



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED September 2018



The 46th BSPED Annual Meeting will be held in **Birmingham, at the Repertory Theatre** on **7-9 November 2018**. BSPED 2018 will be convened by Tim Barrett and Renuka Dias.

Registration fees are significantly discounted for BSPED members. [Register for your place now.](#)

A fully packed programme

Each day of the conference will include practical and thought-provoking sessions covering both endocrine and diabetes topics, underpinned by robust science and key national and international trials.

We were delighted to receive c.125 really high quality abstract submissions for this year's conference. As a result, the programme will feature 88 posters, which will all be included in a poster tour over the course of the event. There will also be 36 Oral Communications on topics in the following categories and others: Bone; Pituitary and Growth; Gonadal, DSD and reproduction; Adrenal and Obesity and Diabetes.

Here are just some of the highlights from the BSPED 2018 programme:

- 'State of the Art' lectures on NESGAS and 20 years' experience in metabolic bone disease
- A CME day packed with stimulating talks, including sessions on managing obesity and techniques to maximise childhood and adult height
- A debate on automation vs education in the management of diabetes
- Two diabetes and two endocrine symposia, complemented by many more sessions in the Diabetes Professionals' Day and the Nurses' Day for Endocrine Professionals

[Take a look at the programme online for a list of confirmed sessions and speakers.](#)

Accommodation

While the deadlines for negotiated rates at several hotels have now passed, please do see the [Accommodation page of our website](#) for the remaining negotiated rate at the IBIS hotel or to contact any of the other hotels for remaining availability.

Travel Grants

[Travel grants](#) are available for this meeting according to the following rules:

- Grants will be awarded for up to £250
- Applicants must be a presenting author at the conference
- No applications will be considered from Consultant members
- Applications must be received by Friday 19 October 2018

Conference dinner – with entertainment!

The conference dinner will this year be held at the Banqueting Suite of the Grade 2 listed [Birmingham Council House](#). While we will be dining in elegant Victorian surroundings, it will be a relaxed event, with plenty of opportunity to eat, drink and catch up with friends and colleagues. You will also be treated to entertainment from a troupe of professional Bhangra dancers!

Tickets are available via the conference registration system.



Conference Deadlines

Travel Grant Deadline: 19 October 2018

News from the BSPED Office

BSPED Paediatric Endocrine Nurse Award – submit your application today!



The extended deadline for applications for the 2018 BSPED Paediatric Endocrine Nurse Award is today, 27 September. £1000 is available towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses. The winner will also be invited to present their project at the Nurses' Annual General Meeting at the BSPED annual conference in 2019.

Entries for this award are welcome from all paediatric endocrine nurse members involved in the care of children with endocrine disorders.

The deadline for applications is **27 September 2018** and [more details and an application form can be found on our website](#).

Paediatric Endocrine Nurses Representative - call for nominations

Paediatric Endocrine Nurse Members are invited to nominate themselves or a colleague for the position of BSPED Paediatric Endocrine Nurses Representative, to take office in November 2018, following the end of the current term of office of Stephanie Kerr. Please see details from Stephanie below:

The BSPED meeting is a key annual event which helps bring together our national team. The Paediatric Endocrine Nurses are well represented at the meeting and it is vital this continues and grows. It is our opportunity to share ideas and experiences, pull together new policies and strengthen our incredibly important network.



The role of the BSPED PENS representative offers a unique opportunity to gain a fascinating insight into the preparation and building of the BSPED meeting. The PENS Rep has direct links and support from the brilliant BSPED team as the meeting comes together over the year. They are actively involved in helping to build the meeting; choosing the most interesting and relevant topics to be presented, suggesting inspiring speakers, and engaging our national colleagues. They are invited to be an advisor in the abstract selection; an amazing insight into the incredible work being carried out by our national colleagues. Importantly, they play a vital role in ensuring the Nurses' Day for Endocrine Professionals is filled with relevant and interesting topics, and delivered by speakers specifically invited. The PENS Rep is also responsible for the BSPED Paediatric Endocrine Nurses Prize.

The BSPED PENS role is traditionally held for three years and moving forward the role will now be shared with a Vice Representative.

All Paediatric Endocrine Nurses – irrelevant of experience – are warmly welcomed to put themselves forward or nominate a colleague in taking the Lead or Vice role from November 2018. To apply, please send your CV to

Stephanie Kerr on Stephanie.Kerr@uhs.nhs.uk, copying bsped@endocrinology.org by 22 October 2018.
Please also contact Stephanie with any enquiries.

Notice of the next BSPED Annual General Meeting

Notice is hereby given that the 2018 Annual General Meeting of the British Society for Paediatric Endocrinology and Diabetes will be held at 17:15 on Thursday 8 November 2018 in The Suites at the Repertory Theatre, Birmingham.

The agenda can be found in your [secure members' area](#) of the BSPED website.

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes.

BSPED membership renewal

Members should have received communication from the Society about renewal of your membership for 2018/19. Please use this as an opportunity to update us with your contact details, your areas of interest and which centre you are currently based at. Ensuring these details are correct will also update the [online Members' Directory](#), enabling you to collaborate easily with colleagues.

Those members who pay by standing order will have received a letter regarding moving your membership payments from standing order to rapid online renewal. Please contact the BSPED office if you have any questions regarding this. We will no longer accept standing orders from August 2019.

Don't miss out on your newsletter

The new EU General Data Protection Regulation (GDPR) came into force in May. To ensure you can still receive your BSPED newsletter and other BSPED information by email, we will be asking you to confirm your communication preferences when you renew your membership online. If you'd like to confirm them now (or if you currently pay by standing order), you can [log on to your secure members' area](#) and go to your Profile Services.

Trainee Update

RCPCH Progress Curriculum Problem with Tagging Transfer

As some of you may have discovered, there has been a problem with the transfer of tagging from the 2010 Generic Curriculum to the Progress curriculum in the ePortfolio during the move to the new curriculum. The College has produced a document of apology and advised these need to be retagged manually. All other tags should not be affected. You do not however need to retag anything in your previously completed Levels. It is hoped that your subspecialty tags are unaffected. Migration of tags is expected to be completed by the end of September 2018. Please note that Grid and SPIN trainees will continue to use the Diabetes SPIN checklist as evidence of achieving their diabetes competencies (https://www.rcpch.ac.uk/sites/default/files/2018-05/spin_checklist_diabetes_25-05-17_trainee.docx). If you have any other curriculum/ ePortfolio queries please direct these to eportfolio@rcpch.ac.uk.

BSPED CME Training Day (7 November 2018, Birmingham)

The programme for the CME day this year is very exciting and comprehensive, covering topics from optimising final height, diagnosis and management of hypogonadotropic hypogonadism and pituitary tumours, approach to recurrent fractures and the challenges in managing high HbA1c in diabetes. Attendance last year achieved a record high of >200 delegates and we hope you will be able to join us for a brilliant educational session.

British Paediatric Surveillance Unit (BPSU) Sir Peter Tizard Bursary

Each year, the BPSU Sir Peter Tizard Bursary provides a unique opportunity for trainees to undertake a study of a rare disease or condition which affects children and addresses a question of clinical or public health importance. The successful applicant will receive a free slot on the British Paediatric Surveillance Unit Orange Card and a stipend towards their training needs. Further information can be found using the link <https://www.rcpch.ac.uk/education/fellowships-and-prizes/bpsu-sir-peter-tizard-research-bursary>. Deadline for applications is 19 October 2018.

BSPED Trainee Mailing List and Noticeboard

If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com>). Please email us for further details of how to join.

Hoong-Wei Gan & S Ching Chen
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@googlemail.com

News from the Clinical Committee

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes. The BSPED should be acknowledged in any output (guidelines, publications, presentations, etc) resulting from the survey and the BSPED Office informed of the output.

New Patient Information Leaflets

New leaflets on [Pubertal Gynaecomastia](#) and [Diabetes Insipidus](#) have been added to the BSPED website within the Patient Information section.

Further leaflets will be added as they are created and reviewed.

Further updates from the Clinical Committee

The Paediatric Endocrine Standards are currently being finalised by a BSPED Working Party for wider review.

The Clinical Committee is reviewing the Rare Endocrine Tumour guidelines as they are released for consultation.

The Clinical Committee intends to start the next cycle of Peer Review towards the end of the year.

The Committee is continuing to work on a Delphi questionnaire to audit standard protocols for Glucagon Stimulation tests, Insulin Intolerance Tests (ITT) and the use of sex hormone priming for growth hormone testing amongst tertiary centres. This will be circulated to members shortly.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

22 October for Clinical Committee 7 November 2018

Announcements

Multiple Endocrine Neoplasia Type 1 (MEN1) guideline – stakeholder consultation

The stakeholder consultation for the 5 year endeavour to produce interdisciplinary, NICE-standardised, management guidelines on 8 Paediatric Endocrine Tumours, is taking place over the next few months.

The guidelines will be endorsed by the RCPCCH who oversaw methodology, hosted from the CCLG who assisted development, and adopted by the BSPED at whose request they were updated. Formal peer reviewed publications will follow.

You are currently invited to comment on the draft clinical guideline, ***Multiple Endocrine Neoplasia Type 1 (MEN1)***.

Please review the [consultation document](#) and record any comments on the [comments proforma](#).

Please return this form to the RCPCCH [Clinical Standards Team](#) by **12pm, Monday 8 October 2018**.

The 8 topics covered by the guidelines are below:

1. Craniopharyngioma
2. Pituitary Adenoma
3. Idiopathic Thickening of Pituitary Stalk and /or Idiopathic Central Diabetes Insipidus
4. Differentiated Thyroid Cancer
5. Pheochromocytoma and Paraganglioma
6. Adrenocortical Tumours
7. Multiple Endocrine Neoplasia Type 1
8. Medullary Thyroid Cancer and Multiple Endocrine Neoplasia type 2

MEN2 in Children UK Collaborative Group – meeting in Birmingham

Dear Colleagues

I am pleased to announce a 2nd meeting of MEN2 in Children UK Collaborative Group, which will take place during the upcoming BSPED Conference in Birmingham. With the help of the organisers, we have booked Room 102 on the 8th of November between 12.30 and 14.30 and I am looking forward to seeing some of you there. Apart from the members of the group who are familiar with our work and already contributing data, any colleagues who are interested in this topic are very welcome (subject to room capacity).

Following our previous meeting in Nottingham we have published the results of the UK Audit of Prophylactic Thyroidectomies in Children with MEN2 and I think the time is right to talk about the future of this project and identify initiatives which can be linked to this database.

Here is a short list of ideas to discuss and if you would like to add some new topics please [write to me](#) and I will include them in the agenda, which I will circulate shortly before meeting.

1. Current database and future mechanisms to facilitate continuous collection of high quality data.
2. A case for expanded MEN2 Registry to include Children and Adults.
3. Molecular and genetic research projects linked to Clinical Database

4. Introducing RET@CRICK whole day meeting to take place at Francis Crick Institute in London on 10th of June 2019.

Looking forward to see you in Birmingham

Tom Kurzawinski PhD, FRCS (tom.kurzawinski@mac.com)
Consultant Endocrine Surgeon

UK IGF-1 user group meeting

We are keen to resume the UK IGF-1 user group activities and convene a meeting in the next few months. If you have patients treated with rhIGF-1 therapy and/or would like to attend this group could you please email Dr Helen Storr h.l.storr@qmul.ac.uk and Prof Mehul Dattani Mehul.Dattani@gosh.nhs.uk

Paediatric Endocrinology Clinical Research Fellowship post

Centre for Endocrinology, William Harvey Research Institute (WHRI), Barts and the London School of Medicine and Dentistry, Queen Mary University and Barts Health NHS Trust, London.

We are seeking a clinically qualified paediatrician in training who intends to pursue sub-specialty paediatric endocrinology and diabetes training. This post encompasses tertiary clinical paediatric endocrinology training and a fixed period of supervised translational research leading to a higher degree. For further information/enquiries, please contact: Dr Helen Storr, Reader and Honorary Consultant in Paediatric Endocrinology, h.l.storr@qmul.ac.uk.



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology and Diabetes endorses *Endocrinology, Diabetes & Metabolism Case Reports*.

New 25% discount on the open-access publication charge for BSPED members.

Share your insights with the medical community
by publishing your case report!

Submit online at

www.edmcasereports.com

Facilitating discovery, connections and comparisons



published by
bioscientifica

Visit us at www.edmcasereports.com

Meetings and courses

South Yorkshire Tertiary Endocrine Meeting 18 October 2018 – Sheffield

The SYSTEM (South Yorkshire Tertiary Endocrine Meeting) will be taking place on the **18th October 2018, 12.30-17.00**. This meeting takes place twice a year and brings together clinicians, clinician scientists, nurses and allied healthcare professionals for presentations on key topics in Paediatric Endocrinology and to present and discuss complex and challenging cases. Two meetings have taken place so far and have been very successful. The meeting is sponsored by Sandoz Pharmaceuticals.

Attendance is free, but registration is required via Eventbrite.

For information on topics covered as well as to register, please follow the link below:

<https://www.eventbrite.com/e/south-yorkshire-tertiary-endocrine-meeting-system-tickets-47709620760>

For further information on the programme, please contact Paul Dimitri Paul.Dimitri@sch.nhs.uk

ESPE Science Symposium: The Science of Gender 18-19 October 2018 – Tavistock Centre, London

The 2018 ESPE Science Symposium on *Science of Gender: evidence for what influences gender development and gender dysphoria and what are the respective influences of nature and nurture* will take place at the Tavistock Centre, London, UK on 18-19 October 2018.

The 1.5 day programme will cover: the science of sex and gender development, the science of neurodevelopment and the science of endocrine therapy.

The event is limited to 100 attendees, including faculty. Registration is now open to all, at a cost of £75.

The meeting is being organised by the ESPE Gender Dysphoria Working Group together with the host organisation, The Gender Identity Development Service and is supported by an educational grant from Pfizer.

For more information and to apply, please visit the ESPE website: <https://www.eurospe.org/education/espe-science-symposium/>

7th Congress of the European Academy of Paediatric Societies 30th October-3rd November 2018 – Paris, France

Serving as a nexus for the wealth of knowledge provided by three leading paediatric societies, the 7th Congress of the European Academy of Paediatric Societies (EAPS 2018) promises to build on the reputation of previous highly successful meetings. Paediatric professionals from around the world will gain unparalleled access to the best scientific research programmes.

Firmly established yet dedicated to thinking outside the box, EAPS 2018 aims to engage the world's best in a hearty exchange of experiences and expertise in research and clinical care. Europe's foremost paediatrics subspecialty societies EAP, ESPNIC and ESPR have dedicated their time and formidable talents into organizing a stellar educational/research forum that will celebrate outstanding science in all areas of paediatrics.

<http://www.eaps.kenes.com/2018>

Next steps for genomic medicine in the NHS - regulation, challenges for adoption and priorities for research

20th November 2018 – Central London

This seminar will bring together key stakeholders to discuss the next steps for personalised medicine and genomics.

Delegates will consider the main issues for the new NHS Genomic Medicine Service as it becomes fully operational in October - as well as the results of the [100,000 Genomes Project](#), with the Project aiming to have completed sequencing by the end of the year.

Planned sessions will look at the work of the NHS Genomic Medicine Centres as they aim to deliver the pledge of 90,000 samples of DNA from patients and family members with rare disease and cancer by September 2018 - as well as the findings from the Common's Science and Technology Committee [report](#) *Genomics and genome editing in the NHS*.

Further sessions focus on next steps for education and training, following the continuation of the [Genomics Education Programme](#) and priorities for patients - looking at key issues for patients' data and ensuring public trust.

For more information or to book: <http://www.westminsterforumprojects.co.uk/conference/personalised-medicine-and-genomics-18>

Joint EASD/ISPAD/ESPE Postgraduate Education Course on Type 1 Diabetes in Children, Adolescents and Young Adults

22-24 November 2018 – Prague, Czech Republic

This Postgraduate Education Course on Type 1 Diabetes in Children Adolescents and Young Adults has been organized jointly by EASD, ISPAD and ESPE. The course programme will cover essential topics within type 1 diabetes with participants having a unique opportunity to listen to and interact with experts and researchers in the field of diabetes from all over Europe in an informal setting. During lectures and workshops, faculty members will share their knowledge and clinical experiences and participants will gain new insights in the treatment of type 1 diabetes and its complications.

Applications will open in July and more information is available here: <https://www.easd.org/easd-ispad-espe-course-t1d.html>

13th ACDC Annual Conference
1st February 2019 - Conference Aston, Birmingham

The 13th ACDC Annual Conference will be held at Conference Aston Centre B7 4BL (15 minutes walk from New Street station).

Please book early as the conference is always oversubscribed and places will be allocated on a first come first served basis.

[2019 ACDC Annual Conference Programme](#)

A registration fee of £95 is payable by all attendees for this conference (£85 if paid before 1st November 2018).
<http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

2018 meetings

- **European Society for Paediatric Endocrinology:** 27-29 September 2018
- **International Society for Pediatric and Adolescent Diabetes:** 11-14 October 2018
- **British Society for Paediatric Endocrinology and Diabetes:** 7-9 November 2018
- **Society for Endocrinology BES:** 19-21 November 2018

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

BSPED
c/o Bioscientifica Ltd
Starling House,
1600 Bristol Parkway North,
Bristol, BS34 8YU
bsped@endocrinology.org
Tel: 01454 642258