



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED July 2018



The 46th BSPED Annual Meeting will be held in **Birmingham, at the Repertory Theatre** on **7-9 November 2018**. BSPED 2018 will be convened by Tim Barrett and Renuka Dias.

[Registration for BSPED 2018 is now open](#)

Each day will include practical and thought-provoking sessions covering both endocrine and diabetes topics, underpinned by robust science and key national and international trials.

[You can view the full programme on our website.](#)

Here are just some of the highlights from the BSPED 2018 programme:

- 'State of the Art' lectures on NESGAS and 20 years' experience in metabolic bone disease
- A CME day packed with stimulating talks, including sessions on managing obesity and techniques to maximise childhood and adult height
- A debate on automation vs education in the management of diabetes
- Two diabetes and two endocrine symposia, complemented by many more sessions in the Diabetes Professionals' Day and the Nurses' Day for Endocrine Professionals

The best rates are available by booking before the early-bird deadline of 20 September 2018.

[Register for your place now.](#)

Abstracts

Abstract submission for 2018 is now closed. Thank you to everyone who submitted their work. All authors will hear from BSPED by 27 August, ahead of the early bird registration deadline on 20 September.

Conference Deadlines

Early Bird Registration: 20 September 2018

Travel Grants

[Travel grants](#) are available for this meeting according to the following rules

- Grants will be awarded for up to £250
- Applicants must be a presenting author at the conference
- No applications will be considered from Consultant members
- Applications must be received by Friday 19 October 2018

Conference dinner

The conference dinner will this year be held at the Banqueting Suite of the Grade 2 listed [Birmingham Council House](#). While we will be dining in elegant Victorian surroundings, it will be a relaxed event, with plenty of opportunity to eat, drink and catch up with friends and colleagues. Tickets are available via the conference registration system.



News from the BSPED Office

Call for Nominations for Chair of the BSPED Programme Organising Committee

Applications are requested for the position of [Chair of the BSPED Programme Organising Committee](#), to take effect following the AGM, being held on Thursday 8 November 2018.

This is a new position, reflecting the importance of the BSPED Conference and its programme for our community. The position will be responsible for the development of the scientific programme for the annual meeting of the Society within the agreed budget.



In this role you will be expected to attend quarterly Programme Organising Committee meetings via teleconference, where you will develop the programme. You will also be expected to preside over abstract and meeting award judging and to approve the programme book. Please see the [job description](#) for more information.

The first POC meeting the successful candidate will be expected to attend will be held on Friday 9 November 2018 during the annual conference. At this meeting, the Committee will reflect on the 2018 conference and begin initial plans for the 2019 programme.

The position of the POC Chair has a term of 3 years.

Applicants should send their [nomination form](#), CV including photo, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **31 August 2018**.

BSPED Research and Innovation Award – applications open

The BSPED is this year offering two grants of up to £10,000 to fund translational / clinical research or innovative service delivery projects in paediatric endocrinology and diabetes. The BSPED has awarded research grants for [many years](#) and last year extended the remit of the grant to include applications for educational tools. This year, applications will also be accepted for national surveys which have the potential to change practice in paediatric endocrinology and diabetes.



Winners of the Research and Innovation Award are asked to present their project at a future BSPED conference and to provide a report to be published on the website.

The deadline for applications is 10 September 2018 and [more details and an application for can be found on our website](#).

Applications are strongly encouraged from all health care settings and health care professionals. We look forward to receiving members' applications for this and our Paediatric Endocrine Nurse Award (see below)

BSPED Paediatric Endocrine Nurse Award – applications open



We are now welcoming applications for the 2018 BSPED Paediatric Endocrine Nurse Award. £1000 is available towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses. The winner will also be invited to present their project at the Nurses' Annual General Meeting at the BSPED annual conference in 2019.

Entries for this award are welcome from all paediatric endocrine nurse members involved in the care of children with endocrine disorders.

The deadline for applications is **14 September 2018** and [more details and an application form can be found on our website](#).

Notice of the next BSPED Annual General Meeting

Notice is hereby given that the 2018 Annual General Meeting of the British Society for Paediatric Endocrinology and Diabetes will be held at 17:15 on Thursday 8 November 2018 at the Repertory Theatre, Birmingham.

The agenda and appendices will be circulated by email to members at least one month prior to the aforementioned date. A proxy form will also be available to members.

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes.

BSPED membership renewal

Members should have recently received communication from the Society about renewal of your membership for 2018/19. Please use this as an opportunity to update us with your contact details, your areas of interest and which centre you are currently based at. Ensuring these details are correct will also update the [online Members' Directory](#), enabling you to collaborate easily with colleagues.

Those members who pay by standing order will have received a letter regarding moving your membership payments from standing order to rapid online renewal. Please contact the BSPED office if you have any questions regarding this. We will no longer accept standing orders from August 2019.

Don't miss out on your newsletter

The new EU General Data Protection Regulation (GDPR) came into force in May. To ensure you can still receive your BSPED newsletter and other BSPED information by email, we will be asking you to confirm your communication preferences when you renew your membership online. If you'd like to confirm them now (or if you currently pay by standing order), you can [log on to your secure members' area](#) and go to your Profile Services.

We would also like to alert you to our [updated privacy policy](#).

Trainee Update

Welcome to our new CSAC Chair

We would like to warmly welcome Dr. Guftar Shaikh (Glasgow) as our new CSAC chair. Dr. Shaikh has previously served as our Assessment Advisor on the CSAC and we look forward to working with him in his new role.

BSPED CME Training Day (7 November 2018, Birmingham)

The programme for the CME day this year is very exciting and comprehensive, covering topics from optimising final height, diagnosis and management of hypogonadotropic hypogonadism and pituitary tumours, approach to recurrent fractures and the challenges in managing high HbA1c in diabetes. Attendance last year achieved a record high of >200 delegates and with the wide range of subjects covered this year, we hope you will be able to join us for a brilliant educational session. Early bird registration closes on 20 September 2018.

RCPCH Progress Curriculum

The new RCPCH Progress Curriculum comes into effect next month on 1 August 2018. Trainees who are due to CCT after 15 September 2019 will automatically switch to the new curriculum on this date and any linked curriculum items will be mapped onto to the new learning outcomes. Please note that Grid and SPIN trainees will continue to need to use the Diabetes SPIN checklist as evidence of achieving their diabetes competencies (https://www.rcpch.ac.uk/sites/default/files/2018-05/spin_checklist_diabetes_25-05-17_trainee.docx). All curriculum/ ePortfolio queries should be directed to eportfolio@rcpch.ac.uk.

BSPED Trainee Mailing List and Noticeboard

Many thanks to all of you who have replied to our efforts to update our trainee mailing list. The list has now been updated considerably as we were aware it had not changed for many years. If you are not on the list and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com>). Please email us for further details of how to join.

Hoong-Wei Gan & S Ching Chen
BSPED/ RCPCH CSAC Trainee Representatives
bspedtrainerep@googlemail.com

CSAC message from outgoing chair

It has been a pleasure to be part of the CSAC team for the last few years. They have all provided a significant input into a number of important work streams. Some main developments include:-

- Annual grid trainee supervision
- Development of new level 3 curriculum in diabetes and endocrinology
- UK workforce review, with outcome to expand number of grid trainees

- Expansion of grid centres
- SPIN diabetes is the most popular SPIN with RCPCH
- Development of a question bank for START assessment

Grid Training:

Endocrinology and Diabetes has always attracted excellent candidates. Many of them are doing or have done research. However, this is not a pre-requisite to obtaining a grid number. The RCPCH and CSAC understand that with run through training, development opportunities may be restricted. We would encourage more trainees with an interest in D&E to apply for the grid posts. Candidates have to be deemed ‘appointable’ and then the matching process begins according to preferences. Candidates are encouraged to discuss applications with their educational supervisor, trainee representatives or CSAC members.

Future Directions:

Currently, development of all other SPIN modules is on hold by the RCPCH until further clarification from the GMC about credentialing as part of Shape of Training review. The outcome of this may affect how specialist training is offered in the future.

Finally, I would like to introduce Dr Guftar Shaikh as the new chair. CSAC positions do become available at regular intervals and I would encourage you to apply for these posts. It can make a real difference to the direction of D&E training and service delivery in the UK.

Dr Mohammed Guftar Shaikh	Chair
Dr Pooja Sachdev	Training Advisor
Dr May Ng	Training Advisor
Dr Senthil Senniappan	Quality Advisor
Dr Suet Ching Chen	Trainee Representative
Dr Hoong-Wei Gan	Trainee Representative
Vacant	Assessment Advisor

Dr Talat Mushtaq
 Outgoing CSAC chair

News from the Clinical Committee

Surveys

If you would like to include a survey in a BSPED newsletter to encourage responses from BSPED members, please submit your survey to the BSPED Office. The survey will be reviewed at the next Clinical Committee meeting and included in the newsletter if approved. Survey owners should agree to report their findings back to the Clinical Committee 6 months after the survey closes.

New Patient Information Leaflets

New leaflets on [Pubertal Gynaecomastia](#) and [Diabetes Insipidus](#) have been added to the BSPED website within the Patient Information section.

Further leaflets will be added as they are created and reviewed.

Further updates from the Clinical Committee

The Paediatric Endocrine Standards are currently being reviewed by a BSPED Working Party.

The review of the Rare Endocrine Tumour guidelines is progressing.

The Clinical Committee intends to start the next cycle of Peer Review towards the end of the year.

The Committee is continuing to work on a Delphi questionnaire to audit standard protocols for Glucagon Stimulation tests, Insulin Intolerance Tests (ITT) and the use of sex hormone priming for growth hormone testing amongst tertiary centres. This will be circulated to members next month.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

22 October for Clinical Committee 7 November 2018

Announcements

Survey into research gaps in paediatric endocrinology

The rare nature of many paediatric endocrine conditions poses challenges in conducting adequately powered research in single centres. The BSPED is a network of healthcare professionals aimed at improving outcomes for children with endocrine conditions through clinical practice, education and research. The BSPED Clinical Studies Group would like your help in surveying your views on research priorities. Our goal is to identify research priorities of unmet need, addressing a paediatric endocrinology problem that is sufficiently common that most UK centres would have an opportunity to participate, but one that is sufficiently rare that the workload at each centre would not be excessive.

We are holding a workshop for patient support groups to discuss research priorities in September, and reporting back to our membership at our annual meeting in November. Your views will feed into this process.

We will use a Delphi approach, as a systematic process to generate ideas and arrive at consensus in a large group. We would be grateful if you would kindly answer the following questions via this link:

<https://goo.gl/forms/MzRa0vvHVID7eXXS2>

“In what disease or problem is there a significant unmet need that should be addressed in the first study?”

And,

“What intervention should be studied to address this disease or problem?”

We will combine responses from this survey, and resend to you to indicate your top 10 choices that you would like to see worked up as proposals for our society.

Here’s the link again for you to submit your answers: <https://goo.gl/forms/MzRa0vvHVID7eXXS2>

With many thanks

Timothy Barrett
Leonard Parsons Professor of Paediatrics
Institute of Cancer and Genomic Sciences
College of Medical and Dental Sciences
University of Birmingham

Centre for Rare Disease Studies, Birmingham
Centre for Endocrinology, Diabetes and Metabolism
Honorary Consultant paediatric endocrinology and diabetes

Hyperthyroidism survey

Dear Colleagues,

We are keen to gauge the UK approach to anti-thyroid drug (ATD) medication prescribing and would be grateful for your input / participation in [this survey](#). This will take between 5 and 10 minutes of your time, but we think that it will generate a useful foundation of information that can be used to determine:

1. How UK endocrinologists use ATD
2. How UK clinical practice could potentially be refined.

Anti-thyroid drug is one of the more toxic medications that we prescribe in paediatric endocrine practice and so thinking about what we do is important.

Many thanks for your help,
Tim Cheetham, Charlotte Elder and Neil Lawrence

Job opportunity at Birmingham Children's Hospital

We invite applications from an enthusiastic Consultant Paediatric Endocrinologist to join one of the largest Paediatric Endocrine departments in the UK. We are a progressive forward thinking team and a highly research active department, providing tertiary endocrine care in addition to 4 highly specialised funded services, and leadership of over 10 national and international clinical studies. We work in close partnership with specialised adult endocrine, bone and diabetes services in Birmingham and have recognition with the European Reference Network as a specialised centre for rare Endocrine and rare Bone diseases. This post arises in part as a replacement post following the planned retirement of a senior colleague, as well as facilitating further development of specialised endocrine and diabetes care. Training and interest in DSD and/or endocrine late effects is required. This is a 10 PA post including 2.25 SPA, with a 1 in 5.6 on call commitment for Endocrinology and Diabetes.

Applicants must be eligible for full registration to practise with the GMC and hold or be within 4 months of CCST or equivalent in Paediatric Endocrinology.

Applications should be made through NHS Jobs.

The application deadline is August 2nd and the interview date will be the 18th September.

For further information please contact

Dr Melanie Kershaw, Clinical Lead for Endocrinology 0121 333 9269
Prof Timothy Barrett, 0121 333 9269

Job opportunity at St George's University Hospitals NHS Foundation Trust

A full time consultant post in Paediatric Endocrinology and Diabetes has been advertised at St George's University Hospitals NHS Foundation Trust. The closing date for applications is 16 August 2018. The job can be viewed on NHS Jobs:

https://www.nhsjobs.com/job/UK/London/LONDON/St_Georges_University_Hospitals_NHS_Foundation_Trust/Paediatric_Endocrinology/Paediatric_Endocrinology-v1177824

Opportunity to join the Editorial Board of *Clinical Endocrinology*

We invite expressions of interest from Paediatric Endocrinologists for membership of the Editorial Board of *Clinical Endocrinology*. Members of the Board are expected to provide swift, objective peer-review, to act as ambassadors for the journal, and to contribute a review article during their tenure. The period of office is

normally 3 years, and members are eligible for a complimentary online subscription. Applicants are asked to submit a covering letter and brief CV to the Senior Editors, Professor John Newell-Price and Dr Aled Rees, at CENedoffice@wiley.com, by August 31st.



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology and Diabetes endorses *Endocrinology, Diabetes & Metabolism Case Reports*.

New 25% discount on the open-access publication charge for BSPED members.

Share your insights with the medical community by publishing your case report!

Submit online at

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Meetings and courses

Diabetes Virtual Clinics in Practice

Wednesday 12th September 2018 – Birmingham City Football Club, Birmingham

With clinics turning more and more to delivering virtual rather than face to face clinics, this annual conference is a brilliant opportunity for diabetes and pump services to get up to date with the different approaches and identify how to make virtual clinics work – in practice – in your service. In this time of increasing pump therapy and clinics at full capacity, this conference will investigate the different models of virtual clinics and how services can deliver to meet this growing demand. By sharing real evidence and practical examples, this conference will identify the impact virtual clinics can have on every day service.

[View the agenda](#)

[Register now](#)

Contact: Sophie Richardson

Email: Sophie.richardson@sbk-healthcare.co.uk

Telephone: 01732 897788

Website: [Diabetes Virtual Clinics in Practice](#)

Progressing Diabetes Prevention

26 September 2018 – Hotel Football, Manchester

National networking forum to share best practice and digital resources

Offering a great opportunity to network with the services that are doing really good work, this unique day will enable Diabetes Prevention Leads, Commissioners, GPs and Specialist Nurses from SCNs, STPs, CCGs, Public Health, Community Trusts and Local Authorities to lift, share and apply best practice and digital resources.

How to build a diabetes strategy that spans the whole pathway and across different activities

By looking at the whole pathway and interdependencies, this conference will share how different services have tackled the complexity of intervention programmes. Identify how to build links, align activities and share budgets and care pathways with this practical insight into how other services are connected and working as a system, rather than separately.

Integrating face to face and digital delivery for diabetes prevention

With the Diabetes Prevention Programme doing really well, services are now considering developing the digital provision. Featuring demos and offering hands-on experience, this is a great way to fully understand how to achieve group delivery and tailor digital platforms for your area and its needs.

<http://www.diabetes-nnf.co.uk/Home/ViewEvent/100>

South Yorkshire Tertiary Endocrine Meeting

18 October 2018 - Sheffield

The SYSTEM (South Yorkshire Tertiary Endocrine Meeting) will be taking place on the **18th October 2018, 12.30-17.00**. This meeting takes place twice a year and brings together clinicians, clinician scientists, nurses and

allied healthcare professionals for presentations on key topics in Paediatric Endocrinology and to present and discuss complex and challenging cases. Two meetings have taken place so far and have been very successful. The meeting is sponsored by Sandoz Pharmaceuticals.

Attendance is free, but registration is required via Eventbrite.

For information on topics covered as well as to register, please follow the link below:

<https://www.eventbrite.com/e/south-yorkshire-tertiary-endocrine-meeting-system-tickets-47709620760>

For further information on the programme, please contact Paul Dimitri Paul.Dimitri@sch.nhs.uk

ESPE Science Symposium: The Science of Gender 18-19 October 2018 – Tavistock Centre, London

The 2018 ESPE Science Symposium on *Science of Gender: evidence for what influences gender development and gender dysphoria and what are the respective influences of nature and nurture* will take place at the Tavistock Centre, London, UK on 18-19 October 2018.

The 1.5 day programme will cover: the science of sex and gender development, the science of neurodevelopment and the science of endocrine therapy.

The event is limited to 100 attendees, including faculty: 25 fully sponsored places will be available for trainees, young clinicians and scientists (individuals within 8 years (FTE) of completion of doctorate training). The application deadline for free places is 31 July 2018. After this date, registration will be open to all, at a cost of €80.

The meeting is being organised by the ESPE Gender Dysphoria Working Group together with the host organisation, The Gender Identity Development Service and is supported by an educational grant from Pfizer.

For more information and to apply, please visit the ESPE website: <https://www.eurospe.org/education/espe-science-symposium/>

7th Congress of the European Academy of Paediatric Societies 30th October-3rd November 2018 – Paris, France

Serving as a nexus for the wealth of knowledge provided by three leading paediatric societies, the 7th Congress of the European Academy of Paediatric Societies (EAPS 2018) promises to build on the reputation of previous highly successful meetings. Paediatric professionals from around the world will gain unparalleled access to the best scientific research programmes.

Firmly established yet dedicated to thinking outside the box, EAPS 2018 aims to engage the world's best in a hearty exchange of experiences and expertise in research and clinical care. Europe's foremost paediatrics subspecialty societies EAP, ESPNIC and ESPR have dedicated their time and formidable talents into organizing a stellar educational/research forum that will celebrate outstanding science in all areas of paediatrics.

<http://www.eaps.kenes.com/2018>

Next steps for genomic medicine in the NHS - regulation, challenges for adoption and priorities for research

20th November 2018 – Central London

This seminar will bring together key stakeholders to discuss the next steps for personalised medicine and genomics.

Delegates will consider the main issues for the new NHS Genomic Medicine Service as it becomes fully operational in October - as well as the results of the [100,000 Genomes Project](#), with the Project aiming to have completed sequencing by the end of the year.

Planned sessions will look at the work of the NHS Genomic Medicine Centres as they aim to deliver the pledge of 90,000 samples of DNA from patients and family members with rare disease and cancer by September 2018 - as well as the findings from the Common's Science and Technology Committee [report](#) *Genomics and genome editing in the NHS*.

Further sessions focus on next steps for education and training, following the continuation of the [Genomics Education Programme](#) and priorities for patients - looking at key issues for patients' data and ensuring public trust.

For more information or to book: <http://www.westminsterforumprojects.co.uk/conference/personalised-medicine-and-genomics-18>

Joint EASD/ISPAD/ESPE Postgraduate Education Course on Type 1 Diabetes in Children, Adolescents and Young Adults

22-24 November 2018 – Prague, Czech Republic

This Postgraduate Education Course on Type 1 Diabetes in Children Adolescents and Young Adults has been organized jointly by EASD, ISPAD and ESPE. The course programme will cover essential topics within type 1 diabetes with participants having a unique opportunity to listen to and interact with experts and researchers in the field of diabetes from all over Europe in an informal setting. During lectures and workshops, faculty members will share their knowledge and clinical experiences and participants will gain new insights in the treatment of type 1 diabetes and its complications.

Applications will open in July and more information is available here: <https://www.easd.org/easd-ispad-espe-course-t1d.html>

2018 meetings

- **European Society for Paediatric Endocrinology:** 27-29 September 2018
- **International Society for Pediatric and Adolescent Diabetes:** 11-14 October 2018
- **British Society for Paediatric Endocrinology and Diabetes:** 7-9 November 2018
- **Society for Endocrinology BES:** 19-21 November 2018

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

BSPED

c/o Bioscientifica Ltd

Starling House,

1600 Bristol Parkway North,

Bristol, BS34 8YU

bsped@endocrinology.org

Tel: 01454 642258