 June – Royal Society of Medicine, London

Learn from a team of top specialists showcasing the advances in diabetes technology over the last few years and the psychosocial impact of the condition and its management. References in their fields such as Dr Roman Hovorka will go through advances in diabetes pumps, closed loop technology, islet transplants, advances in insulin delivery systems (e.g. gels) and keep you updated with the new researches on the topic.

Book now: <https://www.rsm.ac.uk/events/endocrinology-and-diabetes/2018-19/edm02/>

9th International Symposium on Children's Bone Health 22-25 June 2019 – Salzburg, Austria

This Conference will bring together scientists and clinicians from a wide range of disciplines to gain a better understanding of the growing skeleton in health and disease. The scope ranges from basic molecular mechanisms to clinical aspects, from bone physiopathology to treatment. We invite anyone with an interest in bone metabolism and bone mass in children, adolescents and young adults to attend. The ICCBH conference takes place every two years and is attended by over 400 delegates from across the globe, making it truly multinational and multidisciplinary – a unique networking opportunity.

<https://www.iccbh.org/>

Monogenic Diabetes Training Course
1-2 July 2019 – University of Exeter

This 2-day course on Monogenic Diabetes is aimed at consultants, SpRs and experienced DSNs, and is designed to help busy clinicians recognise and treat patients with MODY and other forms of monogenic diabetes. It will focus on the current practices and new developments in the management of monogenic diabetes.

The programme will include plenary lectures on major topics delivered by Prof. Andrew Hattersley and his team of international experts. Separate small group case-based discussions will focus on key themes. There will be ample opportunity for interaction, networking and multi-disciplinary team development.

<https://www.diabetesgenes.org/monogenic-diabetes-training-course/>

British Association of Dermatologists Annual Meeting
2-4 July 2019 - Liverpool

Thursday 4th July features a joint session of the British Society of Paediatric Dermatology and the BSPED. Members of the BSPED can take advantage of preferential rates, with one day attendance starting from £175 (if booked before 18th May 2019).

Please register at: <https://badannualmeeting.co.uk/registration/>

Association of Children's Diabetes Clinicians Trainees Day
5 July 2019 - Slough

ACDC is holding a Trainees Day on the 5th July in Stoke Place Hotel, Slough. The [Programme is available here](#) with a registration fee of £40.

<http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

2019 meetings

- **European Congress of Endocrinology:** 18-21 May 2019
- **European Society for Paediatric Endocrinology Annual Meeting:** 19-21 September 2019
- **International Society for Pediatric and Adolescent Diabetes:** 30 October-2 November 2019
- **British Society for Paediatric Endocrinology and Diabetes:** 27-29 November 2019

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

BSPED

c/o Bioscientifica Ltd

Starling House,

1600 Bristol Parkway North,

Bristol, BS34 8YU

bsped@endocrinology.org

Tel: 01454 642258