



British Society for Paediatric Endocrinology and Diabetes

BSPED September 2017



Last chance for Early Bird Registration

The 45th Annual BSPED Meeting will take place from 22-24 November 2017, at the Sage Gateshead, near Newcastle. The meeting will be convened by Tim Cheetham. The deadline for early Bird registration is **next Thursday 5th October**, so do [register for your place here](#) to take advantage of the best rates. When you register, you will also be able to book your place for the Conference dinner, for a perfect opportunity to eat, drink, chat and dance with colleagues and friends.

A fully packed programme

We were delighted to receive c.140 really high quality abstract submissions for this year's conference. As a result, the programme will feature 90 posters, which will all be included in a poster tour over the course of the event. There will also be 37 Oral Communications on topics in the following categories and others: Bone; Pituitary and Growth; Gonadal, DSD and reproduction; Adrenal and Obesity and Diabetes.

[Take a look at the programme online for a list of confirmed sessions and speakers.](#)

We also have two additional Diabetes related meetings taking place over lunch and the organisers would be pleased to welcome you:

Diabetes Technology Focus Group - Supporting Clinical Teams - Thursday 23rd November 12:45-13:15

What if your patients' T1 data could help you to prioritise your clinics and help drive meaningful and timely interaction and support for them? To date, collection of real-time CGM and insulin pump data has focused on the needs of the person with Type 1 Diabetes / their carers. In this open forum, we'd like to invite all members of the Paediatric Diabetes clinical team to discuss what would help you to better support your patients.

Questions raised will include:

- How to use data to support patients on MDI and those without access to CGM?

- How additional clinical information from EHR integration may be beneficial?
- What key additional events, such as exercise and emotion would influence your prioritisation?
- How should such a system communicate with both clinical teams and patients?

Interested in helping solve these questions? Please visit <https://www.eventbrite.co.uk/e/diabetes-technology-focus-group-supporting-clinical-teams-tickets-38213056280> or contact Dr Matthew Guy at matt@littled.org for further information.

Clinical studies of immunotherapy for children with Type 1 Diabetes – hosted by the UK T1D Immunotherapy Consortium - Friday 24th November 13.30-14.30, Northern Rock Foundation Hall

Doctors, nurses, trial managers and staff from clinical teams who look after children with T1D, including staff from the T1D UK consortium sites are welcome to attend. Lunch will be provided.

To confirm your attendance, please email: T1DUK@cardiff.ac.uk

Topics to be discussed include:

- Immunotherapy for T1D – where are we now?
- Update on Consortium progress
- Current and planned clinical trial activity for paediatric sites

Speakers to include: Professor Colin Dayan, Dr Julie Edge, Jane Bowen-Morris

Visit the [UK T1D Immunotherapy Consortium website](#)

Conference Accommodation

A selection of hotels of various categories are available for participants of BSPED 2017. The 3 hotels offered are those within easy walking distance to The Sage Gateshead, whilst still providing a range of rates. As the accommodation deadline has now passed, availability cannot be guaranteed at the delegate's preferred hotel or at the BSPED 2017 negotiated rate, however the hotels listed will still be able to advise delegates of the best available rate before booking.

To book accommodation at the negotiated, or best available, rate please contact the hotel directly and quote the unique booking reference for BSPED 2017 delegates. Details on the hotel contact information and the booking code can be found on the [accommodation page of the BSPED 2017 website](#).

If you need any assistance with your accommodation then please contact the dedicated Accommodation Manager at bsped@endocrinology.org who will be happy to help.

Travel Grants

Travel grants are available for this meeting according to the following rules:

- Grants will be awarded for up to £250
- Applicants must be a presenting author at the conference
- No applications will be considered from Consultant members
- Applications must be received by Friday 20 October 2017

[Apply for a travel grant](#)

Conference Deadlines

Early Bird Registration: 5 October 2017

Travel grant applications: 20 October 2017

News from the BSPED Office

BSPED Treasurer Vacancy

Applications are requested for the position of BSPED Treasurer, to take effect from the BSPED 2018 conference in Birmingham, to be held in November 2018. The vacancy has arisen as a result of the completion in 2018 of the term of office of Dr Assunta Albanese.

The new BSPED Treasurer will be appointed by election at the BSPED Annual General Meeting on 23 November 2017. The new BSPED Treasurer will serve for a period of five years, and can extend their term by an additional year if required. The successful candidate will act as Treasurer-Elect in the year prior to taking office.

Applicants should send their CV including photo, together with a 200 word covering letter supporting their suitability for the position.

All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **31 October 2017**.

A job description and nomination form is available upon request.

CME Officer Vacancy

Applications are requested for the position of BSPED CME Officer, to take effect following BSPED 2017, to be held in Gateshead between 22 and 24 November 2017. The vacancy has arisen as a result of the completion of the term of office of Dr Senthil Senniappan. Work will start immediately after this meeting for the planning of BSPED 2018 in Birmingham. The responsibility of the CME officer is to organise and facilitate the CME Day which is held on the first day of the BSPED conference. Although the focus of the CME day is aimed at trainees, it is now attended by a variety of members with differing education needs and is an integral part of the BSPED meeting. The CME Officer will also take on organisation of the endocrine component of the RCPCH meeting each year.

The position of the CME Officer has a term of 3 years.

In this role you will be expected to attend quarterly Programme Organising Committee meetings where you will develop the CME programme. You will also be expected to report annually to the Executive Committee at the Council meeting and to the membership at the Annual General Meeting.

Applicants should send their CV including photo, together with a 200 word covering letter supporting their suitability for the position. All documents should be submitted electronically to the BSPED Office (bsped@endocrinology.org) by **31 October 2017**.

Clinical Standards Officer Vacancy

Nominations are requested for the position of BSPED Clinical Standards Officer, to take effect from the BSPED 2017 conference in Gateshead in November 2017. The vacancy has arisen as a result of the completion of the extended term of office of Dr Liz Crowne. The new Clinical Standards Officer will serve for a period of three years.

Responsibilities of the Clinical Standards Officer are to sit on and undertake the responsibilities of the BSPED Clinical Committee and specifically:

- a. Respond to any clinical standards queries received by the BSPED
- b. Consider and prioritise requests for new clinical standards from the BSPED membership;
- c. Oversee the development of new clinical standards in paediatric endocrinology and diabetes.
- d. Facilitate the internal and external peer review of developed standards according to the BSPED's policy
- e. Ensure the review of the BSPED clinical standards every 3 years

For a full job description and nomination form, please contact bsped@endocrinology.org

Nominations must be received by **31 October 2017**.

BSPED Paediatric Endocrine Nurse Award

If you are a paediatric endocrine nurse member involved in the care of children with endocrine disorders, we invite you to apply for this BSPED prize. Entries will be judged by a panel of nurses in November and the winner will be awarded with **£1000 towards implementing or researching this or another initiative which aims to directly improve the care of children and young people with endocrine diagnoses.**

The winner will also be invited to submit a poster to the BSPED annual meeting next year on the winning topic.

The deadline for applications is **31 October 2017** and we ask you to present an innovative development or initiative within the paediatric endocrine setting.

[Visit our website for an application form and details of the application process.](#)

2017 BSPED Research and Education Award – Deadline this weekend

In 2017, the theme of the BSPED Award has been extended to include applications for funding educational projects. These may be directed to patients and families, other health care professionals, schools or other groups that would benefit from learning more about the conditions we see and their management. Successful applications are likely to include evidence of input from patients and the public, and plans for evaluation of the impact of the tool.

We will continue to welcome submissions for primary research.

There is one £10,000 award available in 2017. Members are encouraged to submit a proposal. Full details about eligibility and application can be found online at

http://www.bsped.org.uk/awards/awards_research.aspx

Please read the guidelines prior to completing the application to determine whether you are eligible to apply. Completed application forms should be sent in PDF format to rakesh.amin@ucl.ac.uk.

Deadline for 2017 submissions is 30 September 2017

Incomplete or late applications will not be accepted.

Notice of the next BSPED Annual General Meeting

Notice is hereby given that the 2017 Annual General Meeting of the British Society for Paediatric Endocrinology and Diabetes will be held at 17.15 on Thursday 23 November 2017 at the Sage Gateshead, Gateshead.

The agenda and appendices will be circulated by email to members at least one month prior to the aforementioned date. A proxy form will also be available to members.

As the BSPED communicates with members by email, please ensure that you notify the BSPED Office if your email address changes.

BSPED Membership Renewal

All Members have now received details regarding BSPED Membership renewal of your membership for 2017/18. We would like to take this opportunity to remind you that early bird registration for the BSPED Annual meeting is 5th October, so we encourage you to renew your membership ahead of this to take advantage of the best possible registration rates. Please also use this as an opportunity to update us with your contact details, your areas of interest and which centre you are currently based at.

Members who do not pay via Standing Order have been sent an email with a bespoke link to Worldpay to pay your membership fee online. If you have recently set up or amended a Standing Order please ensure you advise the BSPED Office.

Trainee Update

CSAC Trainee Representative

Dr Hoong-Wei Gan has been elected as RCPCH CSAC Trainee Representative. He will be replacing Dr Amanda Peacock, but as Dr S Ching Chen is currently on maternity leave, Amanda will be stepping down from her role in November. We wish Hoong-Wei a warm welcome and the best of luck in his new role.

BSPED CME trainee day

This is an all-day educational session geared towards trainees interested in Diabetes and Endocrinology, covering a wide range of the curriculum from Type 1 diabetes, thyroid and bone disorders as well as precocious puberty to managing adrenal insufficiency. There will be excellent talks from invited speakers who are experts in the field and stimulating case presentations from trainees. For more information on registration, please go to: [https:// www.bsped.org.uk/meetings/BSPED2017/registration.aspx](https://www.bsped.org.uk/meetings/BSPED2017/registration.aspx)

Email list

Please let us know if you would like to be added to our email list to find out about upcoming courses, information on training, job opportunities, and to feedback to us on any training issues.

Dr Amanda Peacock, Dr Hoong-Wei Gan and Dr S Ching Chen

RCPCH CSAC Trainee representatives

Contact email: bspedtrainerep@googlemail.com

News from the Clinical Committee

Screening for Congenital hypothyroidism (CHT): Adoption of single, unified TSH cut-off in the UK

BSPED members will be aware of the rather bizarre situation whereby different regional newborn screening laboratories have used a different blood spot TSH cut-off ranging from 5 to 10 mU/l when screening for CHT. The CHT Screening Advisory Board and National Blood Spot Advisory Group are recommending that a value of 8mU/l is now adopted in the UK. This decision is linked to new evidence from the BPSU study of CHT which has highlighted that sensitivity and specificity issues are best addressed by adoption of this particular value. The proposed date of adoption is Spring 2018. Please feel free to contact Tim Cheetham (tim.cheetham@nuth.nhs.uk) if you would like to discuss the rationale for this change in more detail.

Updated details for paediatric endocrine nurses

Due to retirements and team expansions there are now many new paediatric endocrine nurses in post across the UK. We are keen to make sure all nurses are aware of developments and opportunities as well as provide peer support and share resources. Please could you encourage the paediatric endocrine nurses in your teams to let us know of their name, place of work and email address so that we can make contact with them? Please ask them to send details to pauline.musson@uhs.nhs.uk

Submitting items to the Clinical Committee

In order to manage the full agenda of this busy committee we would request that any items that members would like to be reviewed by the Clinical Committee should be submitted to the committee through the BSPED Office in good time. Please see below the deadline date for submission for the upcoming Clinical Committee meeting.

8 November for Clinical Committee 22 November 2017

Announcements

Request for information – PAGOD Syndrome

PAGOD is a very rare severe developmental syndrome with multiple congenital anomalies, including cardiovascular defects, pulmonary hypoplasia, and genital anomalies, with only a few patients described in the literature since the first publication in 1991. I would be grateful if anyone looking after a child with PAGOD syndrome would get in touch with me via email at pooja.sachdev@nuh.nhs.uk
Dr Sachdev, Consultant in Paediatric Diabetes and Endocrinology, Nottingham Children's Hospital QMC

Principles of Care for the Child and Young Person in Endocrinology

The first module of 'Principles of Care for the Child and Young Person in Endocrinology' was successfully completed by all students who attended, at London South Bank University in May this year. The course was jam packed with exciting lectures, delivered by both nurses and doctors, and included interactive sessions and

group participation. Feedback was overwhelmingly positive, and there are now plans in place to run the course again from January 2018. There are 6 contact study days in total at the university, and then the assessment day a month after the teaching is finished.

I am very pleased to announce that we are also fortunate in that the BSPED will support up to 10 BSPED nurse members to attend the course again in 2018. For further information, please email me at kate.davies@lsbu.ac.uk, and to apply, please go to: <http://www.applycpd.com/lsbu>

Kate Davies
Senior Lecturer in Children's Nursing / Course Director of Children's MSc pathways
London South Bank University

Principles of Care of the Child & Young Person with Diabetes

This new level 6/7 module at London South Bank University has been designed to enable Post registration nursing students from health, education and social care disciplines to enhance and assimilate their knowledge and skills in relation to working with children & young people with Diabetes. This module will enable the professional to develop the knowledge, skills, values and attitudes required to effectively care for a child and young person with diabetes. It is suitable for those nurses working in all hospital paediatric environments as well as those supporting children with diabetes in community settings.

Teaching is divided between direct student contact (1 day a week over a 6 week period) and on-line self-managed activities. The content is in line with national framework recommendations for teaching Diabetes professionals, and the module is kindly supported by BSPED.

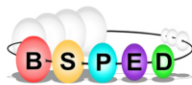
The course begins on November 1st 2017 and enrolment is now open. Please visit <https://www.applycpd.com/lsbu> to apply.

Module Reference numbers are HCN_6_013 (level 6) and HCN_7_013 (level 7).

For further information please contact the Module Leader, Sinéad Bryan on 020 7815 8461 or via email at bryans15@lsbu.ac.uk



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Diabetes & Metabolism
CASE REPORTS



The British Society for Paediatric Endocrinology
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Meetings and courses

A Practical Guide to implementing the NICE Guidance 7 updated Quality Standard on Diabetic Foot Problems: Prevention and Management

6 October 2017, De Vere West One Conference Centre, London

This conference focuses on improving practice in the prevention and management of diabetic foot problems including implementing the updated NICE guideline, Quality Standard, and operational framework to improve care for patients with diabetic foot disease. Through national updates, extended focus sessions and practical case studies the conference will update delegates on best practice in improving the care of patients with and at risk of diabetic foot problems.

The conference will also update delegates on findings and implementation of the recommendations from the National Diabetes Foot Care Audit which was published in March 2017.

Register at <http://www.healthcareconferencesuk.co.uk/event/1203>

BSPED members can benefit from a 20% discount when using code hcuk20bsped

ISPAD 43rd Annual Conference

18-21 October 2017, Innsbruck, Austria

The aim of our meeting is to stimulate thought and discussion and foster an exchange of ideas that will lead to improvements in the treatment and outcome of childhood diabetes. The program will provide ample opportunities to meet and challenge experts and to take part in lively academic debates.

Diabetologists and endocrinologists as well as diabetes educators, dieticians, and psychologists are warmly invited to join us in Innsbruck and contribute to this exciting and instructive meeting.

[View scientific programme](#)

[Registration](#)

86th Annual Meeting of the American Thyroid Association

18-22 October 2017, Victoria, BC, Canada

Join over 1,200 THYROID clinicians, investigators and healthcare professionals from around the world to hear the latest clinical and basic science research on thyroid disease at the 87th Annual Meeting of the American Thyroid Association (ATA) on October 18-22, 2017. [Registration details here.](#)

BES 2017

6-8 November 2017, Harrogate International Centre, Harrogate

The Society for Endocrinology BES will take place 6-8 Nov 2017 in Harrogate. Come and exchange knowledge, share experiences and strengthen collaborations across our global community of endocrinologists.

View the [Scientific Programme](#)

[Registration.](#)

**Secondary malignancy after childhood cancer: CCLG Late Effects Group education day
9 November, Birmingham**

Topics:

- Second Malignant neoplasms after childhood cancer – illustrating the scale of the problem
- Current understanding of specific risk factors
- Innovative approaches to managing second malignancy risk

Keynote speakers:

- Professor Stephen Duffy, Professor of Cancer Screening, Wolfson Institute of Preventive Medicine, Queen Mary University of London
- Dr Leontien Kremer, Associate Professor, Emma Children's Hospital, AMC, Amsterdam

Cost: £50 including lunch and refreshments.

For further information and to register, visit: <http://www.cclg.org.uk/meetings/CCLG-Late-Effects-Education-Day/47706>

**6th Congress for Consensus in Paediatrics and Child Health (CIP 2017)
12-15 November 2017, Colombo, Sri Lanka**

On behalf of the Organizing and Scientific Committee of the 6th Global Congress for Consensus in Paediatrics and Child Health (CIP 2017), we would like to inform BSPED members about our upcoming congress.

CIP 2017 will be taking place in Colombo, Sri Lanka on November 12-15, 2017. Congress website is: <http://2017.cipediatics.org/>

**12th ACDC Annual Conference
2 February 2018, Conference Aston, Birmingham**

Registration is now open for the popular Association of Children's Diabetes Clinicians conference. The 12th Annual ACDC Annual Conference will be held at Conference Aston: Conference Centre and Hotel Aston University Campus B7 4BL

Please book early as the conference is always oversubscribed and places will be allocated on a first come first served basis.

Registration forms and the conference programme can be viewed at <http://www.a-c-d-c.org/forthcoming-acdc-meetings/>

**ATTD 2018
14 – 17 February 2018, Vienna, Austria**

The innovative 11th International Conference on Advanced Technologies & Treatments for Diabetes (ATTD 2018) will present an outstanding scientific program delivered by renowned international experts. ATTD 2018 will showcase the latest developments in new insulin analogues and delivery systems, insulin pumps, glucose sensors, closed-loop systems, devices for diabetic prevention, artificial pancreas, new

technologies for treating obesity and many more. Enhance your practical and theoretical knowledge and network with professionals in the field of diabetes technologies and treatments.

<http://attd.kenes.com/2018>

Advanced Course in Paediatric Bone and Calcium Disorders 22nd-23 March 2018 - Lucas House, Hornton Grange, Birmingham

Applications are invited for this popular postgraduate course which will cover a variety of topics including Hypocalcaemia and Hypercalcaemia, Disorders of Phosphate Metabolism, Rickets, Calcium and Phosphate Physiology, Bone Biology, Bone Density and Osteoporosis. It is aimed at trainees and recently appointed consultants.

Places are limited to 20 delegates each of whom will be asked to bring a case to present. The cost for this course which covers 1 night's accommodation and all meals over the 2 days is £350. Interested applicants should contact joy.morgan@nhs.net - secretary to Professor Nick Shaw.

2017 meetings

ISPAD: 18-21 October 2017

SfE BES: 6-8 November 2017

BSPED: 22-24 November 2017

2018 meetings

ACDC: 2 Feb 2018

ECE: 19-22 May 2018

ADA: 22-26 June 2018

ESPE: 27-29 September 2018

ISPAD : 11-14 Oct 2018

We hope that you are familiar with the [Other Meetings](#) page on the BSPED website. This page can be updated by anyone promoting a meeting of interest to the Society. This can be done by visiting <http://www.bioscievents.com/submit/submit.aspx> where details of the meeting can be uploaded and will be added to the BSPED Calendar of Events on the Other Meetings page. If you have any queries about this please contact the BSPED Office at bsped@endocrinology.org.

Sent by the BSPED Office

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