

The GIDS (Gender Identity Development Service) sees children and young people who are experiencing gender incongruence for further exploration and discussions. When an endocrine pathway of care is decided as part of their care plan the young person is referred to one of the two specialist endocrine centres, London or Leeds. The gender identity clinical nurse specialists will present the pathway of care the NHS has commissioned as part of their possible medical transition. They will also identify common challenges, pronouns and associated difficulties within this diverse and unique patient group.

A patient story – the highs and lows of transition. This will be a short insight told through a patient story, of one young person's journey through our service.