



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED October 2018



Welcome to Birmingham!

The 46th Annual Meeting of the British Society for Paediatric Endocrinology and Diabetes will be held on 7-9 November 2018 at the Repertory Theatre in Birmingham.

The Programme Organising Committee, the local diabetes and endocrine teams as well as Bioscientifica look forward to welcoming you to Birmingham. We think you will agree using a venue that is in the centre of town will be convenient for access, and the panoramic views from the top of the new Library adjacent to the venue, are worth the walk up.

We have put together an exciting [programme](#) covering practical aspects of paediatric endocrinology and diabetes underpinned by robust science and key national and international trials. We have made the most of our local science and clinical expertise, particularly in DSD/adrenals, bone and rare diabetes; and also invited some world class speakers to present recent study outcomes, such as Trialnet and NESGAS.

We have again incorporated parallel sessions on both days – one with a diabetes and one with an endocrine flavour, aimed at the broad range of health professionals within these specialities. We have been keen to select varied but highly topical areas, allowing the programme to cover aspects of thyroid problems, growth, diabetes technology, and type 2 diabetes, always with an emphasis on the practical aspects of management. In place of meet the expert sessions, we have included ‘State of the Art’ lectures, but kept the question and answer sessions as part of these, on growth and NESGAS, and 20 years’ experience in Metabolic Bone disease. These will be special opportunities to celebrate the massive contributions of Professors Jeremy Kirk and Nick Shaw to our Society and Paediatric Endocrinology.

The CME day on Wednesday 7th November will also appeal to people from a variety of backgrounds with a stimulating mixture of talks including sessions on managing obesity and techniques to maximise childhood and adult height.

The Scientific programme will be complemented by satellite symposia on clinical trial results (Wednesday 16:40-17:40), growth hormone (Thursday 07:45-08:45) and adrenal insufficiency (Friday 08:15-09:15).

Hopefully you will find time to explore the area including the famous Bullring Shopping Centre and Symphony Hall and we are sure that those attending the Thursday evening dinner at Birmingham Council House (adjacent to the conference centre) will have a great time socialising and dancing!

We would like to thank you all for making the trip to the West Midlands and hope that you have an enjoyable few days in one of the UK's great cities. If you haven't yet booked your place, you can [register here](#).

Renuka Dias and Tim Barrett
BSPED 2018 Convenors

Twitter Photo competition

Whilst at BSPED this year enter the BSPED 2018 Twitter photo competition for your chance to win a prize, yet to be disclosed, by sharing your best picture and caption from the Meeting using the **#BSPED2018**. Please remember, permission should be sought from people in the photos before they are uploaded onto Twitter.

Diabetes consortium

Clinical studies of immunotherapy for children with Type 1 Diabetes – hosted by the UK T1D Immunotherapy Consortium – Friday 9 November 13.30-14.30, The Suites, The Rep.

Doctors, nurses, trial managers and staff from clinical teams who look after children with T1D, including staff from the T1D UK consortium sites are welcome to attend. Lunch will be provided. To confirm your attendance, please email: T1DUK@cardiff.ac.uk

Topics to be discussed include:

- Immunotherapy studies in children with T1D
- Overview of progress in Consortium paediatric sites
- Ustekid trial
- ITAD trial

Speakers to include: Professor Colin Dayan, Dr Julie Edge and Dr Loredana Marcovecchio

Visit the [UK T1D Immunotherapy Consortium website](#)

Conference dinner – with entertainment!

The conference dinner will this year be held at the Banqueting Suite of the Grade 2 listed [Birmingham Council House](#). While we will be dining in elegant Victorian surroundings, it will be a relaxed event, with plenty of opportunity to eat, drink and catch up with friends and colleagues. You will also be treated to entertainment from a troupe of professional Bhangra dancers! Tickets are available via the conference [registration](#) system.



News from the BSPED Office

UK standards for Paediatric Endocrinology 2018

The 2010 UK standards for paediatric endocrinology have been revised and updated. Members are invited to comment on the revised draft standards. [The draft standards can be found here](#) (log in with your member number and password).

Please send comments to bsped@endocrinology.org by 31 December 2018.

Paediatric Endocrine Nurses Representative – final call for nominations

Paediatric Endocrine Nurse Members are invited to nominate themselves or a colleague for the position of BSPED Paediatric Endocrine Nurses Representative, to take office in November 2018, following the end of the current term of office of Stephanie Kerr. Please see details from Stephanie below:

The BSPED meeting is a key annual event which helps bring together our national team. The Paediatric Endocrine Nurses are well represented at the meeting and it is vital this continues and grows. It is our opportunity to share ideas and experiences, pull together new policies and strengthen our incredibly important network.



The role of the BSPED PENS representative offers a unique opportunity to gain a fascinating insight into the preparation and building of the BSPED meeting. The PENS Rep has direct links and support from the brilliant BSPED team as the meeting comes together over the year. They are actively involved in helping to build the meeting; choosing the most interesting and relevant topics to be presented, suggesting inspiring speakers, and engaging our national colleagues. They are invited to be an advisor in the abstract selection; an amazing insight into the incredible work being carried out by our national colleagues. Importantly, they play a vital role in ensuring the Nurses' Day for Endocrine Professionals is filled with relevant and interesting topics, and delivered by speakers specifically invited. The PENS Rep is also responsible for the BSPED Paediatric Endocrine Nurses Prize.

The BSPED PENS role is traditionally held for three years and moving forward the role will now be shared with a Vice Representative.

All Paediatric Endocrine Nurses – irrelevant of experience – are warmly welcomed to put themselves forward or nominate a colleague in taking the Lead or Vice role from November 2018. To apply, please send your CV to Stephanie Kerr on Stephanie.Kerr@uhs.nhs.uk, copying bsped@endocrinology.org by **this Sunday 4 November 2018**. Please also contact Stephanie with any enquiries.

Notice of the next BSPED Annual General Meeting

Notice is hereby given that the 2018 Annual General Meeting of the British Society for Paediatric Endocrinology and Diabetes will be held at 17:15 on Thursday 8 November 2018 in The Suites at the Repertory Theatre, Birmingham.

The agenda can be found in your [secure members' area](#) of the BSPED website.

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes.

BSPED membership renewal

Members should have received communication from the Society about renewal of your membership for 2018/19. Please use this as an opportunity to update us with your contact details, your areas of interest and which centre you are currently based at. Ensuring these details are correct will also update the [online Members' Directory](#), enabling you to collaborate easily with colleagues.

Those members who pay by standing order will have received a letter regarding moving your membership payments from standing order to rapid online renewal. Please contact the BSPED office if you have any questions regarding this. We will no longer accept standing orders from August 2019.

To take advantage of the reduced member rate registration for the BSPED Conference, please renew your membership today via the [members' area](#), clicking on your profile tab.

If you require your payment link to be resent, or have difficulty accessing the members area, please contact the [BSPED office](#).

Don't miss out on your newsletter

The new EU General Data Protection Regulation (GDPR) came into force in May. To ensure you can still receive your BSPED newsletter and other BSPED information by email, we will be asking you to confirm your communication preferences when you renew your membership online. Please ensure you tick 'General updates about BSPED activities' to continue receiving your newsletter.

Trainee Update

RCPCH Progress Curriculum Problem with Tagging Transfer

As some of you may have discovered, there has been a problem with the migration of tags from the 2010 Generic Curriculum to the Progress curriculum in the ePortfolio, which should be completed for all trainees by the end of October 2018. The College has produced a document of apology and advised that these need to be retagged manually. You do not however need to re-tag anything in your previously completed Levels. This should not affect other aspects of the curriculum, including the migration of the 2010 Paediatric Endocrinology and Diabetes curriculum. **Please note that Grid and SPIN trainees should continue to use the Diabetes SPIN checklist as evidence of achieving their diabetes competencies** (https://www.rcpch.ac.uk/sites/default/files/2018-05/spin_checklist_diabetes_25-05-17_trainee.docx). If you have any other curriculum/ ePortfolio queries please direct these to eportfolio@rcpch.ac.uk.

BSPED CME Training Day (7 November 2018, Birmingham)

The programme for the CME day this year is very exciting and comprehensive, covering topics from optimising final height, diagnosis and management of hypogonadotropic hypogonadism and pituitary tumours, approach to recurrent fractures and the challenges in managing high HbA1c in diabetes. Attendance last year achieved a record high of >200 delegates and with the wide range of subjects covered this year, we hope you will be able to join us for a brilliant educational session. Registration remains open.

BSPED Trainees' Meeting (7 November 2018, 12.45 - 1.30 pm, Birmingham)

The next BSPED trainees' meeting, open to ALL trainees, will be held during the BSPED CME Training Day in Room 101 of the Repertory Theatre. We look forward to seeing you there to discuss any training issues you might have.

BSPED/ RCPCH CSAC Trainee Representative

Ching will be leaving her role as CSAC trainee representative at the end of 2018 and therefore the post will be open for nominations, with the call being made via the RCPCH website (<https://www.rcpch.ac.uk/get-involved/volunteering/call-nominations-college-posts>). The post is a great leadership opportunity to experience how the CSAC functions within the context of the BSPED and RCPCH, where you will be representing all paediatric endocrinology & diabetes trainees, so do apply if you are interested!

BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on [Trello](#). Please email us for further details of how to join.

Hoong-Wei Gan & S Ching Chen, BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@googlemail.com

News from the Clinical Committee

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

Further updates from the Clinical Committee

The Paediatric Endocrine Standards are currently available for review by BSPED members.

The Clinical Committee is reviewing the Rare Endocrine Tumour guidelines as they are released for consultation.

The Clinical Committee intends to start the next cycle of Peer Review towards the end of the year.

The Committee is continuing to work on a Delphi questionnaire to audit standard protocols for Glucagon Stimulation tests, Insulin Intolerance Tests (ITT) and the use of sex hormone priming for growth hormone testing amongst tertiary centres. This will be circulated to members shortly.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

31 January for Clinical Committee in February 2019

Announcements

MEN2 in Children UK Collaborative Group – meeting in Birmingham

Dear Colleagues

I am pleased to announce a 2nd meeting of MEN2 in Children UK Collaborative Group, which will take place during the upcoming BSPED Conference in Birmingham. With the help of the organisers, we have booked Room 102 on the 8th of November between 12.30 and 14.30 and I am looking forward to seeing some of you there. Apart from the members of the group who are familiar with our work and already contributing data, any colleagues who are interested in this topic are very welcome (subject to room capacity).

Following our previous meeting in Nottingham we have published the results of the UK Audit of Prophylactic Thyroidectomies in Children with MEN2 and I think the time is right to talk about the future of this project and identify initiatives which can be linked to this database.

Here is a short list of ideas to discuss and if you would like to add some new topics please [write to me](#) and I will include them in the agenda, which I will circulate shortly before meeting.

1. Current database and future mechanisms to facilitate continuous collection of high quality data.
2. A case for expanded MEN2 Registry to include Children and Adults.
3. Molecular and genetic research projects linked to Clinical Database
4. Introducing RET@CRICK whole day meeting to take place at Francis Crick Institute in London on 10th of June 2019.

Looking forward to see you in Birmingham

Tom Kurzawinski PhD, FRCS (tom.kurzawinski@mac.com)
Consultant Endocrine Surgeon

UK IGF-1 user group meeting

We are keen to resume the UK IGF-1 user group activities and convene a meeting in the next few months. If you have patients treated with rhIGF-1 therapy and/or would like to attend this group could you please email Dr Helen Storr h.l.storr@qmul.ac.uk and Prof Mehul Dattani Mehul.Dattani@gosh.nhs.uk

Job Opportunity at the Royal London Hospital, Barts Health NHS Trust

We invite applications for **two substantive Consultant posts** in Paediatric Endocrinology and Diabetes. The posts arise as part of a major service expansion at Barts Health NHS Trust, with additional recruitment of 2 Paediatric Diabetes Specialist Nurses, a Paediatric Endocrine Specialist Nurse, a Psychologist for Paediatric Diabetes and Endocrinology and an Administrator.

The Department provides Secondary and Tertiary Paediatric Endocrine and Diabetes Services to East London, the City and further afield, including international referrals with close affiliation to the Academic Unit of Endocrinology at the William Harvey Research Institute.

Both posts are 10 PA including 2 SPA, and an out of hours 1 in 4 telephone on call commitment for Endocrinology and Diabetes.

Applications should be made through NHS jobs, deadline 18th November.

For further information please contact:

Dr Evelien Gevers, Clinical Lead for Paediatric Endocrinology and Diabetes	0203 594 6133
Dr Claire Hughes, Consultant in Paediatric Endocrinology and Diabetes	0203 594 6132
Dr Rathi Prasad, Consultant in Paediatric Endocrinology and Diabetes	0203 594 6132
Dr Helen Storr, Reader in Paediatric Endocrinology	0207 882 6198

Paediatric Endocrinology Clinical Research Fellowship post

Centre for Endocrinology, William Harvey Research Institute (WHRI), Barts and the London School of Medicine and Dentistry, Queen Mary University and Barts Health NHS Trust, London.

We are seeking a clinically qualified paediatrician in training who intends to pursue sub-specialty paediatric endocrinology and diabetes training. This post encompasses tertiary clinical paediatric endocrinology training and a fixed period of supervised translational research leading to a higher degree. For further information/enquiries, please contact: Dr Helen Storr, Reader and Honorary Consultant in Paediatric Endocrinology, h.l.storr@qmul.ac.uk.

New NICE impact report on diabetes

NICE has published a new [impact report](#) on diabetes. This explores how NICE guidance has been implemented by the healthcare system and what progress has been made to improve outcomes for those with diabetes or at risk of developing the disease.

This is the fifth in a series of impact reports which review how NICE recommendations have been used in priority areas of the health and care system. The impact reports are based on data from national audits, reports, survey and indicator frameworks that show the uptake of our guidance and quality statement measures.



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology
and Diabetes endorses *Endocrinology,
Diabetes & Metabolism Case Reports*.

New 25% discount on the open-access
publication charge for *BSPED* members.

Share your insights with the medical community
by publishing your case report!

Submit online at

www.edmcasereports.com

Facilitating discovery, connections and comparisons



published by
bioscientifica

Visit us at www.edmcasereports.com

Meetings and courses

Royal College Advanced Certificate in Clinical Education 8 & 9 November 2018 – Leeds

The Royal College Certificate in Clinical Education covers all essential trainer prerequisites and provides learning opportunities specifically tailored to suit the needs of all clinical trainers from first time teachers to experienced course managers.

The 2-day course covers all aspects of the GMC 2016 guideline competency framework and may be recognised as leading to the award of up to 10 credits towards further study on the University of Dundee, Certificate/Diploma/Master of Medical Education (MMEd) programme.

The programme covers:

- Teachers and Teaching: Principles and practice
- Learners and Learning: Principles and practice
- Applying education theory in practice (including learning outcomes)
- Delivery approaches
- Current trends in feedback in medical education
- Introduction to educational supervision
- Introduction to assessment
- Learning and teaching professionalism

The outcome of the course is to enable participants:

- To gain knowledge of learning and teaching techniques and apply to own role
- To master the techniques for skills teaching
- To meet the required standards for effective course management
- To effectively represent your organisation in all required training roles

W: <https://rcpsg.ac.uk/events/postgradleeds>

Next steps for genomic medicine in the NHS - regulation, challenges for adoption and priorities for research

20 November 2018 – Central London

This seminar will bring together key stakeholders to discuss the next steps for personalised medicine and genomics.

Delegates will consider the main issues for the new NHS Genomic Medicine Service as it becomes fully operational in October - as well as the results of the [100,000 Genomes Project](#), with the Project aiming to have completed sequencing by the end of the year.

Planned sessions will look at the work of the NHS Genomic Medicine Centres as they aim to deliver the pledge of 90,000 samples of DNA from patients and family members with rare disease and cancer by September 2018

- as well as the findings from the Common's Science and Technology Committee [report](#) *Genomics and genome editing in the NHS*.

Further sessions focus on next steps for education and training, following the continuation of the [Genomics Education Programme](#) and priorities for patients - looking at key issues for patients' data and ensuring public trust.

For more information or to book: <http://www.westminsterforumprojects.co.uk/conference/personalised-medicine-and-genomics-18>

Clinical Trainer Development: Performance support for doctors in training **30 November 2018 - Leeds**

This half day course aimed at senior clinicians, responsible officers, clinical directors, medical directors and clinical leads, focuses on managing doctors in difficulty and difficult doctors.

Through national updates, case studies and in depth interactive sessions, this course will support you to identify concerns early, diagnose the issues and ensure effective intervention and support doctors who are experiencing difficulty or demonstrating difficult behaviours.

By the end of the workshop, attendees will be able to:

- Describe the requirements of the GMC in identifying and managing trainees with difficulties.
- Identify those features which may indicate a trainee with difficulties.
- Describe the possible barriers to intervention.
- Follow formal processes and procedures required when managing trainees with difficulties.
- Address trainee issues and problems more confidently.

Book now: <https://rcpsg.ac.uk/events/didleeds>

13th ACDC Annual Conference **1 February 2019 - Conference Aston, Birmingham**

The 13th ACDC Annual Conference will be held at Conference Aston Centre B7 4BL (15 minutes walk from New Street station).

Please book early as the conference is always oversubscribed and places will be allocated on a first come first served basis.

[2019 ACDC Annual Conference Programme](#)

A registration fee of £95 is payable by all attendees for this conference (£85 if paid before 1st November 2018). <http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

2018 meetings

- **British Society for Paediatric Endocrinology and Diabetes:** 7-9 November 2018
- **Society for Endocrinology BES:** 19-21 November 2018
- **International Congress of Endocrinology:** 1-4 December 2018

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

BSPED

c/o Bioscientifica Ltd

Starling House,

1600 Bristol Parkway North,

Bristol, BS34 8YU

bsped@endocrinology.org

Tel: 01454 642258