



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED June 2018



The 46th BSPED Annual Meeting will be held in **Birmingham, at the Repertory Theatre** on **7-9 November 2018**. BSPED 2018 will be convened by Tim Barrett and Renuka Dias.

[Registration for BSPED 2018 is now open](#)

Each day will include practical and thought-provoking sessions covering both endocrine and diabetes topics, underpinned by robust science and key national and international trials.

[You can view the full programme on our website.](#)

Here are just some of the highlights from the BSPED 2018 programme:

- 'State of the Art' lectures on NESGAS and 20 years' experience in metabolic bone disease
- A CME day packed with stimulating talks, including sessions on managing obesity and techniques to maximise childhood and adult height
- A debate on automation vs education in the management of diabetes
- Two diabetes and two endocrine symposia, complemented by many more sessions in the Diabetes Professionals' Day and the Nurses' Day for Endocrine Professionals

The best rates are available by booking before the early-bird deadline of 20 September 2018.

[Register for your place now.](#)

Abstracts

Abstracts submission for 2018 is also now open, with a deadline of 16 July 2018.

Visit our website for more information on [abstract submission](#) and you can [submit your work](#) now.

Conference Deadlines

Abstract Submission: 16 July 2018

Early Bird Registration: 20 September 2018

Travel Grants

[Travel grants](#) are available for this meeting according to the following rules

- Grants will be awarded for up to £250
- Applicants must be a presenting author at the conference
- No applications will be considered from Consultant members
- Applications must be received by Friday 19 October 2018

Conference dinner

The conference dinner will this year be held at the Banqueting Suite of the Grade 2 listed [Birmingham Council House](#). While we will be dining in elegant Victorian surroundings, it will be a relaxed event, with plenty of opportunity to eat, drink and catch up with friends and colleagues. Tickets are available via the conference registration system.



News from the BSPED Office

Call for Nominations for Chair of the BSPED Programme Organising Committee

Applications are requested for the position of [Chair of the BSPED Programme Organising Committee](#), to take effect following the AGM, being held on Thursday 8 November 2018.

This is a new position, reflecting the importance of the BSPED Conference and its programme for our community. The position will be responsible for the development of the scientific programme for the annual meeting of the Society within the agreed budget.



In this role you will be expected to attend quarterly Programme Organising Committee meetings via teleconference, where you will develop the programme. You will also be expected to preside over abstract and meeting award judging and to approve the programme book. Please see the [job description](#) for more information.

The first POC meeting the successful candidate will be expected to attend will be held on Friday 9 November 2018 during the annual conference. At this meeting, the Committee will reflect on the 2018 conference and begin initial plans for the 2019 programme.

The position of the POC Chair has a term of 3 years.

Applicants should send their [nomination form](#), CV including photo, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **31 August 2018**.

Notice of the next BSPED Annual General Meeting

Notice is hereby given that the 2018 Annual General Meeting of the British Society for Paediatric Endocrinology and Diabetes will be held at 17:15 on Thursday 8 November 2018 at the Repertory Theatre, Birmingham.

The agenda and appendices will be circulated by email to members at least one month prior to the aforementioned date. A proxy form will also be available to members.

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes.

BSPED Research and Innovation Award – applications open

The BSPED is this year offering two grants of up to £10,000 to fund translational / clinical research or innovative service delivery projects in paediatric endocrinology and diabetes. The BSPED has awarded research grants for [many years](#) and last year extended the remit of the grant to include applications for educational tools. This year, applications will also be accepted for national surveys which have the potential to change practice in paediatric endocrinology and diabetes.



Winners of the Research and Innovation Award are asked to present their project at a future BSPED conference and to provide a report to be published on the website.

The deadline for applications is 10 September 2018 and [more details and an application for can be found on our website](#).

Applications are strongly encouraged from all health care settings and health care professionals. We look forward to receiving members' applications for this and our Paediatric Endocrine Nurse Award (see below)

BSPED Paediatric Endocrine Nurse Award – applications open



We are now welcoming applications for the 2018 BSPED Paediatric Endocrine Nurse Award. £1000 is available towards implementing or researching an initiative which aims to directly improve the care of children and young people with endocrine diagnoses. The winner will also be invited to present their project at the Nurses' Annual General Meeting at the BSPED annual conference in 2019.

Entries for this award are welcome from all paediatric endocrine nurse members involved in the care of children with endocrine disorders.

The deadline for applications is **14 September 2018** and [more details and an application form can be found on our website](#).

BSPED Membership Renewal

Members will soon be receiving communication from the Society about renewal of your membership for 2018/19. Please use this as an opportunity to update us with your contact details, your areas of interest and which centre you are currently based at. Ensuring these details are correct will also update the [online Members' Directory](#), enabling you to collaborate easily with colleagues.

Those members who pay by standing order will have received a letter regarding moving your membership payments from standing order to rapid online renewal. Please contact the BSPED office if you have any questions regarding this. We will no longer accept standing orders from August 2019.

Don't Miss Out On Your Newsletter

The new EU General Data Protection Regulation (GDPR) came into force in May. To ensure you can still receive your BSPED newsletter and other BSPED information by email, we will be asking you to confirm your communication preferences when you renew your membership online. If you'd like to confirm them now (or if you currently pay by standing order), you can [log on to your secure members' area](#) and go to your Profile Services.

We would also like to alert you to our [updated privacy policy](#).

Trainee Update

BSPED November 2018 CME Day

The [programme for the CME day](#) this year is very exciting and comprehensive, covering topics from optimising final height, diagnosis and management of hypogonadotropic hypogonadism and pituitary tumours, approach to recurrent fractures and the challenges in managing high HbA1c in diabetes. Attendance last year achieved a record high of >200 delegates and with the wide range of subjects covered this year, we hope you will be able to join us for a brilliant educational session.

Please note that the abstract submission deadline is on 16th July 2018. [Full details are now available on the BSPED website.](#)

BSPED Trainee Mailing List

We are continuing to update our trainee mailing list with the aim of maintaining a more accurate database of trainees across the UK. If you are currently on our mailing list you should receive an e-mail asking you to confirm whether you wish to continue receiving updates from us. If you are not and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com>). Please email us for further details of how to join.

S Ching Chen and Hoong-Wei Gan
BSPED/RCPCH CSAC Trainee Representatives
bspedtraineerep@googlemail.com

News from the Clinical Committee

New Patient Information Leaflet – Diabetes Insipidus

A new [leaflet on Diabetes Insipidus in childhood](#) has been added to the BSPED website within the Patient Information section.

Further leaflets will be added as they are created and reviewed.

Upcoming Delphi process on safety and screening protocols

The BSPED Clinical Committee has been carrying out an audit of standard protocols for Glucagon Stimulation tests, Insulin Intolerance Tests (ITT) and the use of sex hormone priming for growth hormone testing amongst tertiary centres. The aim of this exercise is to establish standard safety and screening protocols. A Delphi process will be carried out in due course. We will be inviting all Consultants and Endocrine specialist Nurses who are involved in these tests to participate in the Delphi once released.

Supported Guidelines

The following guidelines are supported by the Clinical Committee.

- [The Investigation of suspected paediatric Cushing's Syndrome \(hypercortisolaemia\)](#)
- [Recombinant IGF-1 Therapy in Children with Severe Primary IGF-1 Deficiency \(SPIGFD\)](#)

Further updates from the Clinical Committee

The Paediatric Endocrine Standards are currently being reviewed. We anticipate they will be agreed and updated by the summer.

The review of the Rare Endocrine Tumour guidelines is progressing.

The Clinical Committee intends to start the next cycle of Peer Review towards the end of the year.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

6 July for Clinical Committee 23 July 2018

Announcements

Congratulations to our colleagues for their work in Osteogenesis Imperfecta

On 6th June 2018, Lord Shinkwin welcomed the Brittle Bone Society to a reception at the Houses of Parliament to celebrate its milestone 50th anniversary. An awards ceremony was also held to commend the outstanding work of several NHS trusts, including the Highly Skilled Centres of Excellence in OI for Children's Services. The BSPED would like to congratulate Professor Nick Shaw, Dr Christine Burren, Professor Nick Bishop and Dr Catherine DeVile for this important acknowledgement of their hard work.



A national survey of current practices for the pubertal induction in females

We would like to invite you to participate in a national audit on the pubertal induction in females with delayed puberty with or without proven hypogonadism.

The BSPED published guidelines on pubertal induction in girls in 2016. The aim of this survey is to describe current practice amongst paediatricians providing secondary and tertiary paediatric endocrine care. We plan to repeat the survey in 5 years' time to evaluate changes in practice. This information may be useful for future revision of the guidelines.

The survey (link below) has only 6 question stems and should take less than 5 minutes.

<https://goo.gl/forms/IFw9nWyVhF9scrC03>

All information you provide is anonymous. Thank you for your time and effort.

Shiffa Shahid (5th year medical student, St George's Medical School, University of London)
Rakesh Amin (Consultant Paediatric Endocrinologist, Great Ormond Street Hospital, London)
Christina Wei (Consultant Paediatric Endocrinologist, St George's University Hospital, London)

Paediatric Diabetes Specialist Nurse

Job Reference: Advertised on NHS jobs from 29/6/18 (closing date 22nd of July)

Harrogate and District NHS Foundation Trust is one of only two trusts in Yorkshire and Humber to be awarded HSJ's Top 100 Best Places to Work. We believe that You Matter Most, and this is reflected in our values of Responsible, Respectful and Passionate. So if you're looking for an interesting and rewarding career in the NHS, where you can make a real difference to patients' lives, Harrogate and District NHS Foundation Trust is the place for you. We are proud to be awarded Bronze level Investors in People, which recognises our commitment to developing our staff and is an indication of how you will be treated when you work here.

The hospital's acute paediatric service is looking for a part time Paediatric Diabetes Nurse Specialist to join an established nursing and wider multidisciplinary team. The area has around 100 children with diabetes to care for with varying needs. An ability to respond to the changing needs of individuals within the context of living their lives with diabetes is vital. There will be ample opportunity to develop new ways of working to meet the requirements of the Paediatric Best Practice Tariff. Above all a passion for delivering diabetes care is essential putting people and their families at the centre of their care. Would you love to take responsibility for a group of children and strive for excellence every time, working with a team that is willing to change and put its patients and families at the centre of decision making?

The hospital is friendly and welcoming and staff enjoy working here. Come for a visit and see for yourself.

Band: 6

Salary: £26,565 to £35,577 pa, pro rata

Hours: 22.5 per week

Essential requirements:

- NMC registered children's nurse
- Diabetes post graduate qualification or equivalent experience

For more information please contact Unit Manager Heather Stuart at heather.stuart@hdfnhs.uk

Please note the interview date for this post is Monday 30th July 2018. Applicants will be invited on Tuesday 24th July 2018.

E-learning module on Growth and Puberty in children

The Scottish Paediatric Endocrine Group (SPEG) national Managed Clinical Network (MCN) has produced an e-learning module on growth and puberty in children.

It is designed for all health professionals involved in the care of babies, children and young children, to improve the knowledge and assessment of growth and puberty.

The module will help clinicians:

- To better understand normal growth and puberty
- To understand what influences growth

- To understand the variations in normal growth and puberty
- To understand growth charts and their uses and be able to measure children correctly
- To understand common causes of abnormal growth

The module can be accessed through <https://nhs.learnprouk.com> and search 'growth'.

Save the Date - South Yorkshire Tertiary Endocrine Meeting

The SYSTEM (South Yorkshire Tertiary Endocrine Meeting) will be taking place on the **18th October 2018, 12.30-17.00**. This meeting takes place twice a year and brings together clinicians, clinician scientists, nurses and allied healthcare professionals for presentations on key topics in Paediatric Endocrinology and to present and discuss complex and challenging cases. Two meetings have taken place so far and have been very successful. The meeting is sponsored by Sandoz Pharmaceuticals. A programme will follow shortly with an opportunity to registrar via Eventbrite. In the meantime please save the date in your diaries for this meeting.



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology and Diabetes endorses *Endocrinology, Diabetes & Metabolism Case Reports*.

New 25% discount on the open-access publication charge for *BSPED* members.

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Meetings and courses

8th International Workshop on Advances in the Molecular Pharmacology and Therapeutics of Bone and other Musculoskeletal Diseases **30th June-1st July 2018 - Oxford**

The 2018 MolPharm Workshop is the 8th in a series that started in 2003. It is intended to provide a basis for understanding the molecular mechanisms of action of drugs known to act on the skeleton, and a rational basis for developing novel therapies in the future, based on some of the remarkable recent advances in the genetics and biology of bone and the musculoskeletal system.

The Workshop is interactive and international, with speakers who are leaders of their fields in academia and industry. The workshop is held at St Catherine's College, Oxford. This delightful campus setting creates excellent opportunities for productive interactions among all participants.

<https://molpharmworkshop.org/>

Diabetes Virtual Clinics in Practice **Wednesday 12th September 2018 – Birmingham City Football Club, Birmingham**

With clinics turning more and more to delivering virtual rather than face to face clinics, this annual conference is a brilliant opportunity for diabetes and pump services to get up to date with the different approaches and identify how to make virtual clinics work – in practice – in your service. In this time of increasing pump therapy and clinics at full capacity, this conference will investigate the different models of virtual clinics and how services can deliver to meet this growing demand. By sharing real evidence and practical examples, this conference will identify the impact virtual clinics can have on every day service.

[View the agenda](#)

[Register now](#)

Contact: Sophie Richardson

Email: Sophie.richardson@sbk-healthcare.co.uk

Telephone: 01732 897788

Website: [Diabetes Virtual Clinics in Practice](#)

Progressing Diabetes Prevention **26 September 2018 – Hotel Football, Manchester**

National networking forum to share best practice and digital resources

Offering a great opportunity to network with the services that are doing really good work, this unique day will enable Diabetes Prevention Leads, Commissioners, GPs and Specialist Nurses from SCNs, STPs, CCGs, Public Health, Community Trusts and Local Authorities to lift, share and apply best practice and digital resources.

How to build a diabetes strategy that spans the whole pathway and across different activities

By looking at the whole pathway and interdependencies, this conference will share how different services have tackled the complexity of intervention programmes. Identify how to build links, align activities and share budgets and care pathways with this practical insight into how other services are connected and working as a system, rather than separately.

Integrating face to face and digital delivery for diabetes prevention

With the Diabetes Prevention Programme doing really well, services are now considering developing the digital provision. Featuring demos and offering hands-on experience, this is a great way to fully understand how to achieve group delivery and tailor digital platforms for your area and its needs.

<http://www.diabetes-nnf.co.uk/Home/ViewEvent/100>

ESPE Diabetes, Obesity and Metabolism School

30 September-2 October 2018 – Delphi, Greece

The aims of the Diabetes, Obesity and Metabolism School are to provide up-to-date teaching in some selected areas of diabetes, obesity and metabolism, to promote discussions and interactions between young physicians and senior paediatric endocrinologists and to develop future leaders in Paediatric Endocrinology. This school is for anyone looking to enhance their knowledge within areas of diabetes, obesity and metabolism in a friendly, interactive, learning environment.

The 2018 ESPE Diabetes, Obesity and Metabolism School will be held in the European Cultural Center of Delphi, Greece from 30 September to 2 October 2018.

Deadline for applications: 1 July 2018

[View the programme here](#)

[Visit the ESPE website for more information and to apply](#)

ESPE Science Symposium: The Science of Gender

18-19 October 2018 – Tavistock Centre, London

The 2018 ESPE Science Symposium on *Science of Gender: evidence for what influences gender development and gender dysphoria and what are the respective influences of nature and nurture* will take place at the Tavistock Centre, London, UK on 18-19 October 2018.

The 1.5 day programme will cover: the science of sex and gender development, the science of neurodevelopment and the science of endocrine therapy.

The event is limited to 100 attendees, including faculty: 25 fully sponsored places will be available for trainees, young clinicians and scientists (individuals within 8 years (FTE) of completion of doctorate training). The application deadline for free places is 31 July 2018. After this date, registration will be open to all, at a cost of €80.

The meeting is being organised by the ESPE Gender Dysphoria Working Group together with the host organisation, The Gender Identity Development Service and is supported by an educational grant from Pfizer.

For more information and to apply, please visit the ESPE website: <https://www.eurospe.org/education/espe-science-symposium/>

7th Congress of the European Academy of Paediatric Societies
30th October-3rd November 2018 – Paris, France

Serving as a nexus for the wealth of knowledge provided by three leading paediatric societies, the 7th Congress of the European Academy of Paediatric Societies (EAPS 2018) promises to build on the reputation of previous highly successful meetings. Paediatric professionals from around the world will gain unparalleled access to the best scientific research programmes.

Firmly established yet dedicated to thinking outside the box, EAPS 2018 aims to engage the world's best in a hearty exchange of experiences and expertise in research and clinical care. Europe's foremost paediatrics subspecialty societies EAP, ESPNIC and ESPR have dedicated their time and formidable talents into organizing a stellar educational/research forum that will celebrate outstanding science in all areas of paediatrics.

<http://www.eaps.kenes.com/2018>

Next steps for genomic medicine in the NHS - regulation, challenges for adoption and priorities for research
20th November 2018 – Central London

This seminar will bring together key stakeholders to discuss the next steps for personalised medicine and genomics.

Delegates will consider the main issues for the new NHS Genomic Medicine Service as it becomes fully operational in October - as well as the results of the [100,000 Genomes Project](#), with the Project aiming to have completed sequencing by the end of the year.

Planned sessions will look at the work of the NHS Genomic Medicine Centres as they aim to deliver the pledge of 90,000 samples of DNA from patients and family members with rare disease and cancer by September 2018 - as well as the findings from the Common's Science and Technology Committee [report](#) *Genomics and genome editing in the NHS*.

Further sessions focus on next steps for education and training, following the continuation of the [Genomics Education Programme](#) and priorities for patients - looking at key issues for patients' data and ensuring public trust.

For more information or to book: <http://www.westminsterforumprojects.co.uk/conference/personalised-medicine-and-genomics-18>

Joint EASD/ISPAD/ESPE Postgraduate Education Course on Type 1 Diabetes in Children, Adolescents and Young Adults
22-24 November 2018 – Prague, Czech Republic

This Postgraduate Education Course on Type 1 Diabetes in Children Adolescents and Young Adults has been organized jointly by EASD, ISPAD and ESPE. The course programme will cover essential topics within type 1 diabetes with participants having a unique opportunity to listen to and interact with experts and researchers in the field of diabetes from all over Europe in an informal setting. During lectures and workshops, faculty members will share their knowledge and clinical experiences and participants will gain new insights in the treatment of type 1 diabetes and its complications.

Applications will open in July and more information is available here: <https://www.easd.org/easd-ispad-espe-course-t1d.html>

2018 meetings

- **European Society for Paediatric Endocrinology:** 27-29 September 2018
- **International Society for Pediatric and Adolescent Diabetes:** 11-14 October 2018
- **British Society for Paediatric Endocrinology and Diabetes:** 7-9 November 2018
- **Society for Endocrinology BES:** 19-21 November 2018

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

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