



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED January 2019

Save the date

BSPED2019

27-29 NOVEMBER

Cardiff City Halls

47TH ANNUAL MEETING



The 47th BSPED Annual Meeting will be held in Cardiff, at the City Hall on 27-29 November 2019. BSPED 2019 will be hosted by Justin Warner, who is already working hard with the rest of the Programme Organising Committee to pull together an excellent programme of sessions.

Registrations and abstract submissions will open in March with an abstract deadline of 11 July. Please contact bsped@endocrinology.org if you have any questions about the event.

UK Standards for Paediatric Endocrinology 2019

**UK standards
for
Paediatric Endocrinology**

January 2019



British Society for
Paediatric Endocrinology
and Diabetes



Endorsed by:

Royal College of
Paediatrics and Child Health
Leading the way in Children's Health

The UK standards for Paediatric Endocrinology have been recently updated by the BSPED and are now endorsed by the Royal College of Paediatrics and Child Health. The standards apply to all children and young people aged 0-18 years with an endocrine condition. The aims of the standards are to reduce variability in care and to ensure that equitable services providing high quality, safe and effective care are available to all children and families across the UK. The standards are intended for healthcare professionals and for service commissioners to plan, deliver and quality assure paediatric endocrine services.

[The standards have been uploaded to the BSPED website and can be found here.](#)

News from the BSPED Office

New life time achievement award – submit your nominations in the next 4 weeks

You can help celebrate the outstanding contributions of paediatric endocrinologists you've worked with or been influenced by.

The BSPED has launched a new Lifetime Achievement Award. The award is named The James M Tanner Award, in honour of the British paediatric endocrinologist best known for his seminal growth studies and development of the Tanner scale. This is the most prestigious BSPED award, given in recognition of an outstanding overall contribution to the field of paediatric endocrinology and diabetes.

This award acknowledges many facets, including excellence in leadership, scientific research, teaching and mentorship. Launched at the 2018 BSPED Annual Meeting in Birmingham, it will be awarded each year at the BSPED Annual Conference.

Nominations for the 2019 Award are welcomed from all BSPED members and should be submitted by **28 February 2019**. All details and a nomination form can be found in the [Awards section of our website](#).

We look forward to receiving your nominations!



You could be the next BSPED Clinical Committee Chair – applications open

The BSPED's Clinical Committee is at the forefront of standard-raising and clinical guidance in British paediatric endocrinology and diabetes. As Chair of the Clinical Committee, you would steer a dedicated and passionate team of committee members from across the field to:

- 1 Respond and give opinions on matters in clinical paediatric endocrinology and diabetes including ethical issues, and funding of high-cost therapies.
- 2 Play an advisory role in the development of guidelines for optimal management of paediatric endocrine disorders and diabetes.
- 3 Participate in the development and maintenance of audit in paediatric endocrinology and diabetes from a national perspective.
- 4 Ensure adequate representation of paediatric endocrinology and diabetes to the media.
- 5 Increase awareness of therapeutic issues and any possible therapeutic problems, and arrange for national surveillance/audit where deemed appropriate in paediatric endocrine and diabetes practice
- 6 If required, investigate & disseminate information on any new therapy/problem therapy to the BSPED membership.
- 7 Review and develop the provision of BSPED's information for patients.
- 8 Review the output of BSPED Special Interest Groups.
- 9 Review surveys submitted by BSPED members prior to promotion by the BSPED.
- 10 Co-ordinate peer review of the designated paediatric endocrine centres in the UK (including Northern Ireland).



Applications are requested for the position of BSPED Clinical Committee Chair, to take effect from the Clinical Committee meeting in May 2019. The successful candidate would shadow current Chair Tabitha Randell for 1 year and then take the helm for 3 more years to complete a 4-year term of office.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more information, please [see vacancy details on our website](#).

Applicants should send their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **31 March 2019**.

Represent District General Hospital paediatric endocrinology on our Clinical Committee – applications open

We're looking for a new District General Hospital Officer to join our Clinical Committee from April/May 2019 as John Schulga comes to the end of his term of Office.

If you'd like to represent DGH in the Clinical Committee's important work (see above), please do get in touch.

Applications will be reviewed and the successful candidate selected by the Executive Committee.

For more information, please [see vacancy details on our website](#).

Applicants should send their CV, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **31 March 2019**.

New BSPED Special Interest Groups – get involved

The BSPED supports a number of [Special Interest Groups \(SIGS\)](#). Two new BSPED SIGS have recently been formed and expressions of interest for new members of the groups, and a coordinator of the DKA SIG, are welcomed. Please find further information below.

DKA SIG

There has been much interest in setting up a Special Interest Group to look at the current management of diabetic ketoacidosis (DKA). The group will review the BSPED DKA guidelines and clinical management of DKA. BSPED Diabetes Officer Fiona Campbell will be setting up a meeting of the group at the RCPCH in London in early 2019. If you would like to join, or indeed lead, this group, please contact bsped@endocrinology.org.

CHI SIG

Congenital Hyperinsulinism (CHI) is a rare disease of hypoglycaemia but is the commonest cause for persistent and recurrent hypoglycaemia in young children. Hypoglycaemia due to CHI can have significant brain impact if not treated promptly. Two centres in England are designated CHI centres - Northern CHI [Royal Manchester Children's and Alder Hey Children's Hospital] and Great Ormond Street CHI services.

Many paediatric endocrinology centres in the UK work closely with the CHI centres to ensure identification and management of hypoglycaemia due to CHI. It is important to strengthen such referral networks to provide local care to patients as far as possible while improving the quality of UK wide CHI services. The CHI Special Interest Group (CHI SIG) has been developed as a forum within BSPED to encourage paediatric endocrinologists,

pediatricians and neonatologists involved in the management of children with hypoglycaemia to discuss safety and quality of care as well as forge research networks.

There is no restriction to membership of the CHI SIG - all are welcome! If you are interest in being involved in the group, please contact [Indi Bannerjee](#) .

New Trainee Rep position on Clinical Committee – opportunity to apply

The BSPED would like to invite a trainee representative to be part of the Clinical Committee – to give trainees an opportunity to contribute to the important work of the Clinical Committee and to ensure the trainees’ voice is heard on the Committee. Please see [our website](#) and the Trainees’ section of the newsletter below for more details and encourage trainees to apply by **31 January**.

Paediatric endocrine nurses email list

In November, Lee Martin took office as BSPED’s Paediatric Endocrine Nurse Representative, following on from Stephanie Kerr’s successful 3 years in office. Thank you to Steph for all her hard work and to Lee for picking up the mantle.

If you are a paediatric endocrine nurse BSPED member and would like to join Lee’s paediatric endocrine nurses email group for all the latest updates, please email him at lee.martin@bartshealth.nhs.uk

Membership Renewal

All members have received their membership renewal request for 2018/9. If you have been meaning to renew your membership, please do so ASAP, to avoid your membership lapsing in February. You can renew by following your unique, safe and secure payment link in your renewal email, or by logging into the BSPED [members’ area](#). If you require your payment link to be re-sent, or have difficulty access the members area, please contact the [BSPED office](#). If you have any updates to your contact information or if you are now a consultant and need to change your membership category, please also contact the BSPED Office. We would like to thank members for their continued support of the Society.

Don’t miss out on your newsletter

The new EU General Data Protection Regulation (GDPR) came into force in May. To ensure you can still receive your BSPED newsletter and other BSPED information by email, we will be asking you to confirm your communication preferences when you renew your membership online. Please ensure you tick ‘General updates about BSPED activities’ to continue receiving your newsletter.

Trainee Update

ESPE Summer School 2019

ESPE is currently accepting applications for this year's Summer School, which takes place in Burg Feistritz am Wechsel, Austria from 16-18 September 2019, immediately before the ESPE Annual Meeting in Vienna. The Summer School is an opportunity for trainees in paediatric endocrinology to experience up to date, interactive small-group teaching with experts in the field. Applications close on 8 February. For further information and to apply, [see the ESPE website](#).

Save the Date - Annual Retreat for Trainees in Endocrinology (ARTE), 10-11 May 2019

ARTE 2019 will be held at the Clayton Hotel, Birmingham this year. For GRID trainees, please note that this meeting will coincide with your annual CSAC review on 10 May 2019. Further details of how to apply will be circulated in due course.

BSPED/ RCPCH CSAC Trainee Representative

The deadline for applications for the role of CSAC trainee representative has now passed. The new representative will be announced soon so watch this space!

BSPED Clinical Committee Trainee Representative

An exciting new role as a trainee representative on the BSPED Clinical Committee is being created, to allow trainees to have a role in guideline development, national audit, media representation and dissemination of clinically relevant issues to its membership. The Clinical Committee meets 4 times per year (including twice by teleconference). Applicants must be a trainee member of the BSPED and travel expenses to meetings will be covered by the BSPED. Deadline for the application is 31st January 2019. For more information, visit the [vacancy page on our website](#).

Protected GRID Training Time Survey

Many thanks to those of you who have filled in the GRID Training Time Survey. The results are currently being analysed and will be examined by the CSAC as well as disseminated to trainees and the RCPCH Trainees' Committee where we have had interest from other subspecialty trainee groups.

BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact me via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com/>). Please email for further details of how to join.

Hoong-Wei Gan

BSPED/ RCPCH CSAC Trainee Representative bspedtrainerep@googlemail.com

News from the Clinical Committee

Opportunities to join our committee:

[Clinical Committee Chair](#)

[District General Hospital Officer](#)

[Trainee Representative](#)

Peer Review

The latest cycle of peer review will begin in the spring, starting with centres last reviewed in 2012/2013. All centres have been contacted to arrange a review date over the next three years. The peer review process is managed by Indi Bannerjee and John Schulga.

Declaration of interests for guideline endorsement

If you would like a guideline to be endorsed or supported by the BSPED, we ask that you first complete a [declaration of interests form, which can be found here](#).

DKA Guideline – Fluid Calculator updated link

Please be advised that the [Fluid Calculator](#) link in the [BSPED Recommended Guideline for the Management of Children and Young People under the age of 18 years with Diabetic Ketoacidosis 2015](#) has been updated and all published versions of the guidelines document should be updated, or your website should directly link to the document hosted on the BSPED website.

New patient information leaflets

Pauline Musson has led a project on behalf of the Clinical Committee, to review and update the BSPED patient information leaflets. Leaflets have now been added on Androgen Insensitivity Syndrome, CAH, Cushing's Syndrome and Klinefelter Syndrome.

All available leaflets are available in the [Patient Information section of the BSPED website](#).

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

31 January for Clinical Committee in February 2019

Announcements

British Association of Dermatologist Annual Meeting in Liverpool

Dear BSPED colleagues,

On behalf of the British Society of Paediatric Dermatology (BSPD) we would like to invite you to the joint BSPD-BSPED symposium at the **British Association of Dermatologist Annual Meeting in Liverpool, Thursday 4th July.**

Paediatric Endocrinologists Dr Tony Hulse from London and Dr Guftar Shaikh from Glasgow are our keynote speakers.

Please see the following link for further details on meeting registration and abstract submission:
<https://badannualmeeting.co.uk/>

We would be delighted to receive abstract submissions for poster or oral presentations.

Please note the deadline for abstract submission is Monday 4th February 2019.

We look forward to seeing some of you in Liverpool.

With best wishes, Carsten and Lindsay

Carsten Flohr Lindsay Shaw
(BSPD Secretary) (BSPD President)

Develop and test your knowledge on the complications of diabetes through 3 interactive patient case studies.

As part of the "Management & Monitoring of Paediatric & Adolescent Diabetes" (MMPAD) European Programme, these practical examples and self-assessments authored by Francesco Chiarelli cover Renal Complications in Diabetic Ketoacidosis, Maturity-onset Diabetes of the Young (MODY) and Hypoglycaemia & Technology.

[Click here to access the educational resources from the series.](#)

The Novo Nordisk UK Research Foundation

The Novo Nordisk UK Research Foundation is a charity supporting research and education in diabetes. Funding is available on a competitive basis for clinicians, nurses and allied healthcare professionals working in both primary and secondary care. The Foundation is now inviting applications for the 2018 awards:

Research Fellowships – Clinical Research Fellowships, up to 3 years duration (part time considered), are available for clinicians and nurses working towards a PhD or MD.

Closing date: Friday 5th April 2019

Grant Awards – small research project grants up to £12,000 open to all applicants.

Closing date: Friday 5th April 2019

Fund Awards – for nurses and allied healthcare professionals:

- Attendance at a national or international meeting up to £1,000
- A course of study up to £2,000
- Small clinical project up to £5,000

Closing date: Monday 5th April 2019

For further information on the individual awards and application forms: www.novonordiskfoundation.org.uk

Jackie Shuttlewood Tel: 01293 762009

E-mail: ukresearchfoundation@novonordisk.com

Registered charity: 1056410 AMRC member, NIHR partner

NICE: guideline committees - recruitment of non-specialist chairs - recruitment of Guideline Development Group Chair

As a member of the British Society for Paediatric Endocrinology and Diabetes (BSPED), we would like to inform you of the opportunity to apply for a number of roles as a non-specialist chair for the following guideline committees that are due to start in 2019:

- Gout
- Pernicious anaemia
- Hypoadrenalism: acute and long-term management
- Barrett's oesophagus: ablative therapy

The GDG Chair will have a leadership role in developing a nationally implemented guideline with the promotion of the best possible practice and health outcomes for children at its core.

Chairing a GDG is a demanding yet very rewarding role. It requires strong interpersonal and team-working skills, an ability to communicate complex issues to differing audiences and a commitment to evidence-based medicine. For more information, please see [our leaflet](#) on being a GDG member or chair.

Should you require further information about the guidelines or are interested in applying for this opportunity, please visit the [NICE website](#) to download the application forms. You may also contact amelia.unsworth@rcplondon.ac.uk for further information. The deadline for applications is **5pm Monday 4 February 2019**.

If you have any questions, please contact the [Clinical Standards Team](#). Thank you in advance for your help.

British Thyroid Foundation free information event for families

The British Thyroid Foundation will be hosting our third Children's Conference on Saturday 8 June 2019 in Birmingham which will be an opportunity for families of children with thyroid disorders to learn more about thyroid disorders and the ways they can affect children as they grow up. The speakers will include Dr Renuka Dias, Prof Tim Barrett, Dr Kristien Boelaert and Dr Sue Jackson (clinical psychologist with an interest in thyroid disease) as well as patients.

We are delighted that we've secured National Lottery funding for it so it will be free of charge. I'd be very grateful if you would [share details](#) about this event with your colleagues and ask them to let their patients know about the meeting. We are delighted that we have secured National Lottery funding for it so it will be free of charge. If any of your members would like us to send copies of the poster or flyers for their clinics please ask them to email their request to children@btf-thyroid.org.



If you have any questions please let me know.

Julia Priestley
CEO – Development

Clinical Research Associate (Diabetes) (Fixed Term)

The University of Cambridge is seeking a Clinical Research Associate wishing to pursue research in the area linking glucose sensor data with insulin pump delivery (closed loop systems) in children and adolescents with type 1 diabetes. The research is funded by Horizon 2020, the National Institute for Health Research and other funding agencies. Possession of MRCPCH (UK) or its recognised equivalent is essential. The post would suit a doctor with training at UK ST2/3 level or above (or equivalent), wishing to gain experience in clinical and translational research. Postgraduate training in paediatric endocrinology / diabetes would be desirable for this post, but not essential. For more information, [see the University website](#).



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology and Diabetes endorses *Endocrinology, Diabetes & Metabolism Case Reports*.

New 25% discount on the open-access publication charge for BSPED members.

Share your insights with the medical community by publishing your case report!

Submit online at

www.edmcasereports.com

Facilitating discovery, connections and comparisons



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Meetings and courses

13th ACDC Annual Conference

1 February 2019 - Conference Aston, Birmingham

The 13th ACDC Annual Conference will be held at Conference Aston Centre B7 4BL (15 minutes' walk from New Street station).

Please book early as the conference is always oversubscribed and places will be allocated on a first come first served basis.

[2019 ACDC Annual Conference Programme](#)

A registration fee of £95 is payable by all attendees for this conference.

<http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

21st Clinicopathological Conference on Pituitary Disease

4 February 2019 - Royal College of Obstetricians and Gynaecologists, London

Registration: <https://cfsevents.eventsair.com/21stccpd/registration/Site/Register>

Programme coming soon.

Obesity Update 2019
14 February 2019 – RCP, London

Bioscientifica will be hosting Obesity Update 2019 in collaboration with the Society for Endocrinology's Metabolic and Obesity Endocrine Network. This comprehensive update will cover a range of topics around the scientific research and clinical treatment of obesity.

<https://www.bioscientifica.com/event-management/our-events/obesity-update-2019>

Advanced Technologies and Treatments for Diabetes
20-23 February 2019 – Berlin, Germany

The 12th International Conference on Advanced Technologies & Treatments for Diabetes (ATTD 2019) is your opportunity to stay up to date and hear the latest cutting-edge advances in our field.

The scientific program will bring together leading international experts to discuss breakthroughs in diabetes treatments, technological innovations and showcase the latest developments in new insulin analogues, delivery systems, pumps, glucose sensors, closed-loop systems and much more. Get ready for the latest news in our ever-growing field.

<https://attd.kenes.com/2019#.XBJUIX7TIU>

GOSH Paediatric Endocrinology Symposium (G-PEG)
29 March 2019 – Birkbeck University, London

Causes and treatments of Hypoglycaemia in Neonates and Paediatrics. Why is it important?

The learning objectives of this symposium are physiology of glucose metabolism, causes and complications of hypoglycaemia. There are interesting case presentations highlighting different causes of hypoglycaemia and its management. There will be oral presentations from well-known speakers in this field and will have interactive case discussions. This is aimed at trainees & Consultants in Paediatrics, Neonatology and Endocrinology, nurses, midwives and dietitians who are involved in the management of hypoglycaemia in Children.

There will be a break away session for nurses to learn the practical skills of completing a hyposcreen (Metabolic and Endocrine), medications used to treat Hyperinsulinism, learn from case studies plus managing patients at home.

<https://courses.gosh.org/endocrinology>

Monogenic Diabetes Training Course
1-2 July 2019 – University of Exeter

This 2-day course on Monogenic Diabetes is aimed at consultants, SpRs and experienced DSNs, and is designed to help busy clinicians recognise and treat patients with MODY and other forms of monogenic diabetes. It will focus on the current practices and new developments in the management of monogenic diabetes.

The programme will include plenary lectures on major topics delivered by Prof. Andrew Hattersley and his team of international experts. Separate small group case-based discussions will focus on key themes. There will be ample opportunity for interaction, networking and multi-disciplinary team development.

<https://www.diabetesgenes.org/monogenic-diabetes-training-course/>

2019 meetings

- **European Congress of Endocrinology:** 18-21 May 2019
- **European Society for Paediatric Endocrinology Annual Meeting:** 19-21 September 2019
- **International Society for Pediatric and Adolescent Diabetes:** 30 October-2 November 2019
- **British Society for Paediatric Endocrinology and Diabetes:** 27-29 November 2019

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

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