



**British Society for
Paediatric Endocrinology
and Diabetes**

BSPED May 2018

The 46th BSPED Annual Meeting will be held in **Birmingham, at the Repertory Theatre on 7-9 November 2018**. BSPED 2018 will be convened by Tim Barrett and Renuka Dias.

We are pleased to announce that [registration for BSPED 2018 is now open!](#)

Each day will include practical and thought-provoking sessions covering both endocrine and diabetes topics, underpinned by robust science and key national and international trials.



Here are just some of the highlights from the BSPED 2018 programme:

- 'State of the Art' lectures on NESGAS and 20 years' experience in metabolic bone disease
- A CME day packed with stimulating talks, including sessions on managing obesity and techniques to maximise childhood and adult height
- A debate on automisation vs education in the management of diabetes
- Two diabetes and two endocrine symposia, complemented by many more sessions in the Diabetes Professionals' Day and the Nurses' Day for Endocrine Professionals

The best rates are available by booking before the early-bird deadline of 20 September 2018.

[Register for your place now.](#)

Conference Deadlines

Abstract Submission: 16 July 2018

Early Bird Registration: 20 September 2018

Travel Grants

[Travel grants](#) are available for this meeting according to the following rules

- Grants will be awarded for up to £250
- Applicants must be a presenting author at the conference

- No applications will be considered from Consultant members
- Applications must be received by Friday 19 October 2018

Conference dinner

The conference dinner will this year be held at the Banqueting Suite of the Grade 2 listed [Birmingham Council House](#). While we will be dining in elegant Victorian surroundings, it will be a relaxed event, with plenty of opportunity to eat, drink and catch up with friends and colleagues. Tickets are available via the conference registration system.



Abstracts

Abstracts submission for 2018 is also now open, with a deadline of 16 July 2018.

Visit our website for more information on [abstract submission](#) and you can [submit your work](#) now.

News from the BSPED Office

Don't Miss Out On Your Newsletter

The new EU General Data Protection Regulation (GDPR) came into force this month. To ensure you can still receive your BSPED newsletter and other BSPED information by email, we will be asking you to confirm your communication preferences when you renew your membership online. If you'd like to confirm them now (or if you currently pay by standing order), you can [log on to your secure members' area](#) and go to your Profile Services.

We would also like to alert you to our [updated privacy policy](#).

New Diabetes Officer and Audit & Peer Review Officer

Following a call for applications, **Dr Fiona Campbell** (Leeds Children's Hospital) has been appointed as the new Diabetes Officer and **Dr Indi Banerjee** (Royal Manchester Children's Hospital) as the new Audit & Peer Review Officer on the BSPED Clinical Committee. Both officers will begin their terms of office in June and we are grateful to them for supporting the BSPED's work in this way. Dr Campbell takes over from Dr May Ng and Dr Banerjee from Dr Leena Patel, both of whom we thank for all their hard work.

Trainee Update

21st Annual Retreat for Trainees in Endocrinology (ARTE) Meeting

We were so pleased to see many of you at the recent ARTE meeting which took place in Birmingham on the 11th and 12th May 2018. It was a very well-organised and successful meeting with 42 trainees coming together from all over the country, including the Republic of Ireland, for yet another educational networking opportunity. The lectures were excellent, covering topics from gender dysphoria, short stature, Cushing's syndrome to the very interesting subject of genetic human variation, not to mention the invaluable masterclass in urinary steroid profile interpretation.



Sasha Howard and Jan Idkowiak gave us some serious food for thought from their very well-prepared debate on standard synacthen test. Many thanks to Maimoona Al Qanoobi, Emily Cottrell and Xanthippi Tseretopoulou for presenting three highly interesting cases.

RCPCH Progress Curriculum

Many of you will be aware that all trainees will transition from the current curriculum to the new RCPCH Progress curriculum from 1st August 2018, unless you are due to CCT before 15th September 2019. We have clarified with the college that if you do CCT before this date, you have to option of changing to the new curriculum should you wish to by contacting the college. Otherwise, you will remain on Kaizen tagging to the current curriculum. All Kaizen e-portfolio queries should be directed to eportfolio@rcpch.ac.uk.

BSPED Trainee Mailing List

We are continuing to update our trainee mailing list with the aim of maintaining a more accurate database of trainees across the UK. If you are currently on our mailing list you should receive an e-mail asking you to confirm whether you wish to continue receiving updates from us. If you are not

and wish to receive updates on courses, job opportunities, information on training or feedback on any training issues, please contact us via the email address below. Updates are also posted on our online noticeboard, which is hosted on Trello (<http://www.trello.com>). Please email us for further details of how to join.

S Ching Chen and Hoong-Wei Gan
BSPED/RCPCH CSAC Trainee Representatives
bspedtraineerep@googlemail.com

News from the Clinical Committee

Upcoming Delphi process on safety and screening protocols

The BSPED Clinical Committee has been carrying out an audit of standard protocols for Glucagon Stimulation tests, Insulin Intolerance Tests (ITT) and the use of sex hormone priming for growth hormone testing amongst tertiary centres. The aim of this exercise is to establish standard safety and screening protocols. A Delphi process will be carried out in due course. We will be inviting all Consultants and Endocrine specialist Nurses who are involved in these tests to participate in the Delphi once released.

Supported Guidelines

The following guidelines are supported by the Clinical Committee.

- [The Investigation of suspected paediatric Cushing's Syndrome \(hypercortisolaemia\)](#)
- [Recombinant IGF-1 Therapy in Children with Severe Primary IGF-1 Deficiency \(SPIGFD\)](#)

Further updates from the Clinical Committee

The Paediatric Endocrine Standards are currently being reviewed. We anticipate they will be agreed and updated by the summer.

The review of the Rare Endocrine Tumour guidelines is progressing.

The Clinical Committee intends to start the next cycle of Peer Review towards the end of the year.

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline dates for submission for the upcoming Clinical Committee meeting:

6 July for Clinical Committee 23 July 2018

Announcements

A national survey of current practices for the pubertal induction in females

We would like to invite you to participate in a national audit on the pubertal induction in females with delayed puberty with or without proven hypogonadism.

The BSPED published guidelines on pubertal induction in girls in 2016. The aim of this survey is to describe current practice amongst paediatricians providing secondary and tertiary paediatric endocrine care. We plan to repeat the survey in 5 years' time to evaluate changes. This information may be useful for future revision of the guidelines.

The survey (link below) has only 6 question stems and should take less than 5 minutes.

<https://goo.gl/forms/IFw9nWyVhF9scrC03>

All information you provide is anonymous. Thank you for your time and effort.

Shiffa Shahid (5th year medical student, St George's Medical School, University of London)

Rakesh Amin (Consultant Paediatric Endocrinologist, Great Ormond Street Hospital, London)

Christina Wei (Consultant Paediatric Endocrinologist, St George's University Hospital, London)

E-learning module on Growth and Puberty in children

The Scottish Paediatric Endocrine Group (SPEG) national Managed Clinical Network (MCN) has produced an e-learning module on growth and puberty in children.

It is designed for all health professionals involved in the care of babies, children and young children, to improve the knowledge and assessment of growth and puberty.

The module will help clinicians:

- To better understand normal growth and puberty
- To understand what influences growth
- To understand the variations in normal growth and puberty
- To understand growth charts and their uses and be able to measure children correctly
- To understand common causes of abnormal growth

The module can be accessed through <https://nhs.learnprouk.com> and search 'growth'.

Save the Date - South Yorkshire Tertiary Endocrine Meeting

The SYSTEM (South Yorkshire Tertiary Endocrine Meeting) will be taking place on the **18th October 2018, 12.30-17.00**. This meeting takes place twice a year and brings together clinicians, clinician scientists, nurses and allied healthcare professionals for presentations on key topics in Paediatric Endocrinology and to present and discuss complex and challenging cases. Two meetings have taken place so far and have been very successful.

The meeting is sponsored by Sandoz Pharmaceuticals. A programme will follow shortly with an opportunity to registrar via Eventbrite. In the meantime please save the date in your diaries for this meeting.

Developing NICE guidelines: the manual

Dear Colleague,

NICE has launched a consultation on the update of 'Developing NICE guidelines: the manual' and as a member of the British Society for Paediatric Endocrinology and Diabetes (BSPED) we invite your comments on the consultation.

This is an opportunity to comment on any aspects that raise concern. NICE will consider all comments submitted by the College, so it is important that paediatricians do review the consultation documents. CPD points may be available.

Developing NICE guidelines: the manual was published in October 2014, bringing together process and methods across public health, social care, clinical, safe staffing and medicines practice guidelines. The manual was scheduled for review in the third quarter of 2017, three years after publication.

Please review the consultation documents ([updated manual chapters](#), [updated appendices](#) and [glossary](#)) and record any comments on the [comments proforma](#). We are interested to hear from you even if you have no specific comments to make, and are happy with the consultation document, as this will enable us to feedback to the developer that we support the document.

Please return this form to the [Clinical Standards Team](#) by 5pm, Friday 8 June 2018, and invite your colleagues who may be interested in this topic to register as a consultee.

If you have any questions, please contact the [Clinical Standards Team](#). Thank you in advance for your help.

Best wishes

RCPCH Quality Improvement Committee

Request for Diabetes & Endocrinology AAC panel members

The RCPCH maintains a list of specialty consultants who would be willing to represent the college on interview panels. The current list is now out of date. If consultants are interesting in participating in these interview panels please read the information from the RCPCH below and register your interest with the Advisory Appointments Committee (AAC) team at aac@rcpch.ac.uk

The College requires those wishing to represent it on an AAC panel to meet the following criteria:

- Ordinary Member of Fellow of the RCPCH
- In the relevant subspecialty for 4 years at substantive Consultant grade and currently practicing as a Consultant in the subspecialty
- Does no work for the recruiting Employer
- Is in good standing with the RCPCH
- Has undertaken training in non-discriminatory interviewing techniques from an NHS provider

Training is provided and the next AAC Training Day is on Thursday 7th June, at RCPCH London office.

Endocrinology, Diabetes & Metabolism Case Reports

BSPED endorses *Endocrinology, Diabetes & Metabolism Case Reports*, an open-access resource that publishes and links together case reports. It has over 200 interdisciplinary case reports now published online which are complemented by a free journal-based learning programme.

Some recent paediatric case reports:

[Hyperinsulinaemic hypoglycaemia, renal Fanconi syndrome and liver disease due to a mutation in the HNF4A gene](#) by María Clemente *et al.*

Endocrinology, Diabetes & Metabolism Case Reports, 03 2017, EDM160133, 10.1530/EDM-16-0133.

[Fluticasone furoate induced iatrogenic Cushing syndrome in a pediatric patient receiving anti-retroviral therapy](#) by S A A van den Berg *et al.*

Endocrinology, Diabetes & Metabolism Case Reports, 04 2017, EDM160158, 10.1530/EDM-16-0158.

[Multicystic dysplastic kidney: a new association of Wolcott–Rallison syndrome](#) by Asma Deeb, Faisal Al-Zidgali and Bibian N Ofoegbu.

Endocrinology, Diabetes & Metabolism Case Reports, 09 2017, EDM-17-0090, 10.1530/EDM-17-0090.

BSPED members are entitled to a 25% discount on the open-access publishing charge.

<https://www.edmcasereports.com/>



Endocrinology,
Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology and Diabetes endorses *Endocrinology, Diabetes & Metabolism Case Reports*.

New 25% discount on the open-access publication charge for BSPED members.

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Meetings and courses

8th International Workshop on Advances in the Molecular Pharmacology and Therapeutics of Bone and other Musculoskeletal Diseases

30th June-1st July 2018 - Oxford

The 2018 MolPharm Workshop is the 8th in a series that started in 2003. It is intended to provide a basis for understanding the molecular mechanisms of action of drugs known to act on the skeleton, and a rational basis for developing novel therapies in the future, based on some of the remarkable recent advances in the genetics and biology of bone and the musculoskeletal system.

The Workshop is interactive and international, with speakers who are leaders of their fields in academia and industry. The workshop is held at St Catherine's College, Oxford. This delightful campus setting creates excellent opportunities for productive interactions among all participants.

<https://molpharmworkshop.org/>

Diabetes Virtual Clinics in Practice

Wednesday 12th September 2018 – Birmingham City Football Club, Birmingham

With clinics turning more and more to delivering virtual rather than face to face clinics, this annual conference is a brilliant opportunity for diabetes and pump services to get up to date with the different approaches and identify how to make virtual clinics work – in practice – in your service. In this time of increasing pump therapy and clinics at full capacity, this conference will investigate the different models of virtual clinics and how services can deliver to meet this growing demand. By sharing real evidence and practical examples, this conference will identify the impact virtual clinics can have on every day service.

[View the agenda](#)

[Register now](#)

Contact: Sophie Richardson

Email: Sophie.richardson@sbk-healthcare.co.uk

Telephone: 01732 897788

Website: [Diabetes Virtual Clinics in Practice](#)

ESPE Diabetes, Obesity and Metabolism School

30 September-2 October 2018 – Delphi, Greece

The aims of the Diabetes, Obesity and Metabolism School are to provide up-to-date teaching in some selected areas of diabetes, obesity and metabolism, to promote discussions and interactions between young physicians and senior paediatric endocrinologists and to develop future leaders in Paediatric Endocrinology. This school is for anyone looking to enhance their knowledge within areas of diabetes, obesity and metabolism in a friendly, interactive, learning environment.

The 2018 ESPE Diabetes, Obesity and Metabolism School will be held in the European Cultural Center of Delphi, Greece from 30 September to 2 October 2018.

[View the programme here](#)

[Visit the ESPE website for more information and to apply](#)

ESPE Science Symposium: The Science of Gender 18-19 October 2018 – Tavistock Centre, London

The 2018 ESPE Science Symposium on *Science of Gender: evidence for what influences gender development and gender dysphoria and what are the respective influences of nature and nurture* will take place at the Tavistock Centre, London, UK on 18-19 October 2018.

The 1.5 day programme will cover: the science of sex and gender development, the science of neurodevelopment and the science of endocrine therapy.

The event is limited to 100 attendees, including faculty: 25 fully sponsored places will be available for trainees, young clinicians and scientists (individuals within 8 years (FTE) of completion of doctorate training). The application deadline for free places is 1 July 2018. After this date, registration will be open to all, at a cost of €80.

The meeting is being organised by the ESPE Gender Dysphoria Working Group together with the host organisation, The Gender Identity Development Service and is supported by an educational grant from Pfizer.

For more information and to apply, please visit the ESPE website: <https://www.europe.org/education/espe-science-symposium/>

7th Congress of the European Academy of Paediatric Societies 30th October-3rd November 2018 – Paris, France

Serving as a nexus for the wealth of knowledge provided by three leading paediatric societies, the 7th Congress of the European Academy of Paediatric Societies (EAPS 2018) promises to build on the reputation of previous highly successful meetings. Paediatric professionals from around the world will gain unparalleled access to the best scientific research programmes.

Firmly established yet dedicated to thinking outside the box, EAPS 2018 aims to engage the world's best in a hearty exchange of experiences and expertise in research and clinical care. Europe's foremost paediatrics subspecialty societies EAP, ESPNIC and ESPR have dedicated their time and formidable talents into organizing a stellar educational/research forum that will celebrate outstanding science in all areas of paediatrics.

<http://www.eaps.kenes.com/2018>

2018 meetings

- **American Diabetes Association:** 22-26 June 2018
- **European Society for Paediatric Endocrinology:** 27-29 September 2018
- **International Society for Pediatric and Adolescent Diabetes:** 11-14 October 2018
- **British Society for Paediatric Endocrinology and Diabetes:** 7-9 November 2018
- **Society for Endocrinology BES:** 19-21 November 2018

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting

<http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

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