

Optimising Transition in Young Adults with Diabetes

An MDT approach to facilitating a workable transition between paediatric and adult services for young people with T1 and T2 diabetes. Management of young people with T2 diabetes is an emerging field that provides new challenges to the healthcare team in enabling young people to live with a lifelong condition that may also be affecting the wider family.

Our service is delivered across two sites looking after young people with diabetes aged between 14-19 years in paediatric services and 16-24 years in adult services.

It is often difficult to bridge the gap between services, especially when the 'wrap around services' provided in paediatric care are not readily available within adult services.

We aim to Engage individuals in their own healthcare to encourage an environment of open-ness and acceptance. In order to achieve this we have a team that is interested in the speciality management of young people with diabetes.